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SUNDAY

Saipan Tribune

CNMI'S FIRST DAILY NEWSPAPER

Volume XVIII, Issue No. 209

JULY 27, 2008

www.saipantribune.com 50¢



OPINION METER

This week's poll:
Do you patronize the
Farmers' Market on
Tuesdays or the
Sabalu Market on
Saturdays?

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INSIDE



Squeaky Clean

Germ, the pesky microbes that cause maladies, aren't easily washed away.

GOOD HOUSEKEEPING...

Page 10



Hole Probed

Australian investigators began examining a Qantas jumbo jet that blew a hole on its side.

ASIA...Page 18



Last Lecture

Randy Pausch said obstacles serve a purpose: They "give us a chance to show how badly we want something."

LIFE & STYLE...Page 21

Local group sending packages to soldiers. **PAGE 2**
Jobless ex-govt scholars could get relief. **PAGE 5**

PSS commissioner selection delayed

By KRISTI EATON
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REPORTER

The deadline for when a new Public School System commissioner will

Senate OKs bill localizing delegate polls

By AGNES E. DONATO
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REPORTER

The Senate has passed a bill localizing the federally mandated election for a congressional delegate, but with an amendment that would preclude any initiatives from making it to the ballot this year.

The original version of the bill defined the Nov. 4, 2008, election or any future delegate election as a "regular general election." However, the Senate amended the provision to designate the biennial election as a "special election."

If the bill, as amended by the Senate, becomes a law, all pending initiatives—popular or legislative—will have to wait until the November 2009 gubernatorial election to be placed on the ballot for ratification.

See **SENATE** on Page 4

MVA says overseas spending worth it

By STEFAN SEBASTIAN
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BUSINESS EDITOR

The Marianas Visitors Authority's spending to promote the CNMI as a tourist destination has netted major projected returns in tourism dollars for the Commonwealth, the agency said in a letter responding to an inquiry by Rep. Joseph Reyes (R-Saipan).

See story on **PAGE 3**

be named has been pushed back, but the process is going well, Board of Education

chair Lucy Blanco-Maratita said Saturday.

A new commissioner was expected to

be named by Aug. 1, but the interview portion of the selection has now been pushed back to the week of Aug. 4.

See **BOE** on Page 4



SUMMER FUN

A group of tourists enjoy their afternoon water skiing at the beach behind Palms Resort Saipan hotel in San Roque.

JACQUELINE HERNANDEZ

Helping patients navigate medicine

By MIKE STOBBE
AP MEDICAL WRITER

NORCROSS, Ga. (AP)—After three surgeries, Judy Sherer still had chronic pain in her left shoulder. She'd lost faith in her doctors, and in despair tried a new health benefit offered by her employer.

The service, Health Advocate, is a call-in center that helps customers find the right doctor, haggle over insurance coverage and manage other medical system headaches.

See **BUSINESS** on Page 4

ON THE NET

- <http://www.healthadvocate.com>
- <http://www.pinnaclecare.com>
- <http://www.patientadvocate.org>

Judy Sherer poses as she displays documents of her shoulder surgeries, Monday, July 21, 2008 in her Norcross, Ga. home.



Around the CNMI



FESTIVAL VILLAGE

Tapa on display at the festival village at Samoana High School Field, opposite Utulei Beach, for the 10th Festival of Pacific Arts in American Samoa. Artists from around the Pacific are displaying and selling beautiful wood carvings, stone sculptures, finely woven pandanus mats, baskets, hats, handbags, jewelry and other accessories. Samoa has one of the largest stalls displaying a wide variety of cultural items as well as contemporary fashion. Papua New Guinea, Tonga, Fiji and Solomon Islands also have big displays. Tongan handbags and traditional belts are popular items, as are Fijian tapa and jewelry in traditional designs.

CONTRIBUTED PHOTO

Early detection is Your Best Protection!



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This ad is 100% funded by the Centers for Disease Control and Prevention (CDC)

Local group sending packages to soldiers

By Kristi Eaton
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REPORTER

A local organization is hoping to add a little enjoyment to recently deployed soldiers.

Troops-To-Teachers, an organization aimed at placing returning and currently-enlisted military in local classrooms as teacher's aides, has started Operation CNMI Trooper.

The organization hopes to send care packages to 11 soldiers recently deployed, Program Assistant Fred Camacho said.

"I know getting any kind of

care package is a morale booster," said Camacho, who served from 2004 to 2006. "We want to be a part of that."

Camacho said care packages would contain canned foods, personal hygiene products, newsletters and newspapers.

"Depending on where they are, they might not have access to computers," he said. "It's a big sign of support."

The organization, which has gained support from the Armed Forces Committee and the Reserve Center, will also have local students write

to the soldiers in hopes of becoming pen pals, something Camacho had while he was stationed, he added.

The group's first meeting will be Aug. 12 at 1:30pm at the Army Reserve Center. Camacho said they hope to finalize details, such as when to send packages and how often, and find out who is interested in participating.

Operation CNMI Trooper is also hoping to track where various soldiers from the Commonwealth have been deployed, Camacho said.

Slots still open for DYS summer camp

There are still available slots for the summer sports camp. Only 150 of the 200 spots have been filled for the camp that ends Friday. The camp began July 22 and runs from 8 to 11:30 a.m.

Boys and girls, ages 6 to 12, are invited to take part in a variety of sports, including, but not limited to: tee-ball/softball, track and field, basketball, volleyball, soccer and badminton.

The camp's mission, accord-

ing to a press release, is to foster a spirit of physical activity and recreation to campers. The goal is to increase self-awareness in order to create a healthy lifestyle that includes physical, intellectual, emotional, social and spiritual health.

The campers are grouped by ages, and participate in four blocks, playing a different sport for 45 minutes. A 15-minute break is also scheduled.

To enroll, pick up a registration form at the DYS Volunteer Office or Ada gym from 7:30 a.m. to 4:30 p.m. Monday through Friday, or fax the registration to 664-2544. (Kristi Eaton)

Vanuatu challenge could hold up polls

WELLINGTON, New Zealand (RNZI/PIR)—An outgoing Vanuatu member of Parliament and the chairman of the Melanesian Progressive Party, Barak Sope, is launching a challenge to an electoral law that may delay elections.

Sope has stated that he has given notice to the Attorney General that he will be challenging the constitutionality of the Peoples Representation Act No. 33 of 2007.

He says the Act gives rights to people outside the constituencies of Port Vila and Luganville to vote in the two municipal constituencies, and gives unfair advantage to certain politicians.

He says the legislation has also made it possible for chiefs and landowners in areas covered by the legislation to determine where residents of these areas vote.

The veteran politician told the Vanuatu Daily Post that he has submitted the notice to the AG's office challenging the legislation, and has obtained legal counsel from Australia over the matter.

Sope says if the constitutional challenge is successful a restraining order will be filed against the electoral office not to proceed with the general elections until the case is resolved.

The election is due to be held on Sept. 2.

Sope was Prime Minister from 1999 to 2001, when he was ousted by a vote of no confidence. After his removal, Sope was convicted of forgery and sentenced to three years in prison. He was pardoned in 2003 amid outrage from Australia and New Zealand. Sope subsequently served as Foreign Minister and later as Minister of Agriculture.

Tonga OKs purchase of power firm

WELLINGTON, New Zealand (RNZI/PIR)—The Tongan Parliament has voted in support of government plans to buy back the Shoreline electricity company.

Shoreline is a private company in which King George Tupou V has a significant shareholding.

In its budget in May the government allocated 25 million pa'anga, or nearly \$14 million, for the buy back.

The Tonga Broadcasting

Corporation quotes Prime Minister Feleti Sevele as saying Parliament on Tuesday voted by an overwhelming majority to back the re-purchase of the electricity assets.

However, three People's Representatives, Akilisi Pohiva, 'Isileli Pulu and 'Ulitia Uata, opposed the move, while Clive Edwards was not in the House, though Dr Sevele says he had indicated his support for the purchase.



COMMONWEALTH DEVELOPMENT AUTHORITY

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PUBLIC NOTICE JULY 26, 2008

PURSUANT TO PUBLIC LAW 8-41, THE BOARD OF DIRECTORS OF THE COMMONWEALTH DEVELOPMENT AUTHORITY THRU ITS ACTING CHAIRMAN HEREBY INFORMS THE GENERAL PUBLIC THAT THE CDA BOARD OF DIRECTORS WILL HOLD A REGULAR MEETING ON TUESDAY, JULY 29, 2008 AT 10:00 A.M. THE MEETING WILL BE HELD AT THE CDA CONFERENCE ROOM, SECOND FLOOR, WAKIN'S BUILDING, CHALAN PALE ARNOLD ROAD, SAIPAN. THE AGENDA FOR THIS MEETING IS AS FOLLOWS:

AGENDA

- I. PRELIMINARY MATTERS
 1. Roll Call
 2. Adoption of Agenda
 3. Adoption of Minutes – July 15, 2008
- II. PUBLIC COMMENTS
- III. REPORTS
 1. Financial Report – DCD
- IV. DIVISION/COMMITTEES
 1. Development Corporation Division (CDC)
 - a. Status of Pending Items
 2. DBD/Public Finance Committee
 - a. Status of the DBD Funds
 - b. CPA Loan
 3. Administrative Matters/Personnel & Budget Committee
 - a. Administration's Report
 4. QC Program/Economic Development Activities Committee
 - a. Laulau Development, Inc. d.b.a. Laolao Bay Golf Resort
 - b. Compliance Issues
- V. OLD BUSINESS
- VI. NEW BUSINESS
 1. Department of Commerce – Business Summit/Forum
 2. Public Law 16-2
- VII. OTHER MATTERS
- VIII. ADJOURNMENT

All interested persons are welcome to attend and to submit written or oral testimony on the above agenda items. (Note: Pursuant to Public Law 8-41, Section 13(a)(7) and Section 13(c), the Board may vote to meet in executive session)

/s/ PEDRO I. ITIBUS
Acting Chairman, CDA Board of Directors

MVA to Reyes: Overseas spending worth it

By **STEFAN SEBASTIAN**
stefan_sebastian@saipantribune.com
BUSINESS EDITOR

The Marianas Visitors Authority's spending to promote the CNMI as a tourist destination has netted major projected returns in tourism dollars for the Commonwealth, MVA says in a letter responding to an inquiry by Rep. Joseph Reyes (R-Saipan).

Reyes, chairman of the House Committee on Commerce and Tourism, in a June 23 letter raised concerns MVA's offices abroad may "not be generating the returns necessary to justify their operational expenses" and asked the agency to provide key financial data. In addition, Reyes questioned whether MVA is doing enough to help local tourist attractions gain new customers.

MVA has offices in Japan,

Korea and the Philippines and, according to its July 3 response letter, devotes 61 percent of its budget—\$3.775 million—to advertising and promotions. Yet that investment appears a paltry sum compared to the projected returns in additional tourism spending MVA's efforts abroad have garnered for the CNMI.

New flights from key Asian markets like Japan, for example, are worth millions to the Commonwealth. The Saipan-bound flights from Tokyo that began this month—secured through MVA's efforts—are worth an estimated \$85 million in tourism spending, assuming 85 percent of seats are sold, the letter notes. Furthermore, the recently launched flights from Osaka, also gained through an MVA initiative, carry a value of \$75 million in estimated tourist dollars.

The letter stops short, however, of defining the timeline—whether annual or over several years—for the values MVA assigns to the flights.

Meanwhile, MVA's advertising efforts have gained significant exposure for the CNMI abroad at a small cost, the letter adds.

"Excluding the projected economic impact from the new air services, our offices in Japan and Korea were able to generate \$17 million in exposure from a combined budget of \$2.89 million," the letter says. "This is a 588 percent return for each dollar we invest in these two markets."

Answering Reyes' questions on promoting local tourism attractions, MVA responds in the letter it has "never insisted that our travel partners patronize a particular compa-

ny" but adds that it is poised to propose a CNMI Tourism Attraction Fair in the future where tourism businesses can promote themselves to travel companies from Japan, Korea

and China.

In related news, MVA in a meeting this week elected the officers who will serve on its board, according to director Perry Tenorio. Jerry Tan will

serve once again as the board's chairman. Marian Aldan-Pierce took the vice chairmanship. Kazusuke Fukuju won the secretary's seat and Yoichi Matsumura won the seat of treasurer.

Open enrollment for govt life insurance

The NMI Retirement Fund's new life insurance is now conducting open enrollment for government employees and retirees.

Moylan's Insurance, general agents for NetCare Life and Health Insurance, has set July 1, 2008 through Sept. 30, 2008 as the period for open enrollment. During this period, Moylan's Insurance agents will be visiting government agencies to meet with active employees and retirees to allow them to update

their personal information and confirm their beneficiaries.

Lingo Borja, sales and marketing manager at Moylan's Insurance, in a memorandum to all government agencies said the insurance company had already met with most autonomous agencies, as well as the Department of Finance and Public School System, to discuss and review personnel and accounting procedures.

"We are grateful to all who

attended as we all share one common objective—to ensure a smooth and transparent transition," he said.

Moylan's Insurance and NetCare took over from Individual Assurance Company as the carrier of the Fund's life insurance program. IAC's three-year contract expired in June 2008. (*Agnes E. Donato*)



**Commonwealth of the Northern Mariana Islands
COMMONWEALTH BOARD OF NURSE EXAMINERS**

PUBLIC NOTICE

Pursuant to Public Law, Section 11, the Commonwealth Board of Nurse Examiners Board of Directors, is hereby giving notice that the Board will be meeting on Wednesday, July 30th through Friday, August 1st. The meeting will be held at the Board's Conference Room, #1336 Ascension Drive, Capitol Hill, Saipan from 8:00 am to 4:30 pm.

- I. **Preliminary Matters –**
 - A. Roll Call
- II. **Call to Order**
- III. **Adoption of Meeting Agenda**
- IV. **Unfinished Business –**
 - A. Adoption of 02/19/08-02/22/08 Meeting Minutes
 - B. Rules and Regulations
- V. **New Business –**
 - A. Bank Drafts from Foreign Countries
 - B. Loyola University
 - C. CE Application
 - D. Travel of Board Members and Delegation
 - E. Administrative Assistant Request
 - F. Finalize APRN certificates and licences/fees/adm.codes
 - G. Renovation of New Office
 - H. Temporary Relocation of CBNE Office
 - I. Review and Disposal of Dead Files
 - J. Miscellaneous
- VI. **Review and Approval of New Applications**
- VII. **Adjournment**

/s/ Elaine Marie Camacho, RN
Chairperson, CBNE

General Accountant

NEEDED

QUALIFICATIONS

2 years work experience, knowledgeable in Quickbooks, can analyze, examine accounting records and financial statements. Prepare and compute taxes, receivables, payables, and payroll.

Passenger Service Representative

NEEDED

QUALIFICATIONS

2 years work experience in customer service. Will assist arriving and departing flights for the airline. Airline certification required. Knowledge in Japanese and others are preferred.

**IF INTERESTED
Please call 2354000**



COURTESY CALL

CONTRIBUTED PHOTO

Junior Statesmen of America Georgetown University participants pay a courtesy visit to Resident Representative Pete A. Tenorio. In photo with Tenorio are Edward Joseph Hofschneider of Tinian High School and Min Kyung (Rachel) Kim of Mt. Carmel High School.

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Another exciting offer from the Grand

BOE pushes back selection of commissioner

From Page 1

"The selection will be slightly delayed, but we will continue forward with the selection with due diligence and as expeditiously as we can while ensur-

ing that we carefully evaluate the applicants in order to select the best candidate," Blanco-Maratita said in an e-mail.

Three candidates applied for the position: Debra Ellen; Ambrose M. Bennett, a for-

mer CNMI Board of Education teacher representative; and Rita Sablan, PSS associate commissioner for instruction. Sablan was an earlier applicant for the commissioner position in 2006.

The position was reportedly

advertised in Hawaii and the U.S. mainland. Three off-island applications received were incomplete.

"We tried our best to advertise within our budgetary confines," Blanco-Maratita said.

She said more applicants might have applied if the salary was higher or more perks were offered.

"Nonetheless, we will work with the three applicants that we received," she added.

The salary for the full-time position is \$60,000 to \$80,000 with benefits.

The position of Commissioner requires a master's degree in an education field and at least five years experience teaching or in education administration. Candidates are also required to demonstrate knowledge of school systems, proficiency in English, and be a U.S. citizen or eligible to work in CNMI, according to the job vacancy announcement on PSS's Web site.

"We are looking for a great educational and motivated leader who will improve our system and continue to raise our student achievement and ensure that our students leave the system equipped to face the challenges that the CNMI has in store," Blanco-Maratita said.

PSS acting Commissioner Craig Garrison, who took over the position after Dr. David Borja was told by the BOE in June to step down or be fired, said his time as commissioner has been enlightening.

The position is not for the faint of heart, he said.

"[The ideal candidate] needs commitment, stamina and perseverance in the face of adversity," he added.

Business helps patients with medical problems

From Page 1

An advocate helped Sherer find a new surgeon—one who found metal shavings left in her shoulder by a previous doctor. The advocate also negotiated the charge for her physical therapy down to \$40 per visit from the \$200 she was told initially.

"It saved me a ton of money," said Sherer, 63, of Norcross, Ga. "I'm very, very pleased."

Health Advocate is one of a growing number of U.S. companies offering some form of advocacy services to medical consumers. Revolution Health—the Web-based medical consumer services company overseen by AOL co-founder Steve Case—has been considering getting into the same business.

"It's a really interesting industry that's just taking off," said Carol Fischer, a spokeswoman for Pennsylvania-based Health Advocate, a 12 million-member organization.

Currently, the health advocacy business is an industry with about \$50 million to \$75 million in annual revenue but only about a half-dozen companies of any significant size, said Richard Rakowski of Intersection LLC, a Connecticut-based investment and development firm that has researched the field.

But those numbers have grown from a few years ago, and it may be on track to become a \$1 billion industry based on the demand for the service, said Rakowski, the firm's principal.

The field is blossoming in the wake of cutbacks in corporate health benefits, an overhaul of Medicare and other changes that have forced medical consumers to shop more for medical care.

More than ever, people need help negotiating the medical system, said Jessica Greene, a University of Oregon health policy analyst.

"We're asking consumers to make more complicated decisions, but the numeracy and health literacy skills of many consumers are not at the level needed to handle this new responsibility," Greene said.

Though some consumers are savvy enough to beat a billing overcharge or probe doctors' litigation histories, they don't have the time for such labors, experts said.

Indeed, the largest customers of health advocacy services are companies, not individuals. "The employers are interested because it means their employees are not on the phone taking care of doctor's visits" during work hours, Fischer said.

The companies grouped into the health advocacy business range from small regional firms operating out of home offices to companies with national call centers the size of football fields. No one seems to have an exact count, but Flagship Global Health, Care Counsel and Enhanced Care Solutions are among the more visible names.

Health Advocate claims to be the largest. Founded in 2001, it now has more than 3,500 companies, unions and other organizations as clients, including Johnson & Johnson, American Express and The Home Depot Inc.

Altogether, about 2.6 million employees, or members, are signed up with Health Advocate. But the number who can use it is actually higher: Members can share the call-in number with

spouses, children, parents and parents-in-law—including elderly kin who need help picking a Medicare prescription drug plan, finding a nursing home or arranging transportation for health care. With all relatives added in, Health Advocate's membership as roughly 12 million, Fischer said.

About 180 advocates staff Health Advocate's call center in suburban Philadelphia. It's usually registered nurses who talk to the patients, and each patient gets an advocate who stays with the case and is the recurring contact. The staff also includes behind-the-scenes workers who help with insurance claims and other administrative questions.

"I'd say 80 percent of (our) people call Health Advocate because they have trouble with billing," said Andrew May, a human resources vice president for Wells Real Estate Funds, the Georgia-based company that employs Sherer.

Initially, May said, he doubted Wells employees would use Health Advocate, thinking they would instead continue to come down to human resources for help rather than turn to a 1-800 number.

But some of Wells' 400 employees started using it and having great experiences, he said. Company executives appreciated the help, calling the \$5,700-a-year cost a good deal.

"We're not billing specialists. We're not registered nurses. To have that resource is much more powerful—it gets to the bottom of things quicker," said Susanna Johnson, a Wells human resources manager.

Health Advocate in May began to sell its services straight

to individuals, as a \$365-a-year service.

Some other companies have always focused on individuals, especially rich ones.

One example is \$10,000-a-year PinnacleCare, founded in 2002 by John Hutchins, who created a concierge-like service at the Cleveland Clinic. He later used his connections to build a national network of doctors for his private health advisory start-up.

The Baltimore-based company is essentially a club for millionaires and billionaires that puts nurses and social workers in touch with members. Not only will they help members find top-level care, they will get them moved to the head of the line. PinnacleCare advisers will even meet the patient at a doctor's office or hospital.

PinnacleCare has about 1,700 member-families. One satisfied customer is Kirk Posmantur, 45, the founder and chairman of Axxess Luxury & Lifestyle. His Atlanta-based company markets handmade watches, private jets and other luxury items to the affluent.

"It's a no-brainer for those who've got net worth of \$5 million or more," he said. "You've got people who advise you on your taxes. You've got people who advise you on how to manage your money. But what's more important than your health?"

Not every health advocacy group is a for-profit business.

The Patient Advocate Foundation provides free help to people with chronic, debilitating and life-threatening conditions. Founded in 1996, the Virginia-based organization has 113 employees and an annual budget of about \$8.5 million. It handled nearly 45,000 cases in 2007—most of them cancer patients.

The organization's founders initially expected many clients to be uninsured. As it turns out, about 80 percent have at least some health insurance but are dealing with pre-approval authorizations, medical debt from incomplete coverage or other problems, said Nancy Davenport-Ennis, the group's chief executive and co-founder.

Companies like PinnacleCare are a blessing "for those consumers that can afford to have a boutique service," she said.

She wishes, however, that companies would provide more pro bono service. "The concern is those that need help and can't afford something like that," Davenport-Ennis said.

Senate wants delegate polls named 'special election'

From Page 1

The Constitution requires that initiatives to amend the Constitution or a general law be placed on the ballot at a regular general election. The current definition of a "regular general election" only includes elections held in odd-numbered years on the first Saturday of November.

Sen. Paul A. Manglona, who introduced the amendment, said that the Senate won't allow any initiatives on the ballot unless the House acts on the legislative initiatives originating from the Senate.

Specifically, Manglona wants the House to approve an initiative to extend the allowable leasehold interest for private lands in the Commonwealth from 55 years to 80 years. The initiative, sponsored by Sen. Luis P. Crisostimo, would also ease the requirements for corporations wishing to buy land in the Commonwealth. Under the initiative, a corporation would be able to own land with only 51 percent of its directors made up of people of Northern Marianas descent, and 51 percent of its stock owned by NMDs.

"If the House passes that initiative, I will be willing to withdraw the amendment," Manglona said in an interview after the session. "We've been acting on House initiatives, while they [House members] sit on the Senate initiatives. It's not fair that only House initiatives will go through for ratification."

Rep. Tina Sablan, who is pushing for a popular initiative to apply the Open Government Act to the Legislature, said she was disappointed by the Senate's action.

"The unfortunate result of all of this is that the amendment, if accepted by the House, would

be contrary to the federal law, which clearly describes this year's election as a general election," she said.

Sablan said she had not talked to Manglona or any senator about the Senate's motivation for passing the amendment. But she added that, "if it is true that that amendment was introduced for the purposes of forcing the House to act on a particular Senate initiative, then I am, of course, deeply disappointed, and I think it is safe to say that the concerned citizens of Saipan, Tinian, and Rota who worked so hard to gather signatures for the Open Government Act popular initiative would be outraged to see their efforts subverted because of political gamesmanship."

She expressed hope that the leadership in both chambers would reach an agreement on the issue. She noted that the Senate amendment would exclude not only popular initiatives, but also any initiative originating in the House.

A separate resolution that would have initiatives placed on the ballot this year is under consideration in the Legislature. The resolution calls for a special election on Nov. 4 to ratify legislative and popular initiatives.

Rep. Heinz Hofschneider sponsored the resolution. He is undertaking two initiatives to amend the Constitution. One is to downsize the Legislature and the other is to amend the Commonwealth's land alienation law.

Another legislative initiative passed by the previous Legislature is awaiting ratification. The initiative proposes to limit elected board members to two four-year terms. It would also increase the education system's guaranteed budget from 15 percent to 25 percent of the general revenues of the Commonwealth.



PTI WINNER

Mary Jane Montano of Dollar Days Garapan, center, is the winner of a Motorola PEBL during a raffle draw held last Saturday, July 19, at the Pinoy Dream Academy live feed event at the Southern Cross Bar of the Saipan Grand Hotel. She is shown here with PTI marketing associate Brad Ruzsala, right, and PTI art director Norman del Rosario.

CONTRIBUTED PHOTO

Jobless ex-govt scholars could get relief

Jobless former scholars of the CNMI government will get relief from paying their student loans if Gov. Benigno R. Fitial signs into law a bill passed by the Legislature.

The Senate on Friday agreed to amendments made by the House of Representatives on a bill holding off college loan payments for government scholars who are unable to find jobs because there are no government jobs available or because positions are being filled

by foreign workers.

The bill, sponsored by Senate President Pete P. Reyes, is now headed to the governor for his signature.

If the bill passes into law, recipients of postsecondary education financial aid from the CNMI would be granted forbearance in the collection of their debts if they are unable to find jobs in the public or private sector due to unavailability of government jobs, hiring freezes, reductions in force,

or because positions are being filled by foreign national workers, for as long as the recipient is unemployed and actively seeking employment.

The bill also would grant forbearance to any off-island recipient during the first two years after graduation if he cannot find a job in his field of study. No interest would accrue during the period of forbearance.

Further, the bill, as amended by the House and now approved

by the Senate, would consider government scholars who have served in the military as having satisfied the requirement to return and work in the CNMI.

The CNMI Scholarship Office has opposed the measure, saying it unnecessary and unfair to other scholars who repaid their students loans. Scholar-

ship administrator Merissa Rasa has noted that there is already a process in place for granting forbearance to scholarship or loan recipients who are unable to meet their obligations to the CNMI due to some hardship.

Rasa has also said the Scholarship Office is already struggling to hold scholarship and

loan recipients accountable for their obligations to return to the CNMI to work and or pay back what they owed. The bill, she added, would weaken the scholarship program even more if signed into law.

Former government scholars now owe the Scholarship Office about \$4 million.

WIA interns excited for Monday

By **JACQUELINE DELA CRUZ**
Jackie_delaacruz89@yahoo.com
JUNIOR REPORTER

With the first batch leaving, the Workforce Investment Agency summer program kicks off Monday with a second group that also wants to gain experience in the workplace.

Here, two interns share how they feel about going to work on Monday.

"This will be a good experience for me because I'm going to be learning how to become an editorial assistant," said

Mariefe Carreon.

"This will also be my first job and its great how the WIA program helps us," she added.

This will be her first job, and she will be doing her internship with the *Saipan Tribune*.

Carreon wants to save and buy a cell phone.

Sixteen-year-old Ann Shelley De Castro will be doing her internship with Ace Hardware Gualo Rai as an administrative assistant.

Like Carreon, this will be her first job. She wants to open a sav-

ings account, shop for clothes, and prioritize giving her mother half of all her paychecks.

"I have applied for a lot of jobs, and I only got one interview and I didn't get the job," said De Castro, so she looks forward to actually having one on Monday.

"I think this job will be helpful in the future because I want to join the Navy and work in the office," she added.

This summer a total of 686 will undergo the WIA program, ranging in ages from 14 to 19.



Mariefe Carreon and Ann Shelley De Castro.

JACQUELINE DELA CRUZ



WELCOME TO SAIPAN

JACQUELINE HERNANDEZ

Saipan Mayor's Office Youth programs coordinator Olinka Maria C. Chaudhry offers shell leis to welcome the 21 students who will take part in the 29th annual Kokusai Seiyounen Kensyuu Kyokai exchange program upon arrival at the Francisco C. Ada/Saipan International Airport on Friday.

Pedestrian struck at crosswalk sues

A pedestrian has sued a motorist over the serious injuries she suffered when a vehicle struck her at a pedestrian crosswalk along Middle Road in Gualo Rai last year.

Xi Feng Jiang sued Emtaaz Ahmed Chowdhury for negligence.

Jiang asked the Superior Court to order Chowdhury to pay her damages.

Attorney William M. Fitzgerald, lawyer for Jiang, stated in the

complaint that on Nov. 19, 2007, at 1pm, Jiang was crossing Middle Road within a plainly marked designated pedestrian crosswalk.

Fitzgerald said Chowdhury was operating his vehicle at an excessive rate of speed while approaching a pedestrian crosswalk.

The lawyer said the defendant "negligently, recklessly, and carelessly" operated his vehicle, hitting Jiang as she was crossing the road near the Gualo Rai Building, knocking

her to the ground.

"As a direct and proximate result of the defendant's said carelessness, recklessness and negligence, plaintiff sustained serious and permanent injuries and has suffered and will continue to suffer great pain of body, mind and emotional distress, including, multiple bruises and lacerations, and a fracture of her right tibia and fibula, which required surgery," Fitzgerald said. *(Ferdie de la Torre)*

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Opinion

Hafa Adai!

Saipan Tribune

CNMI'S FIRST DAILY NEWSPAPER
Volume XVIII, Issue No. 209Published daily at 2/F CIC Centre,
Beach Road, Garapan, Saipan, CNMI
Mailing Address: PMB 34, Box 10001, Saipan, MP, 96950

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AP The Associated Press

Pacific Islands News Association

EDITORIAL

No drilling, no vote

Why not have a vote on offshore drilling? There's a serious debate to be had over whether Congress should lift the ban on drilling in the Outer Continental Shelf that has been in place since 1981. Unfortunately, you won't be hearing it in the House of Representatives—certainly, you won't find lawmakers voting on it—anytime soon.

Instead of dealing with the issue on the merits, House Speaker Nancy Pelosi, D-Calif., a staunch opponent of offshore drilling, has simply decreed that she will not allow a drilling vote to take place on the House floor. Why not? "What the president would like to do is to have validation for his failed policy," she said Thursday when asked that very question. "What we're saying is, 'Exhaust other remedies, Mr. President.' ... It is the economic life of America's families, and to suggest that drilling offshore is going to make a difference to them paycheck to paycheck now is a frivolous contention. The president has even admitted that. So what we're saying is, 'What can we do that is constructive?'"

If there is an explanation buried in there about why that makes offshore drilling off-limits for a vote, we missed it. Pelosi is correct that drilling is no panacea for the nation's energy woes. The short-term effect of lifting the moratorium, if there were any, would be minimal. That doesn't mean the country shouldn't consider expanded drilling as one of many alternatives. There are legitimate concerns about the environmental impact of such drilling—environmental concerns that, we would note, exist in other regions whose oil Americans are perfectly happy to consume. But have technological improvements made such drilling less risky? Why not have that debate?

When they took the majority, House Democrats proclaimed that "bills should generally come to the floor under a procedure that allows open, full and fair debate consisting of a full amendment process that grants the Minority the right to offer its alternatives." Why not on drilling?

Meanwhile, the dispute has snarled progress on spending bills for fear of having drilling amendments attached. Citing "the uncertainty in how the oil and gas drilling issue is currently playing out on the Senate floor," Senate Appropriations Committee Chairman Robert Byrd, D-W.Va., called off committee consideration of spending bills on which Republicans were threatening to offer drilling amendments. The result threatens to be the first time since at least 1950 that lawmakers will go home for the August recess without either chamber having passed a single appropriations bill.

If drilling opponents really have the better of this argument, why are they so worried about letting it come to a vote?

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Karadzic, the two-bit villain the world somehow feared

By NEELY TUCKER
(C) 2008, THE WASHINGTON POST

Sarajevo, a cosmopolitan city until the early 1990s, when Radovan Karadzic had his army shooting at it from a mountain village where it seemed everyone was drunk and armed at 9 in the morning:

There was the pphhfft of sniper bullets, cigarette smoke hanging in rooms like a fog, the smell of formaldehyde so thick in the morgue that it lingered on the tip of the tongue.

Shells hit your building, walls would blow out, you'd get the feel of electricity in your mouth. I was reporting at the hospital one day in the summer of 1993, and there was a whoosh and a plume of smoke down the hill. "A shell! A shell!" A car came screeching up to the emergency room entrance. A man jumped out, weeping, a girl with a bloody chest in his arms. I walked in the unlit room—there was no electricity, running water or anesthesia—and here comes an old man on a stretcher, blood pouring out of his ear and lots of red splattered across his chest.

This was when they were turning the soccer field into a cemetery. This was when gasoline cost about \$75 a gallon. This was when shells rained down and blew holes in people, and the army in the hills turned an urbane city into a paranoid killzone.

This was the world as wrought by Karadzic, a man who seemed airlifted in from the 19th century; he never seemed fully present in the 20th. He was entirely unimpressive. He was a psychiatrist and terrible poet who wore his hair in an Elvis pompadour. He had eyes, brown, where the lights seemed to be on, but the lights were nothing more than a 40-watt bulb.

The Son of Vuk was 48 years old. He terrified people in the valley below and had world leaders dancing on a string. He mocked them all. Anyone remember the "Carrington-Cutileiro Plan"? The "Vance-Owen Peace Plan"? Neither does anyone else, because European leaders kept thinking Karadzic was a man of his word. He had darker ideas.

Good times and plum brandy and shooting Muslims. This was the high life up in the village, Pale (pronounced pah-lay). Eventually, the four-year war he helped lead killed about a quarter of a million people, about 10,000 in Sarajevo.

His nadir came this week, more than a decade after his dreams of an ethnically cleansed section of Bosnia fell to pieces, more than a decade after going into hiding.

Police and war crimes prosecutors discovered him living in a working-class section of the Serbian capital of Belgrade. He was living under the false identity of "Dragan Dabic." When arrested, he was dressed all in black. The greasy pompadour was gone, re-

placed by cascading white hair in a ponytail, a frothy white beard and those same sad-sack brown eyes. He looked like Walt Whitman on a bender. He was running an alternative medicine clinic and writing for a magazine named Healthy Life.

Now he's in jail, apparently to be taken to the International Criminal Tribunal for the Former Yugoslavia at the Hague, where he faces indictments for genocide and crimes against humanity. People who knew "Dr. Dabic" said, in initial reports, they had no idea of his real identity.

This is believable because even when he was in power, he didn't seem like much.

He was the son of a radical Serb nationalist who had been often been in jail. He had been in jail as well, convicted of fraud. He was a psychiatrist with a modest practice in Sarajevo. He drummed up a political party as Yugoslavia began to disintegrate. He talked incessantly—he was a one-note politician—of an imaginary Muslim horde about to overrun the Orthodox Serb faithful.

But Karadzic didn't have the froth, the podium-pounding fury, of the true believer. He seemed to be a pretty tall adult somewhere between goofy and creepy, reading the lines of a malignant play he wrote while on summer vacation. Somehow, fellow Serbs who shared similar grudges against their Muslim neighbors bought the act.

Joel Brand, then a college kid from California, wangled a freelance job for Newsweek and interviewed Karadzic in Sarajevo, days before the shooting started in 1992. Even as the war was imminent, even as Karadzic sat in a suite in the Holiday Inn surrounded by armed thugs, Brand thought he was a joke.

"He seemed to be play-acting," Brand, now a media consultant back home in California, said this week. "I was a kid, with very little experience in adulthood, much less the world beyond Santa Monica. And even as green as I was, it was implausible to me that anyone could take him seriously. It was incredibly small-time."

Up the hill at Pale, after the war started, Karadzic and his army took control of as much as 70 percent of Bosnia. And yet it wasn't anything like a military capital. It was a bunch of illiterate yokels staggering around in their own movie, slamming down shots of homemade slivovitz (plum brandy) and threatening to shoot you in the head when they weren't hitting you up for cigarettes.

John Pomfret, who covered the war for this paper, used two words for Karadzic: "Gothic, grotesque." His lingering image of the absurdity of Pale was of Karadzic's adult daughter: "Sonja, decked out in makeup the thickness of my forearm, wearing high-heeled pumps and walking down a mud road."

Karadzic was in no particular hurry up there, the summer of 1993. The war dragged on in slow motion. The siege of Sarajevo turned into one of the longest of modern times. Why hurry? Life was good.

Radovan Karadzic, small-time.

EDITORIAL POLICY

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Tracing my ancestry through mummy

By **FRANCES STEAD SELLERS**

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“Abraham begat Isaac; and Isaac begat Jacob; and Jacob begat Judas and his brethren . . .” So goes the biblical line of descent, cascading on the Y chromosome down the generations from father to son to grandson: Samuel begat Francis; and Francis begat John; and John begat Frances and her brothers. ...

That Frances is me—a Y-less woman, and thus destined, like other women, to leave this patrilineal taproot of descent and be spliced onto another man’s tree; to assume, at least in traditional genealogical terms, his family, his identity and commonly his last name.

That’s why family history has always seemed like such a guy thing, an exclusive men’s club—as if my paternal great-grandfather, Samuel, were somehow more important than my seven other great-grandparents. Which is ironic, because if there is any doubt about my lineage, it’s most likely to lie along the male line, since a father—unlike a mother—can rarely be certain that he is in fact the parent of a child.

Now, though, the twin innovations of DNA analysis and do-it-yourself Internet searches are upending that male-dominant tradition. Analysis of mitochondrial DNA (mtDNA)—the genetic material that passes virtually unchanged from mother to child—is allowing the re-creation of matrilineal connections that soar back through centuries. Meanwhile, Internet searches are extending family connections sideways, creating trees that emphasize a proliferation of leaves and buds rather than the roots. By feminizing and expanding the process of genealogical research, those changes have redefined the concept of “cousin” (think Dick Cheney and Barack Obama; or better still, Hillary, Madonna, Angelina and Camilla) and made “family” a, well, relative term.

Like many others, I was brought up on the heroic tales of my few notable male forebears—seafarers who died of yellow fever among the Miskito Indians, Oxbridge scholars and clergymen who broadcast Christianity in Bombay. But my mother’s ancestry soon bogs down in the dank hills of North Wales, where it’s difficult to keep up with the Evanses and Robertses (not to mention the Joneses). So when Bryan Sykes, a professor of human genetics at the University of Oxford and author of the best-selling “Seven Daughters of Eve,” suggested analyzing my mitochondrial DNA, I took him up on his offer. I’d send him a few of my skin cells, and he’d connect me (as he says he can nearly every native European) to one of just seven women who lived somewhere between 10,000 and 45,000 years ago—an ancient clan mother. An Ur-me.

One cheek swab and several weeks later, Sykes, who runs the DNA testing company Oxford Ancestors, informed me that I was a direct descendant of a female he had dubbed “Katrine,” who lived some 15,000 years ago in what were then the sweeping wooded plains of northern Italy, between Venice and the Alps. As a great-something-granddaughter of Katrine, I was also a relative of Otzi the Ice Man, in whose old bones Sykes had found another mito-

chondrial match. (Otzi is the body that two German climbers found 17 years ago in the Italian Alps, where it had been preserved in the ice for more than 5,000 years.) I didn’t inherit my mtDNA directly from the Ice Man, because men don’t pass it on, but I could be descended from his sister.

Now, forgive me a little one-upwomanship. But being able to go back about 700 generations through my mother, Evelyn, her mother, Dilys, and Dilys’ mother, Evelyn Augusta, to my many-times-great-grandmother Katrine—an ancestor I share, Sykes tells me, with Katie Couric—trumps the pedigree of any man I know. And there’s Uncle Otzi to boot. And more to come.

Our ancestors (Cousin Katie’s and mine) apparently migrated to Northern Europe about 10,000 years ago, when the ice began to melt. Our mtDNA is found in many parts of Britain, particularly in the west, and is, Sykes says, “a recognizable symbol of Celtic ancestry”—which is what I’d have expected given that Evelyn, Dilys and Evelyn Augusta were all native Welsh speakers. In fact, says Sykes, it’s highly likely that our ancestors “arrived in Britain very, very early on—at least 6,000 years ago and probably from Iberia by boat.”

Making me a descendant of one of the first settlers. A proto-Brit. A woad-wearer!

The kind of DNA analysis that Sykes does has become particularly popular among African-Americans seeking scientific validation for the trans-Atlantic search for roots that author Alex Haley pioneered. Many have been surprised and disappointed to discover that they have a European Y chromosome, often reflecting their descent from white male plantation owners. Their mitochondrial DNA, on the other hand, is typically genuinely African, since very few African men in the United States had children with European women.

The process of using mtDNA to discover where exactly in Africa they come from isn’t without flaws, though, and Sykes urges caution. He says he was able to estimate my ancestor Katrine’s location in Europe by looking for mutations in the mitochondria: The more mutations found in any given geographic area, the more likely you are to have found the spot. But “if you find matching mitochondria in a community in Ghana,” Sykes says, “it doesn’t necessarily mean that that is the ancestral village. There are probably thousands of other villages that haven’t been tested.” So the tests that people are now shelling out a couple of hundred dollars for often “appear to give more security than is real.”

Nonetheless, growing interest in tracing our roots has spawned a proliferation of testing companies. Small wonder. American blacks understand better than anyone the cultural and political importance that can be attached to a single bloodline. “One drop,” after all, could exclude someone from the benefits of being white in the American South just as capriciously as it could include somebody else in the benefits that come with being a member of the royal family in Britain.

The problem with that way of thinking—as with any linear method of finding family—is all the men and women who are left out. Go back just 12 generations (two parents, four grand-

parents, eight great-grandparents, 16 great-greats and so on), and you’ll find you have 4,096 ancestors. (Though rather fewer for anyone like my husband, whose great-grandparents were, ahem, first cousins.) Focusing on a single line—whether male or female—fails to account for 4,095 forebears, each of whom left their genetic traces in you and in all their many other descendants. And for all its appeal to gender equality, the matrilineal line proves just as problematic as patrilineal research—a girl thing, an exclusive women’s club.

That became clear to me a couple of years ago when I plugged the name Benjamin Septimus Illingworth, my great-great-great-grandfather on my mother’s side, into Google. And—Bob’s your uncle!—up popped an e-mail address to which I sent a message. Soon I found myself in e-contact with a Canadian third cousin. It wasn’t long before Janet Harrison supplied me with her (our?) family news and photos, as well as a long list of other cousins, some of whom live very close to where I grew up in southern England. We must have shopped in the same towns, might even have passed each other on the street. Fancy that, rubbing shoulders with my own flesh and blood and not knowing it.

As fellow descendants of Benjamin Septimus, Janet and I are related through my mother’s father’s mother, but we don’t share our mitochondrial DNA and we don’t have Y chromosomes. Just the kind of connection that those ancestral DNA searches fail to find.

Shortly thereafter—and quite by coincidence—a man called Don Montague e-mailed me. I didn’t know him from Adam, but he introduced himself as a fourth cousin on my father’s mother’s father’s side of the family. Cousin Don didn’t just supply me with stories about our common ancestors, he sent me documentation about kin who are still alive—about Horts and Beales, Patersons and Berkeleys, many of whom live in Britain, as well as a couple of ranchers in Laramie, Wyo., and a miner in Chile. Not to mention a branch in New Zealand. All members of my suddenly growing family.

Being a bit of a genealogy buff and knowing that I worked for a newspaper, Cousin Don also told me about a fifth cousin of mine whom he’d found—a man with a title, no less, and a tippity-top job at a company that owns one of the London papers. Now, it just so happens that I once sat across the table from this man at a dinner in London. I even visited his office. If I’d only known. ... He’s just the sort of person you’d (begin ital) like (end ital) to think you’re related to. Like Cousin Katie and Uncle Otzi.

I got in touch, even invited him to stay with us next time he’s in the States. He is, after all, family. Just five degrees of separation.

What a small, small world this genealogical research creates.

Now I’m thinking of planning a reunion, a gathering of the whole clan. I know I’ll need a sizable space, and I suspect that it will have to be BYOB. Chances are looking pretty good that you’ll be invited.

All of you.

Frances Stead Sellers is editor of The Washington Post’s Health section. sellersf@washpost.com

Unilateral and unhelpful in Iraq

By **BRUCE ACKERMAN and OONA HATHAWAY**

SPECIAL TO THE LOS ANGELES TIMES

President Bush and Iraqi Prime Minister Nouri al-Maliki are poised to conclude a bilateral “memorandum of understanding” that would authorize U.S. troops to continue military operations in Iraq. There is only one problem—the memo won’t be binding U.S. law.

A memo isn’t a “treaty,” which requires a two-thirds vote in the Senate under Article 2 of the Constitution. It isn’t a “congressional-executive agreement,” which requires the approval of a majority of both houses of Congress under Article 1. It is just a statement of intent. According to the State Department’s Office of the Legal Advisor, “memo” is the term that is “common for nonbinding documents.”

The United States is moving into legal no-man’s land because the president refuses to ask the U.N. Security Council to renew the annual resolution that provides the legal foundation for the presence of our troops in Iraq. If this resolution is allowed to expire Dec. 31, it would create a legal vacuum—a vacuum that can’t be filled by a presidential memo.

The U.S. needs a solid legal basis for its continuing actions in Iraq to replace the U.N. mandate. There must be a new agreement on

day-to-day issues such as the resupply of goods to the troops, which are usually exclusively resolved by the president in his capacity as commander in chief. But more important, this deal also covers questions at the center of far-reaching policy debates that rightly require congressional participation—the timetable for the withdrawal of U.S. troops central among them.

In the attempt to reach an accord with al-Maliki, the president made news by negotiating a “general time horizon” for withdrawing troops—but he hasn’t been willing to take the agreement to Congress and deal with Democrats in order to create a sound constitutional foundation for an enduring and bipartisan policy.

Once the deal is signed by both parties, it’s quite possible that the president will proclaim that this memo is special and can serve as a legal basis for all our activities in Iraq. If he does, he will be acting unconstitutionally. No precedents support the presidential creation of legally binding commitments on the use of force without congressional consent.

Resorting to the use of a memo also undermines democracy in Iraq, the very democracy we went to war to create. Just as it allows Bush to avoid Congress, it allows al-Maliki to make an end run around his own parliament, which, according to the Iraqi Constitution, must approve formal international agreements; al-Maliki is widely expected to sign the memo unilaterally.

That will only make it easier for the next Iraqi prime minister to repudiate the entire deal on grounds that the memo, if binding, was made unconstitutionally.

Despite the president’s claim that he is creating a solid basis for future cooperation, his initiative will leave the fate of the American military at the mercy of Iraqi politics.

At the same time, the expiration of the U.N. resolution, without a clearly legitimate alternative in place, could invite U.S. lawsuits challenging the ongoing use of force in Iraq. The courts might try to avoid deciding the merits of these cases, but the litigation would further polarize U.S. politics and leave the military uncertain about the legitimate range of its activities in a war zone.

A simple solution protects the troops and does not require us to forfeit our most basic constitutional values: Extend the U.N. mandate for six months and allow the next president to negotiate an agreement that can gain the support of Congress and the American people.






It is past time for a lame-duck president to recognize that the country has paid a sufficient price for his extravagant unilateralism.

Ackerman and Hathaway are professors of law at Yale and the University of California, Berkeley, respectively.

Satellite image and accompanying information are provided by the National Weather Service. For an updated weather forecast, visit the National Weather Service Guam Homepage: www.prh.noaa.gov/guam/

The Weather

5-Day Forecast for Saipan and Tinian

TODAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
				
Mostly cloudy with scattered showers and a slight chance of thunderstorms. East winds around 10 mph.	Mostly cloudy with isolated showers. East winds 10 to 15 mph.	Partly cloudy with isolated showers.	Partly cloudy with isolated showers.	Partly cloudy with isolated showers.
▲87° ▼77°	▲88° ▼78°	▲88° ▼78°	▲88° ▼78°	▲88° ▼78°

Micronesia

Guam and Rota	Mostly Cloudy	▲86 ▼76
Palau	Cloudy	▲87 ▼77
Yap	Mostly Cloudy	▲86 ▼76
Chuuk	Cloudy	▲88 ▼77
Pohnpei	Thunderstorms	▲86 ▼73
Kosrae	Mostly Cloudy	▲88 ▼78
Majuro	Showers	▲85 ▼73

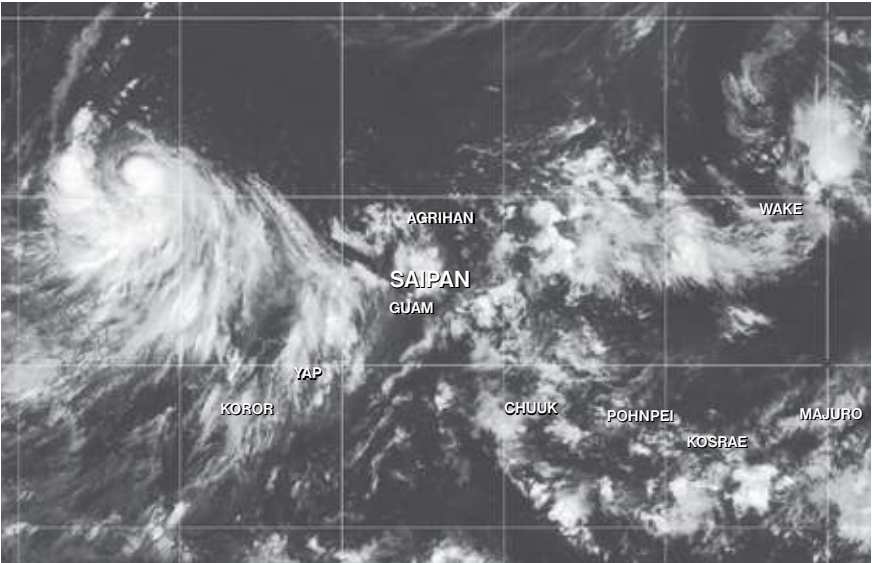
Around The Globe

Auckland	Showers	▲57 ▼51
Beijing	Partly Sunny	▲91 ▼77
Hong Kong	Cloudy	▲93 ▼81
Honolulu	Cloudy	▲85 ▼77
London	Rain	▲77 ▼61
Los Angeles	Cloudy	▲86 ▼64
Manila	Rain	▲81 ▼77
Melbourne	Thunderstorms	▲53 ▼42
Miami	Thundershowers	▲89 ▼76
New York	Thundershowers	▲86 ▼74
Osaka	Thunderstorms	▲88 ▼78
Paris	Mostly Cloudy	▲80 ▼65
Pusan	Thunderstorms	▲87 ▼77
Rome	Mostly Sunny	▲89 ▼68
Salem	Mostly Cloudy	▲78 ▼49
San Francisco	Cloudy	▲67 ▼54
Seoul	Thunderstorms	▲86 ▼73
Tokyo	Thunderstorms	▲85 ▼75
Washington, DC	Cloudy	▲89 ▼74

Tides

Saipan Harbor		
1:09AM Today	High Tide:	1.9 Feet
8:51AM Today	Low Tide:	0.1 Feet
4:05PM Today	High Tide:	1.5 Feet
8:19PM Today	Low Tide:	1.2 Feet

Yesterday's Satellite Image



PICTURE TIME: 12:50PM, SATURDAY, JULY 26, 2008
Western North Pacific between equator and 25N from 130E to 180.

Scattered showers and isolated thunderstorms associated with tropical storm Fung-Wong are west of 135E between 11N and 22N. An upper-level low near 19N142E is moving slowly west. Upper-level divergence associated with the low is producing scattered showers and isolated thunderstorms across the Marianas between 13N and 19N from 142E to 146E. Another upper-level low north of Wake Island is near 25N167E. Scattered showers and isolated thunderstorms are within 200 miles of a line from 17N152E to 17N168E and within 100 miles of a line from 20N170E to 24N170E. A trough extends from 7N138E northeastward to 15N140E. An area of Scattered showers and isolated thunderstorms across Palau and Yap is within a line from 15N137E to 14N142E to 5N133E back to 15N137E. A surface trough is causing scattered showers and isolated thunderstorms near Chuuk state within 100 miles of a line from 8N149E to EQ155E. Trade-wind convergence is generating scattered showers and isolated thunderstorms from near Kosrae across the southern Marshall Islands between the equator and a line from 5N160E to 7N180.

Sunrise/Sunset

Today	5:58AM	6:49 PM
Monday	5:58AM	6:48 PM
Tuesday	5:59AM	6:48 PM
Wednesday	5:59AM	6:48 PM
Thursday	5:59AM	6:47 PM

Moonrise/Moonset

Today	12:17AM	1:38PM
Monday	1:10AM	2:43PM
Tuesday	2:10AM	3:49PM
Wednesday	3:15AM	4:52PM
Thursday	4:21AM	5:50PM

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 - Photos must have been taken in the last two months.
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SUBSCRIPTION Published Monday to Sunday, *Saipan Tribune* offers door-to-door on-island delivery at an annual rate of \$182. Off-island subscription rate is \$376 per year. For additional subscription information, call (670) 235-8747 or 235-2769, or fax 235-3740.

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DEPARTURES	ARRIVALS
Saipan-Rota CO 9313 8:30am 9:05am 3,4,7	Rota-Saipan CO 9598 11:10am 11:45am 1,2,6
Saipan-Guam CO9317 4:00am 4:50am Daily CO9597 8:30am 9:20am 1,2,5,6 CO9313 8:30am 10:00am 3,4,7 via Rota CO9601 12:30pm 1:20pm Daily CO9603 3:30pm 4:20pm Daily CO9605 6:30pm 7:20pm Daily CO9599 9:30pm 10:20pm Daily	Guam-Saipan CO 9316 2:30am 3:20am Daily CO9596 7:00am 7:50am Daily CO9598 10:15am 11:45am 1,2,6 via Rota CO9600 10:45am 11:35am 3,4,5,7 CO9602 2:00pm 2:50pm Daily CO9604 5:00pm 5:50pm Daily CO9606 8:00pm 8:50pm Daily
Saipan-Narita NW 099 5:00am 7:40am Daily NW 078 8:55am 2:00pm Daily NW 075 4:45pm 7:25pm Daily	Narita-Saipan NW 076 10:15am 2:55pm Daily NW 077 6:25pm 1:30am+1 Daily NW 100 8:45pm 1:25am+1 Daily
Saipan-Osaka NW 083 4:20pm 7:05pm Daily	Osaka-Saipan NW 084 10:30am 3:05pm Daily
Saipan-Nagoya NW 078 8:55am 11:35am Daily	Nagoya-Saipan NW 077 9:00pm 1:30am+1 Daily
Saipan-Seoul OZ 604 2:20am 6:00am 1 OZ 604 2:50am 6:30am 2,3,4,5,6,7 OZ 606 3:30pm 7:00pm 2,4,6,7	Seoul-Saipan OZ 605 9:00am 2:30pm 2,4,6,7 OZ 603 7:40pm 1:10am+1 7 OZ 603 8:10pm 1:40am+1 1,2,3,4,5,6
Saipan-Busan OZ 608 3:50am 7:20am 1,4,5,7	Busan-Saipan OZ 607 9:30pm 2:50am+1 3,4,6,7
Guam-Manila CO 891 6:00am 10:30am 3 via Yap and Koror CO 893 6:30am 8:05am 6 CO 893 8:25am 10:00am 2,7 CO 893 5:50pm 9:10pm 5 via Koror CO 933 7:00pm 8:40pm Daily PR 111 6:00am 7:45am 1,2,4,6,7	Manila-Guam CO 894 11:20am 4:55pm 2,7 CO 894 7:45pm 1:20am+1 6 CO 892 9:45pm 6:30am+1 3 via Koror and Yap CO 892 10:10pm 5:30am+1 5 via Koror CO 934 10:55pm 4:30am+1 Daily PR 110 10:20pm 4:00am+1 1,3,5,6,7
Saipan-Guanzhou CZ 3008 5:00am 8:00am 2,6	Guanzhou-Saipan CZ 3007 8:00pm 4:00am+1 1,5
Guam-Hongkong CO 909 6:40pm 9:25pm 1,5	Hongkong-Guam CO 910 10:35pm 5:15am+1 1,5
Guam-Rota CO 9598 10:15am 10:45am 1,2,6	Rota-Guam CO 9313 9:30am 10:00am 3,4,7

Editor's Note: Days: Monday (1), Tuesday (2), Wednesday (3), Thursday (4), Friday (5), Saturday (6) and Sunday (7); CO: Continental; PR: Philippine Airlines; CZ: China Southern; CA: Air China; NW: Northwest; JO: Japan Airlines; OZ: Asiana; MU: China Eastern
ETD: Estimated Time of Departure; ETA: Estimated Time of Arrival. The Saipan Tribune is not responsible for any changes in the schedule.)

FREEDOM AIR FLIGHT SCHEDULE

Airline	ETD	ETA	Frequency	Airline	ETD	ETA	Frequency
Guam-Rota				FRE 113	11:40am	11:50am	Daily
FRE 100	7:00am	7:30am	Daily	FRE 115	1:00pm	1:10pm	Daily
Rota-Saipan				FRE 117	2:30pm	2:40pm	Daily
FRE 100	7:50am	8:20am	Daily	FRE 119	4:00pm	4:10pm	Daily
Saipan-Rota				FRE 121	4:40pm	4:50pm	Daily
FRE 200	9:00am	9:30am	Daily	FRE 123 *	5:40pm	5:50pm	Daily
Rota-Guam				FRE 125 *	6:00pm	6:10pm	Daily
FRE 200	9:50am	10:15am	Daily	Tinian-Saipan w/ connecting flights to Rota or Guam**			
Guam-Rota				FRE 102	7:05am	7:15am	Daily
FRE 300	4:00pm	4:30pm	Daily	FRE 104	7:50am	8:00am	Daily
Rota-Saipan				FRE 106**	8:20am	8:30am	Daily
FRE 300	4:50pm	5:25pm	Daily	FRE 108**	9:00am	9:10am	Daily
Saipan-Rota				FRE 110	10:00am	10:10am	Daily
FRE 400	6:00pm	6:30pm	Daily	FRE 112	11:05am	11:15am	Daily
Rota-Guam				FRE 114	12:00pm	12:10pm	Daily
FRE 400	6:45pm	7:15pm	Daily	FRE 116	1:30pm	1:40pm	Daily
Saipan-Tinian				FRE 118	2:50pm	3:00pm	Daily
FRE 101	6:45am	6:55am	Daily	FRE 120**	4:20pm	4:30pm	Daily
FRE 103	7:30am	7:40am	Daily	FRE 122**	5:00pm	5:10pm	Daily
FRE 105	8:00am	8:10am	Daily	FRE 124	6:05pm	6:15pm	Daily
FRE 107	8:40am	8:50am	Daily	FRE 126	6:20pm	6:30pm	Daily
FRE 109*	9:10am	9:20am	Daily				
FRE 111*	10:45am	10:55am	Daily				



NMI CRIME STOPPERS

Anonymous tips can now be submitted through the following:

- Call 234-7272 (PARA) on any telephone
- *11 on any PTI cellular phone
- Log on to the internet at www.nmicrimestoppers.com

Good Housekeeping

A germ-zapper's guide to clean

By MEGAN VOELKEL
(C) 2008, THE WASHINGTON POST

Ever just rinse the kitchen cutting board in between uses? Or wash a load of linens in cold water? Think twice before calling either squeaky clean.

Germs, the pesky microbes that cause maladies such as the common cold and stomach flu, among others, aren't so easily washed away. And despite being microscopic, these buggers always have the potential of becoming a very big deal.

"Anytime you take a chance on getting ill (from exposure to pathogens), you have a chance of getting really sick," says Charles Gerba, an environmental microbiologist at the University of Arizona who has studied germs' domestic dabbles for more than 30 years.

Which means you shouldn't rely on theories that say a lapse in germ defense will boost your immune system or that the spare use of sanitizing agents will somehow thwart antibiotic-resistant

Wash hands at least 15 seconds.



super-bugs. Both are scientifically shaky, and neither should get in the way of preventing infections, Gerba says.

Bacteria can survive for a few hours to a couple of days or more on surfaces such as the kitchen countertop, and viruses can linger up to a couple of weeks. We spend less time cleaning than we used to, despite having more vehicles for germs on gadgetry like cellphones and remote controls.

The bottom line: to "not live in a bubble, but to understand the dynamics of how germs are transferred and to maintain good hygiene practices," says Philip Tierno, author of "The Secret Life of Germs" and director of clinical microbiology and diagnostic immunology at New York University Medical Center.

The key to picking these battles is awareness. We talked to germ experts for the lowdown on some of the home's most pathogen-popular (and just plain dirty) destinations and strategies to keep those areas clean.

GUIDE TO CLEAN

(c) 2008, The Washington Post

PROBLEM Kitchen sponge

Call it the mother ship. The hot zone. Germ HQ. The kitchen sponge (or dishcloth) consistently reigns as the dirtiest item in the home, decisively out-pathogenizing more infamous culprits, such as the toilet.

According to a new study by the Hygiene Council, an international group of infectious-disease specialists, 75 percent of sponges tested in U.S. homes were heavily contaminated. So one drop from the sponge equals millions of bacteria. The council's study was sponsored by Lysol.

In research by Charles Gerba, an environmental microbiologist at the University of Arizona, that was sponsored by Clorox, the kitchen sponge was crowned the germiest, especially when used for food prep and cleanup. A cutting board, for example, was found to have 200 times more fecal bacteria than the toilet seat.

The kitchen sponge is germ king.

SOLUTION

Soak the sponge or dishcloth in a disinfectant or bleach for a few minutes at least three times a week before letting it air-dry. For a quick fix, you can nuke the sponge in the microwave on high for 30 seconds, or throw it in the dishwasher. And by all means, don't use the sponge to wipe down other items, like phones or children's toys.

Because of cross-contamination, the kitchen sink's faucet and drain, as well as the surrounding countertop and handles, are likely to be tainted and shouldn't be overlooked when disinfecting. Pat Rosenbaum, a Silver Spring, Md.-based infection control professional, says, "Stop and think when you're cleaning. What do we touch the most?" She says labels should be read with care, as most detail how long the disinfectant should remain on the area for it to work.

PROBLEM Laundry

There's no way to fold this neatly: Laundry is really, really dirty. "Your grandmother had cleaner clothes than you do," says Gerba, who attributes the slack to a waning use of hot water (only 5 percent of Americans opt for the hottest rinse) and shortened wash cycles. Viruses are especially resistant to heat, he said, and the average piece of underwear contains about 0.1 grams of feces, enough to wreak havoc if thrown into a load of clothes. In fact, Gerba reports that anyone transferring a load of underwear will get E. coli on his or her hands. Then cross-contamination ensues, and you've got quite a bust in the germ-fighting seam.

SOLUTION

To fight microbes, laundry should be washed in water that's at least 140 degrees and dried for at least 45 min-

utes. Keep undergarments in a separate load. It's also best to wash them last, use a detergent with bleach or a bleach alternative and occasionally give the washing machine what Gerba calls a "mouthwash" — a rinse with bleach sans clothes. Be careful when adjusting water temperatures at home, Rosenbaum says, as hotter temperatures may be hazardous from a bath or sink spout.

PROBLEM Mattress/Pillow

This isn't the stuff dreams are made of: Your mattress and pillow are "reservoirs of the zoological park that is your bedding," Philip Tierno, author of "The Secret Life of Germs" says, naming a long list of microscopic park visitors: dust mites, fungi, pollen, sweat, exfoliated cells, hair and dander, among others.

He points to some pretty dirty statistics: Mattresses have been found to double their weight after 10 years from this collected debris; dust mites and dust mite debris can make up 10 percent of pillows after five years. Besides evoking that creepy-crawly feeling, such litter is known for exacerbating allergies and asthma, two conditions that won't help you breathe or sleep easy.

SOLUTION

Impervious seals around the mattress, box springs and pillows are a quick remedy, Tierno says, and it's smart to wash bedding at least once a week. As for replacing mattresses and pillows, the seals should keep them well

guarded until they are worn out.

Wash bedding once a week.

PROBLEM Entryway/Shoes

Here's a reason to watch your step: The world just may be, to put it bluntly, covered in poo. At least that's what's getting on the bottom of our shoes. Gerba found 13 percent of the shoes he tested had E. coli on the soles after three months of wear; a whopping 90 percent had other fecal matter. That makes the initial three or four steps inside exterior doorways heavy with germs. Also prone to leaving bacteria tracks near entryways: purses. They're known to pick up dirt and bacteria (sometimes in the millions) from days, months, years of being at our sides.

SOLUTION

Beyond taking your shoes off before or soon after you come inside, use a doormat and disinfect shoes with a wipe or spray regularly. Similar protocol goes for purses: When both inside and outside, watch where purses are left lying and try to keep them off the ground (especially in restrooms); disinfect every few days and let air-dry.

Keep bags off restroom floors.

PROBLEM Handheld Technology

The price of technology amounts to extra microbe exposure via phones, remote controls and computers. Recent media commotion over methicillin-resistant staphylococcus aureus (MRSA), which causes serious skin

infections that have proved lethal in some cases, brought the risks of sharing cellphones to attention when traces of the bacteria were found there. According to Tierno, 80 percent of infections of all sorts are contracted through direct (kissing, coughing) or indirect (phones, doorknobs) contact.

Influenza and the common cold are beneficiaries: When testing homes with at least one ill child, Gerba found 80 percent of phone receivers had traces of the flu virus. He also determined that home offices were germier than work offices: Only 12 percent of work spaces at home were reported to be regularly disinfected, and a quarter had MRSA (compared with no MRSA traces in workplace offices). The keyboard was the top spot for germs, beating out the office phone, desktop, computer mouse and chair.

SOLUTION

It's as simple as washing your hands. Sure, wiping with disinfectants is needed, but the gold star of hygiene, and the way to curtail cross-contamination, comes down to soap and water.

Gerba says children under 2 put their hands to their face some 30 to 50 times in one hour; the adult tally is 18. "Teach kids good hand-washing, good respiratory etiquette," says Rosenbaum. She recommends sudsing for 15 to 20 seconds — enough time to sing "Happy Birthday" or "Yankee Doodle" — and using a towel to turn off the faucet. If there's an ill person in the home, she says, handwashing should be a top priority to prevent viruses or bacteria from spreading.

Wash hands at least 15 seconds.

By JESSICA DAMIANO
(C) 2008, NEWSDAY

Sure, you can douse your plants with chemicals. But your wallet—and the environment—may suffer. And if we're talking about edibles, so might your health. Most plants produce their own chemicals to fend off insects and disease, and if you familiarize yourself with them, you can strategically use them to your advantage.

Here are 20 plants that deter pests:

■ Basil: Repels aphids, flies, mos-

quitoes and mites; also has fungicidal properties. Plant around tomatoes to repel hornworms.

■ Borage: Repels tomato worms.
■ Catnip: Repels ants, fleas, mosquitoes.
■ Chamomile: Repels cabbage moths.
■ Chives: Plant around roses and lettuce to repel aphids.
■ Feverfew: Repels moths.

■ Lavender: Repels slugs.
■ Marigolds: Pests find their scent repulsive, so plant them throughout your vegetable garden. French and African varieties eliminate nematodes from the soil.
■ Mint: Repels aphids, cabbage moths and cabbage worms. Plant in containers, though, or it will take over your garden.

■ Nasturtium: Repels aphids and whiteflies. Plant around fruit trees, cucumbers and squash.
■ Onion: Repels ants.
■ Oregano: Repels cucumber beetle.
■ Pennyroyal: Repels ants.
■ Petunia: Repels aphids, leafhoppers, Mexican bean beetles.
■ Radish: Plant around cucumbers

and squash to trap beetles.
■ Rosemary: Deters cabbage moth, bean beetles and carrot fly.
■ Rue: Repels Japanese beetles, flies, fleas and ants. Keep away from basil, though, because neither will grow if planted together. (Also repels cats and keeps them out of your garden.)
■ Tansy: Repels ants.
■ Thyme: Deters cabbage worms and slugs.
■ Tomatoes: Plant around asparagus to repel asparagus beetles.

Chemical-free ways to repel pests

KITCHEN MAGIC**Mixed Greens
with Apricots
and Champagne
Vinaigrette**

This picnic-perfect salad features jewel-toned apricots, toasted pecans and Belgian endive, all dressed in a light Champagne vinaigrette. Transport salad components in separate plastic bags and combine just before serving.

3 tablespoons extra-virgin olive oil
2 tablespoons Champagne vinegar
1 tablespoon minced shallot
1/2 teaspoon Dijon mustard
Salt and pepper
2 heads Belgian endive, separated into leaves
4 apricots, pitted and each cut into 8 wedges
1/3 cup pecans, toasted and coarsely chopped
1 bag (5 ounces) mixed baby greens

1. In a small jar with a tight-fitting lid, combine olive oil, vinegar, shallot, mustard, 1/4 teaspoon salt and 1/4 teaspoon coarsely ground black pepper. Cover jar and shake well to blend.

2. Place endive, apricots and pecans in separate self-sealing plastic bags; refrigerate up to 4 hours.

3. To serve, in bowl, toss greens with endive, apricots, nuts and vinaigrette. Makes 6 first-course servings.

Nectarine and Berry Salad

Summer fruits need little adornment—our Nectarine and Berry Salad gets a little boost from crystallized ginger and fresh lime juice.

3 tablespoons fresh lime juice (from 2 limes)
2 tablespoons finely chopped crystallized ginger
1 tablespoons sugar
2 pounds (6 medium) nectarines, pitted and chopped
2 half-pints blackberries

1. In large bowl, stir lime juice, ginger and sugar until sugar dissolves. Add nectarines and berries, and toss until coated. Makes 8 1/2 cups. Spoon into storage container with tight-fitting lid. Can be refrigerated up to 4 hours. Serves 8.

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READY, SET, DECLUTTER**How to store the Christmas décor**

By LIZ SEYMOUR
(C) 2008, THE WASHINGTON POST

Third of a six-part series

WASHINGTON—Professional organizer Caitlin Shear and I have been diligently combing through the clutter in my attic in search of organization. So far, we have finished what Caitlin calls zoning—the act of grouping similar items together, such as books, photographs or clothing—to see what has actually been hiding up there for the past few years.

Now we have begun the work of sorting through each individual zone.

We started with holiday decorations for one reason: I thought it would be easy. It was a messy pile of boxes, long plastic bags filled with wrapping paper, and a bunch of loose bows and gift tags. But compared with other zones, it didn't contain much stuff to sort through.

When I was in college, I used to tease my mother that she'd failed Christmas 101. The holidays were always a weirdly austere time in the four-room Brooklyn apartment where I grew up. There wasn't room to store much, so she never bought many holiday decorations. For sure, we'd put up a real tree in the living room and hang a real wreath that she'd bought from the vendor standing outside the entrance to the Verrazano-Narrows Bridge on 92nd Street. Sometimes she'd set up an Advent calendar on the marble-top table in the foyer and, on another table, a basket for the Christmas cards that would trickle in during a three-week period in December. There was no fireplace, so no greenery on the mantel; a stocking for me dangled from the living room bookshelves.

And that was pretty much it. So when my husband, Bob, and I moved from the West Coast to Washington in 1999, my parents arrived for their first visit carrying an enormous box containing all of their tree ornaments. "I just figured we'd probably start



having Christmas here," Mom said, as the box dangled off my father's left shoulder.

About three years later I bought two rectangular ornament boxes and took the best of my parents' stars, Santas and balls and combined them with what I had acquired over the years. Every Christmas since then, I'd grab those two boxes from the attic, never bothering to notice what else was accumulating up there.

As Caitlin and I plunged in, she seemed happy to hear this family history, because it meant that my holiday stash is actually pretty manageable. Many of her clients have lots of the trappings of decorations for every conceivable holiday: wreaths, trees and mantels to decorate, full sets of holiday china, burned-out Christmas lights and broken ornaments, Halloween costumes

that haven't been worn in years. People collect decorations for St. Patrick's Day, Valentine's Day and the Fourth of July, she says.

We began by pulling out everything in the holiday junk zone. I looked at every item and asked myself if I really wanted to hold on to it. Ornaments that I had not looked at in six years were immediately set aside to donate. We thought assisted-living centers would be a good drop-off prospect. But only the Goodwill in Northern Virginia would take them, and a representative told Caitlin that usually they accept only current seasonal items.

Among the junk in my attic was a bag full of wrapping paper scraps. No single scrap was large enough to cover much more than a jewelry box, yet there were at least two dozen small pieces there. Caitlin eased

my guilt by encouraging me to throw them out.

Bob puts the lights on the tree each year, and he has a good system for rewrapping them and fitting them neatly in a box. Caitlin saw no reason to mess with that, or with the green box that is just the right size to store my wiry silver-star tree-topper. Usually she tells clients to wrap each strand of lights around a hand and put it in a gallon-size plastic bag. She does not recommend any kind of customized light organizer, because she says they are completely unnecessary.

She also was kind enough not to say anything when I insisted on keeping the snowman cookie jar my cousin handed down to me this year. Tacky, I know, but my two young children, Margaret and Charlie, went crazy for it, just as her two kids had 15

years earlier.

In the end, Caitlin and I accumulated three bags of trash, filled mostly with broken ornaments and ornament boxes from the 1960s and '70s. A few days later, I went to the Container Store and bought two plastic storage boxes (large, small) and an upright wrapping paper holder. In one plastic box I consolidated gift bags, bows, ribbons and gift tags. In the other, bigger, box, I fit decorations for every other holiday of the year: Easter baskets, Halloween candy bags, and leftover Valentine's Day cards that Margaret and Charlie can give to their preschool friends next year.

I cannot believe how nicely we consolidated everything. I feel as if I could actually have the holidays under control this year. Now, there's something to celebrate!

Don't toss that paintbrush

By SAMANTHA MAZZOTTA
(C) 2008 KING FEATURES SYND., INC.



Q: I enjoyed your recent article on techniques that make it easier to restore paintbrushes. You didn't mention oil-based paints and varnish. What would you recommend?—Mario F., via e-mail

A: Naturally, the best way to keep paintbrushes in top shape

is to clean them immediately after use. But even the most disciplined painters will leave a brush out too long or store it bristles-down, so that it becomes misshapen. It happens.

Brushes with dried oil-based paints should be dipped into a container of paint thinner, mineral spirits (also called white spirits) or another solvent such as turpentine. These thinners put out a lot of fumes and are very flammable, so use only in a well-ventilated area (away from common living areas) and well

away from all other flammable materials.

Dip the dried brush into the solvent and keep it in just long enough to saturate the bristles. Then, either place it on a flat surface (protected by newspaper) or suspend it bristles-down by passing a wire through the hole in the handle and hanging the wire up. Don't soak the brush in the solvent container, and don't rest the brush on its bristles.

Periodically check the brush to see if the dried paint is softening up. Dip it in the solvent

again if necessary. When the paint begins to soften, carefully run the spiky side of a cleaner tool (available at paint stores) through the brush, being careful not to tug out bristles. Repeat this process as needed.

Brushes that have become misshapen can be very difficult to straighten out. The only thing to do is clean them thoroughly, store properly, and then use on your next job. The painting action often works the bristles into a somewhat straight position.



HOME TIP: Paint thinner, mineral spirits and solvents can

be reused. Let the thinner rest in a closed container until the solid materials have settled to the bottom. Carefully pour the clear thinner into another container and save it for the next job.

Send questions or home-repair tips to homeguru2000@hotmail.com, or write *This Is a Hammer*, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

The Good Life

Randy Pausch, the professor who gave the lecture of a lifetime

By NEELY TUCKER

(C) 2008, THE WASHINGTON POST

It was not really complicated.

Randy Pausch, a computer science professor at Carnegie Mellon University in Pittsburgh, stood up last Sept. 18 and gave a talk to about 400 students, faculty and friends about some life lessons he'd learned. He was 47, he was in the early stages of pancreatic cancer, and he thought that an amiable presentation to his school—with the notion that his young children might value a videotape of the speech later on—might be a good idea.

He was right. Well, except for the part where he said that a computer learning program named "Alice" would be his legacy. He was wrong about that.

Pausch died Friday at his home in Chesapeake, Va., the co-author of the No. 1 bestseller "The Last Lecture" and star of an Internet video sensation, that of his

speech. More than 6 million people have viewed highlights or the entirety of the 76-minute talk, and Hyperion has 2.8 million copies of the book in print. It's being translated into more than a dozen languages. He was eulogized across the land.

It seems safe to say that will be the professor's legacy.

There was no \$6.7 million book deal the day he gave the speech, and no promise of any sort of glory. There was just a bright, personable guy with a lot of energy, a terminal disease, and something he wanted to say. He was witty and earnest and did not blink in the face of his demise. He wore tan slacks, a knit shirt and a mop-top haircut, and he had goofy props. He gave the impression of a guy who would go out on his deathbed like Oscar Wilde. Shortly before he died, it is said, Wilde looked around his room and said: "My wallpaper and I are fighting a duel to the death.

One or the other of us has to go."

It's tough to beat that, but Randy Pausch did just fine.

"If I don't seem as depressed or morose as I should be, sorry to disappoint you," he said.

"If you have any herbal supplements or remedies, please stay away from me," he said.

"I'm dying, and I'm having fun," he said.

He said he wasn't going to talk about things that were the most important—his wife, Jai, and children, Logan, Chloe and Dylan—but he would talk about making your childhood dreams come true. That was the surface topic—stuff about how he wanted to be in zero gravity, play in the National Football

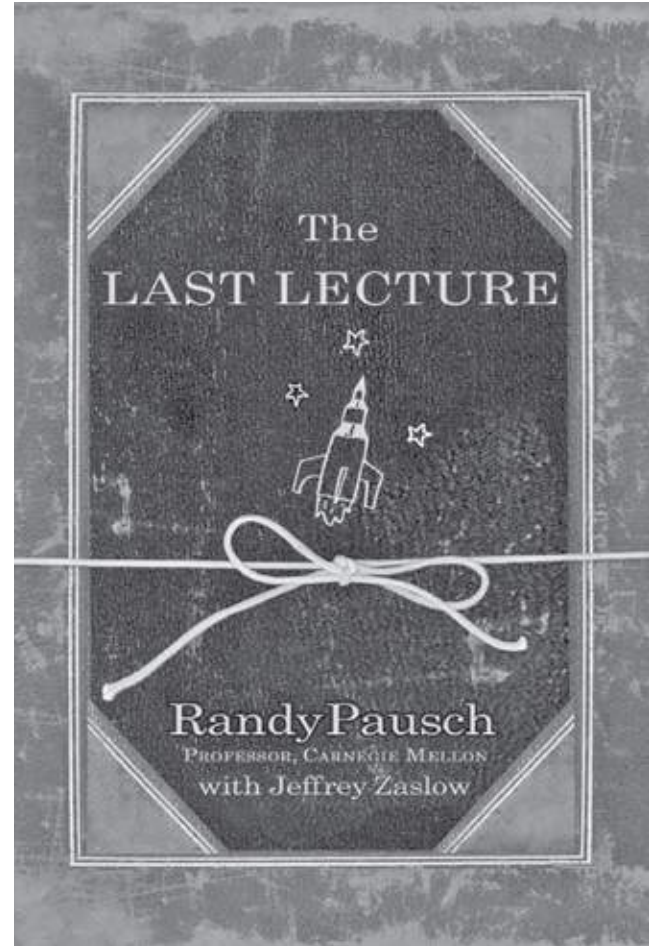
League, write an article for the World Book Encyclopedia. The underlying lesson, he said, was that if you live your life the right way, the dreams take care of themselves. Good conduct consisted of being earnest, honest, working hard and realizing that brick walls in life are only there to separate those who really want to do something from those who just say they want to.

Do all that and "the dreams come to you," he said.

This is not rocket science. The display of sincere emotion is not terribly complicated, and it is always moving

to other human beings. It is surprisingly easy to recognize. This can be learned by watching people tell you a story in a language that you don't understand. You'll realize, before you get the translation, whether you believe what they are saying, and whether you care.

Sincerity translates, in other words, on a far more primal level than language. This, Randy Pausch under-



The No. 1 bestseller "The Last Lecture" written by Randy Pausch.

stood. And on the one day he could leave a scratch mark on the face of oblivion, he did so with simple, honest life lessons. That they were ultimately intended for his children after his death gave the talk its aura, and he was showman enough to intuit that.

The book was an afterthought.

Jeffrey Zaslow, a Wall Street Journal columnist, attended the speech and wrote a column about it. It was a huge hit on the Journal's Web site, which led to television appearances for Pausch and to much publishing buzz.

Pausch was unfazed.

"It took him five weeks to make up his mind he even wanted to do it," Zaslow said Friday in a telephone interview. The pair worked out the book during the course of 53 hour-long talks, conversing by phone while Pausch cycled around his neighborhood last winter to keep his strength

up. Zaslow put in herculean hours and got the book out this spring.

And then the season turned to summer, and the tumors came and claimed him.

Death was, as he had made clear that magic evening on the stage, both near and inevitable. But he had made sure his legacy was set. He had done all that a father can—provide for his children and, at the end, let them know that all he really did in this life was to love them.

Life is not complicated and it is not fair, Randy Pausch might have said. It's just hard sometimes.

Carnegie Mellon University professor Randy Pausch takes a tour of the Steelers South Side facility, in Pittsburgh in this October 3, 2007, file photo.

AP

Bob Weber Jr.'s Slylock Fox and COMICS for KIDS

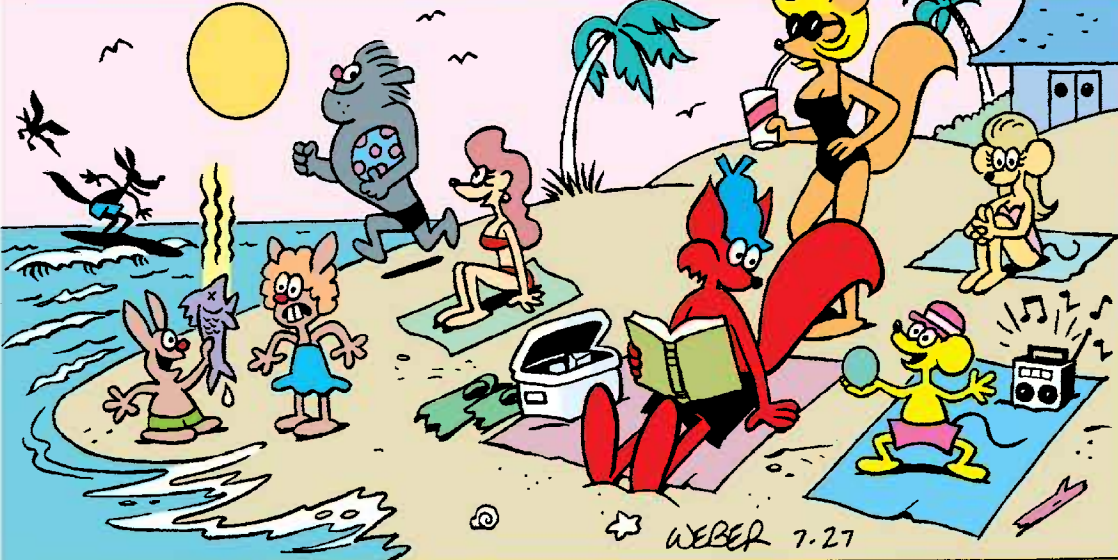
Which scene is slightly different from the other two?



Answer -- Number three.

While Slylock Fox and Max Mouse relax at the beach with friends, Max challenges Slylock with the following riddle: "How can I throw an ordinary rubber ball as far as possible and have it return to my hand all by itself?" Slylock Fox knows the answer. Do you?

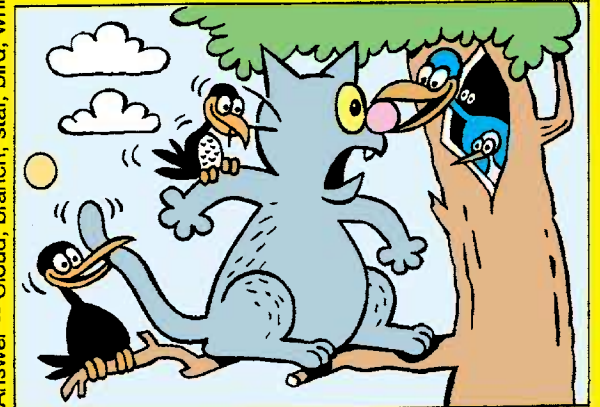
Solution -- If Max throws the ball straight up into the air, it will fall back into Max's hand.



Find six differences between these panels.



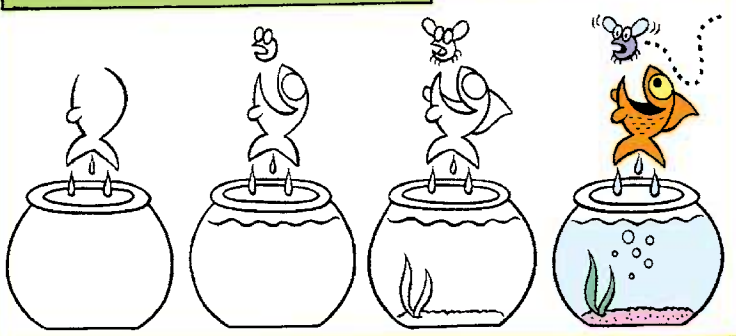
www.kidcartoonists.com



Answer -- Cloud, branch, star, bird, whisker and feather.

New! The fourth Find the six differences collection is here. Send \$4 (check/money order in U.S. funds made payable to King Features) with your name and address to Six Differences No. 4, P.O. Box 536475, Orlando, FL 32853-6475

HOW TO DRAW a hungry fish



YOUR DRAWING

Today's wonderful featured artist is Seryn Bentley, age 8, of Louisville, KY



Submit your drawings at www.kidcartoonists.com

A newly hatched fish is called a ...

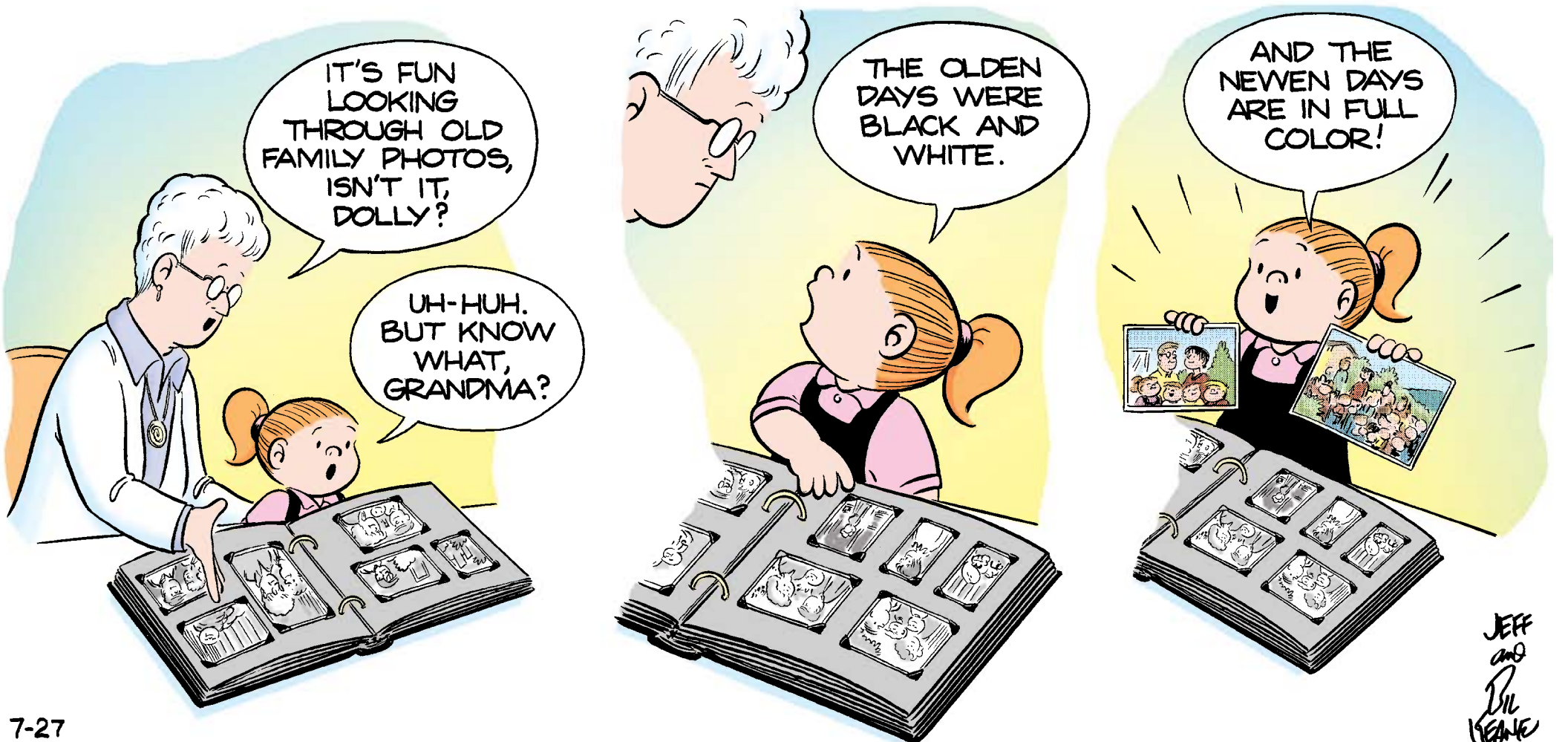
- a) Gilly
- b) Tadpole
- c) Fry
- d) Minnow
- e) Newbie

Answer -- c)

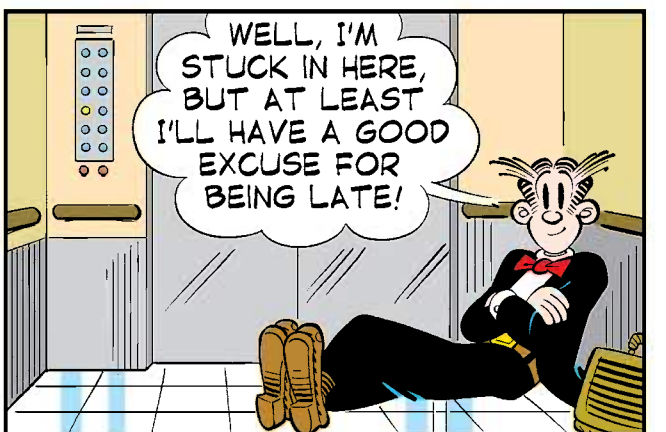
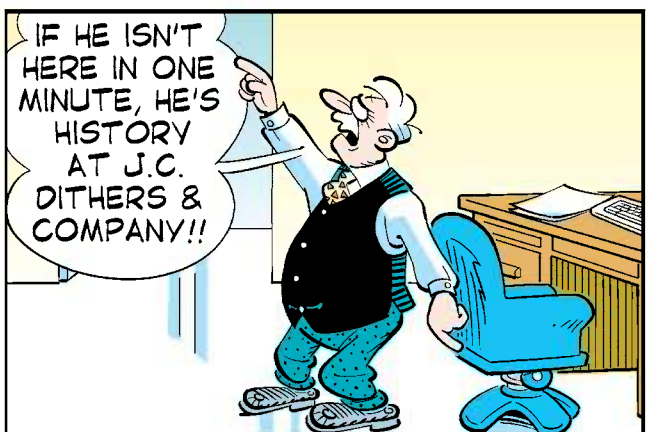
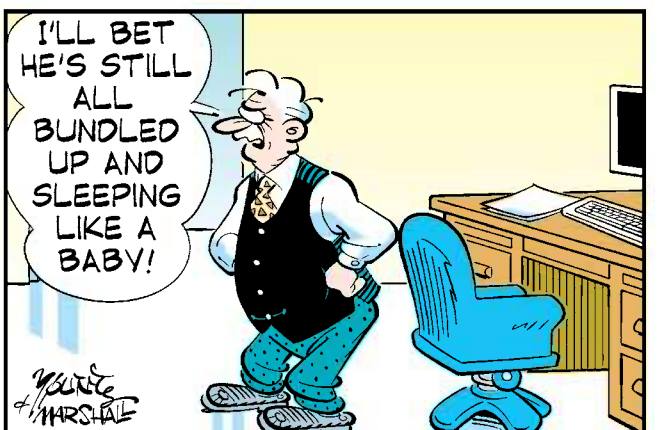
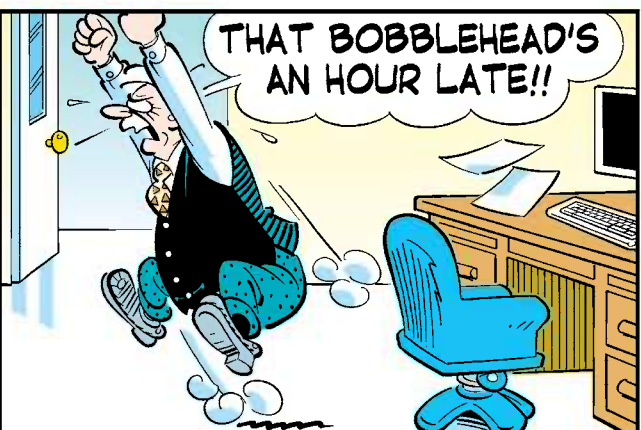
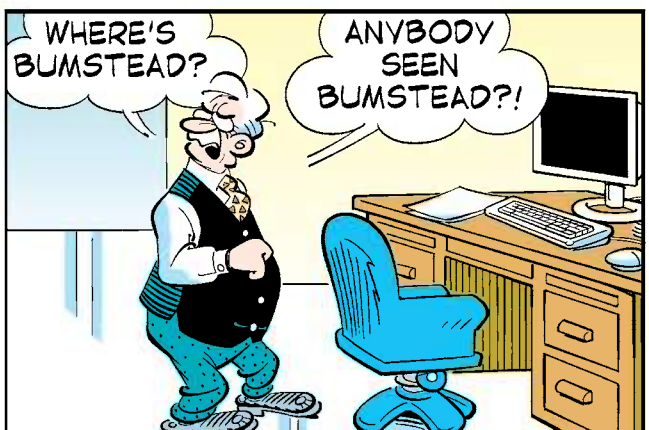
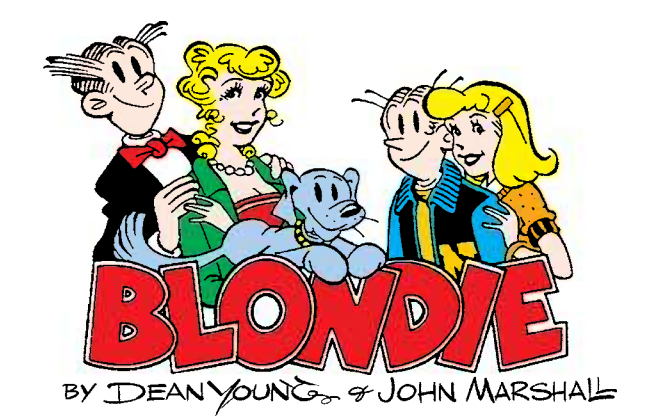
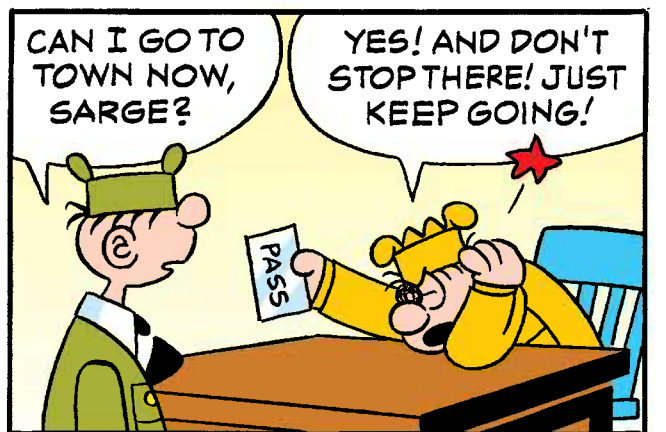
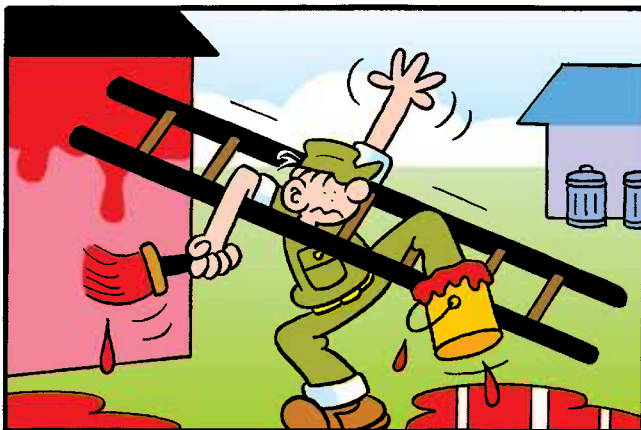
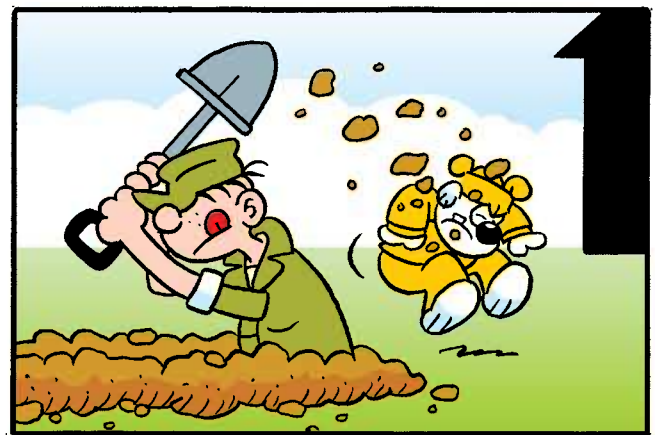
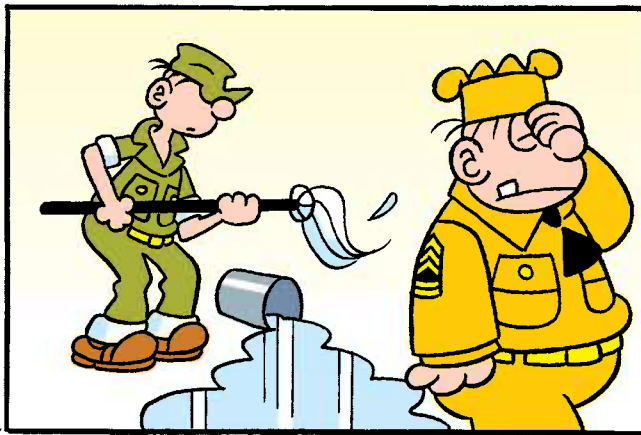
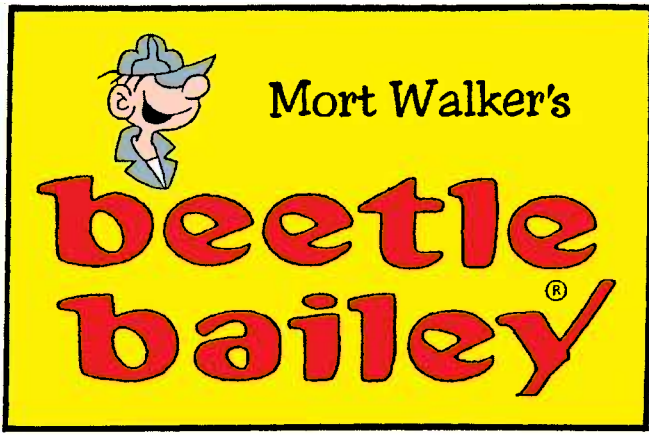
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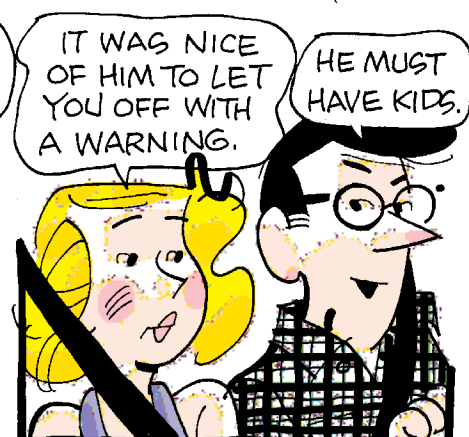
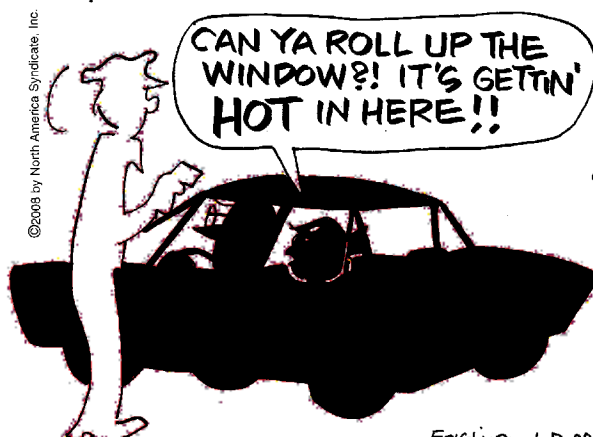
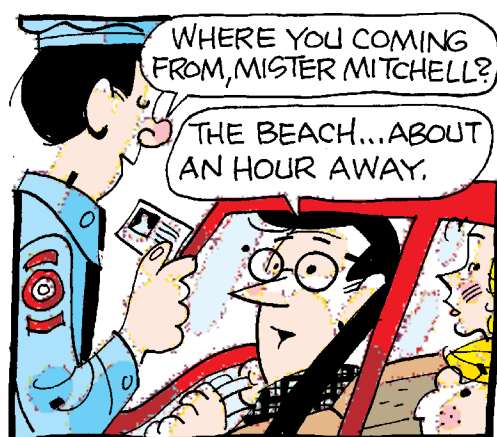
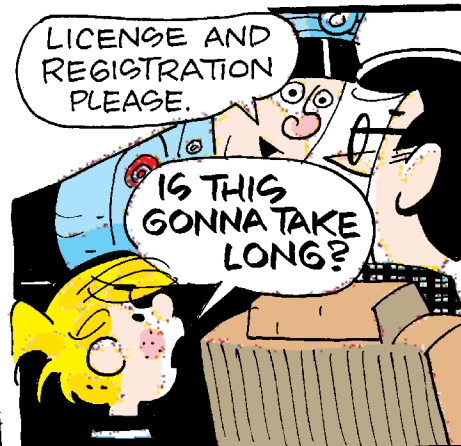
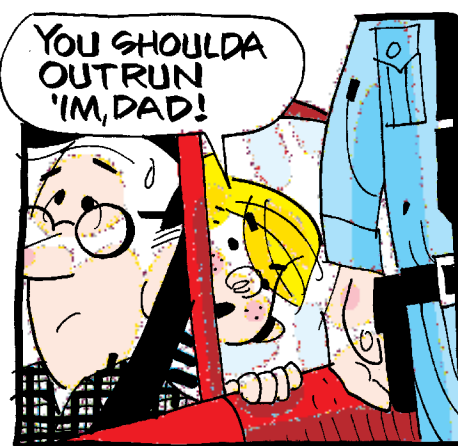
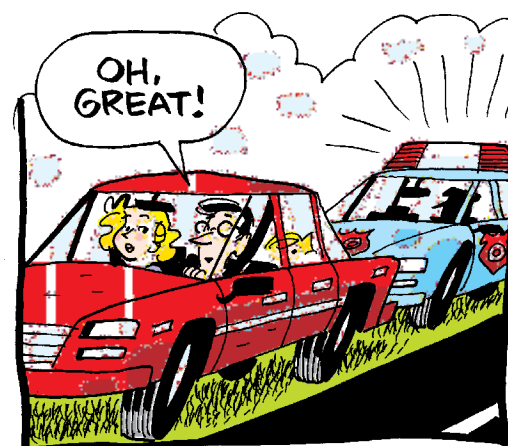
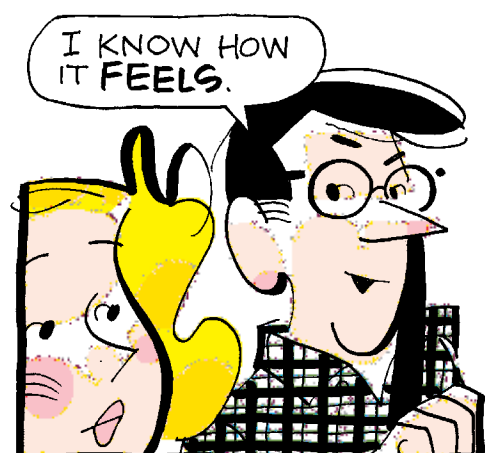
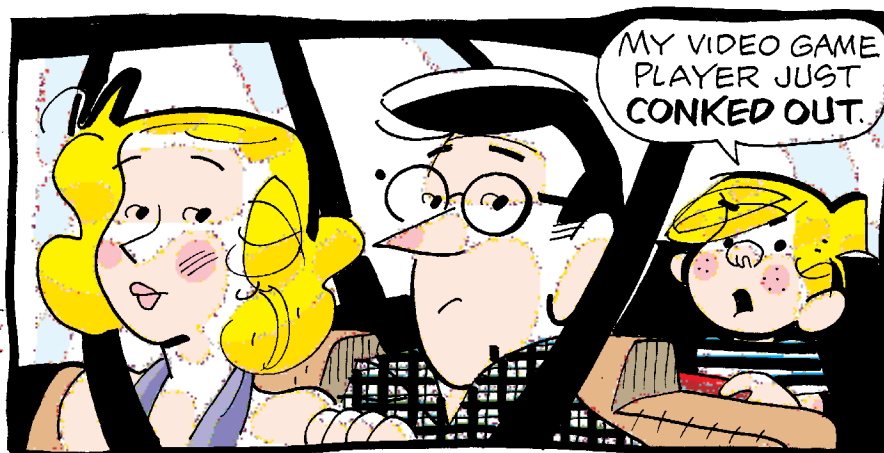
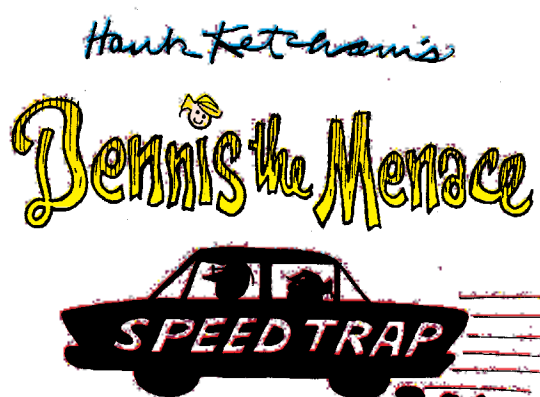
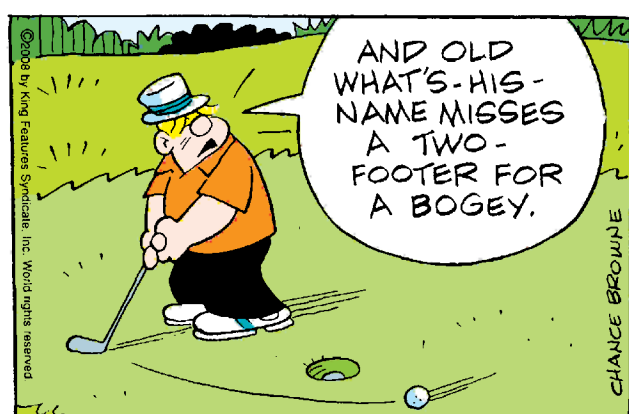
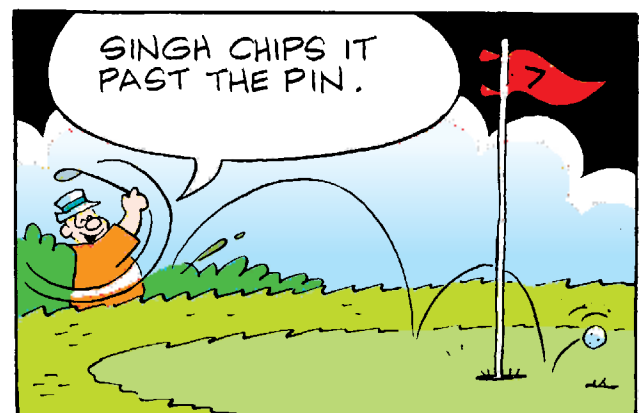
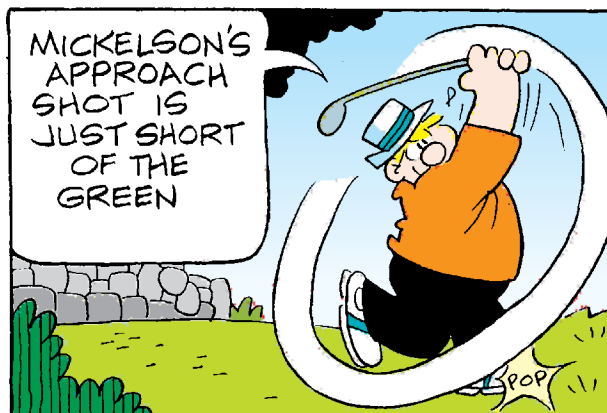
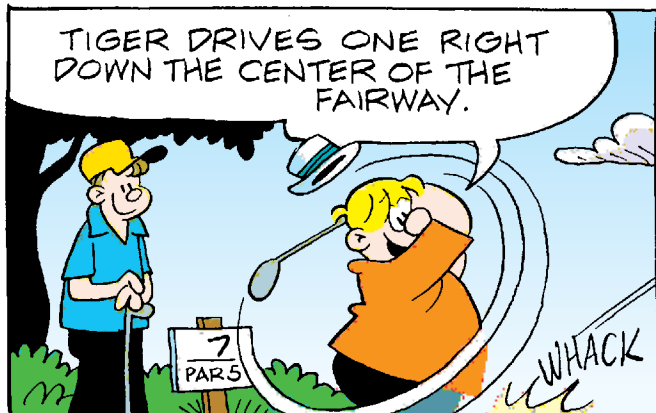
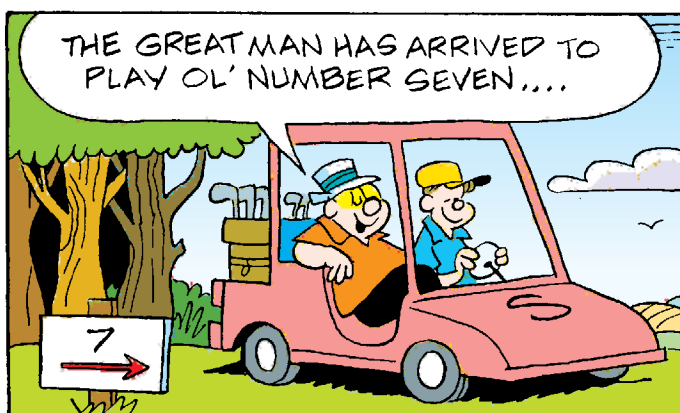
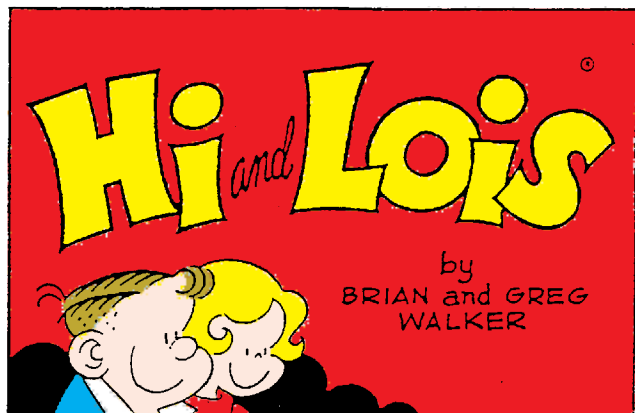
THE FAMILY CIRCUS®

By Bil Keane



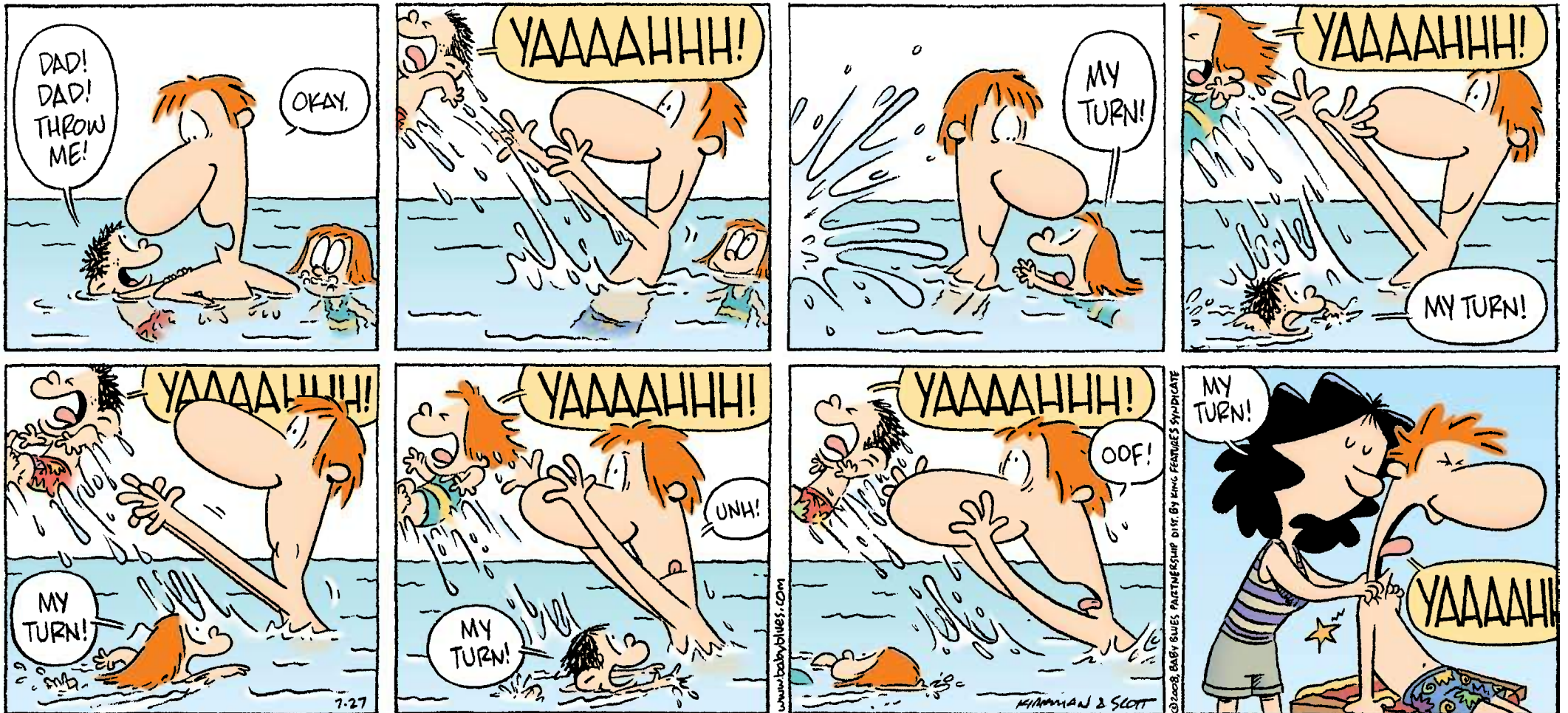
JEFF and Bil KEANE





BABY BLUES™

BY RICK KIRKMAN & JERRY SCOTT



ARIES (March 21 to April 19) Your zeal for challenges usually works well for you. But this week it's best to avoid jumping into new situations without more information. Vital news emerges by the weekend.

TAURUS (April 20 to May 20) Once again, the Bovine's patience pays off as that pesky problem works itself out without taking too much of your valuable time. A new task opens interesting possibilities.

GEMINI (May 21 to June 20) Those suggestions you want to share need to be set aside for a while so you can focus on the job at hand. There'll be time later to put your ideas into a workable format.

CANCER (June 21 to July 22) Be sure about your sources before you use the information in any decision you reach about your new project. Some of the data might be out of date or misinterpreted.

LEO (July 23 to August 22) A sudden challenge might rattle you at first. But pump up that strong Lion's heart with a full measure of courage and face it with the continuing support of family and friends.

VIRGO (August 23 to September 22) Watch your expenses this week so you can have a financial cushion to fall back on should things tighten up later this month. Money matters ease by the 31st.



LIBRA (September 23 to October 22) Uncertainty over workplace policy creates anxiety and confusion among your colleagues. Don't be surprised if you're asked, once again, to help work things out.



SCORPIO (October 23 to November 21) The workweek keeps you busy tying up loose ends and checking data that needs to be verified. The weekend offers a chance to relax and restore your spent energies.



SAGITTARIUS (November 22 to December 21) This is not the best time to go to extremes to prove a point. Better to set a sensible goal now and move forward. There'll be time later to take the bolder course.



CAPRICORN (December 22 to January 19) A step-by-step progression is the better way to move ahead. Taking shortcuts could be risky at this time. Important news arrives on the 31st.



AQUARIUS (January 20 to February 18) Avoid getting drawn into workplace disputes that should be handled by those directly involved. Instead, spend your energy developing those new ideas.



PISCES (February 19 to March 20) You still need to be prudent about money matters. But things start to ease by the end of the week. A weekend encounter with an old friend brings welcome news.

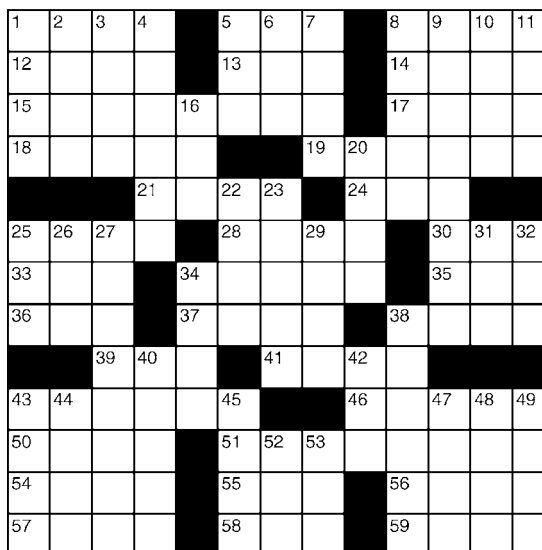
BORN THIS WEEK: You handle challenging situations with boldness when necessary and caution when called for.

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King Crossword

ACROSS

- 1 Tibetan monk
- 5 Brooch
- 8 First victim
- 12 Blackbirds
- 13 Buck's mate
- 14 Portrayal
- 15 Personal aura
- 17 River of England
- 18 Strips in the kitchen?
- 19 Housecoat of a sort
- 21 Pinion partner
- 24 Architect I.M.
- 25 Diastemata
- 28 Fibs
- 30 Proof abbr.
- 33 Volcano output
- 34 Easter symbol
- 35 E.T.'s craft
- 36 The air up there
- 37 Give a makeover
- 38 "Little Women" woman
- 39 Caribbean or Coral
- 41 Wings
- 43 East-of-the-Urals folks
- 46 Collision
- 50 Common queries, on a Web site
- 51 Review



- | | | |
|---------------------|----------------------|---------------------|
| 54 Chills and fever | 6 Debtor's letters | interjection |
| 55 Fine, to NASA | 7 Requirement | 34 Cereal choice |
| 56 Undressed | 8 Got up | 38 Alaska explorer |
| 57 Oboist's sliver | 9 Small shop | 40 Made comfortable |
| 58 Larry's pal | 10 Otherwise | 42 Performance |
| 59 React in horror | 11 Groucho-like look | 43 At a distance |
| | 16 - jiffy | 44 Full of wisdom |
| | 20 Daisy lead-in | 45 Con game |
| | 22 Hint | 47 Blue hue |
| | 23 In a way | 48 Lather |
| | 25 Petrol | 49 Dickens' Uriah |
| | 26 Invite | 52 Kanga's kid |
| | 27 Bod | 53 Mamie's man |
| | 29 Carbon compound | |
| | 31 Small salamander | |
| | 32 Homer's | |

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top ten

TV Cartoon Characters

1. Bugs Bunny
2. Homer Simpson
3. Rocky and Bullwinkle
4. Beavis and Butt-Head
5. The Grinch
6. Fred Flintstone and Barney Rubble
7. Angelica Pickles
8. Charlie Brown and Snoopy
9. SpongeBob SquarePants
10. Cartman from "South Park"

Source: TV Guide

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KING CROSSWORD LAST SUNDAY'S ANSWERS



United States

Tornado causes severe damage in 9 towns

ACROSS THE NATION

Pa. teens charged in fatal beating of immigrant

PORT CARBON, Pa. (AP)—Three white teens were charged Friday in what officials said was an epithet-filled fatal beating of an illegal Mexican immigrant in a small northeast Pennsylvania coal town. Brandon J. Piekarsky, 16, and Colin J. Walsh, 17, were charged as adults with homicide and ethnic intimidation in the July 12 attack on Luis Ramirez. A third teen, Derrick M. Donchak, 18, was charged with aggravated assault, ethnic intimidation and other offenses. All are from Shenandoah, where the attack occurred. All three suspects used ethnic slurs during the fight, which ended with Ramirez in convulsions and foaming at the mouth, authorities said. The attackers fled the scene; Ramirez underwent surgery but died July 14 of head injuries.

California bans restaurants from using trans fats

SACRAMENTO, Calif. (AP)—California on Friday became the first state to ban trans fats from restaurant food, following several cities and major fast-food chains in erasing the notorious artery-clogger from menus. Gov. Arnold Schwarzenegger signed legislation that will ban restaurants and other retail food establishments from using oil, margarine and shortening containing trans fats. In a statement, Schwarzenegger noted that consuming trans fat is linked to coronary heart disease. Violations could result in fines of \$25 to \$1,000. Food items sold in their manufacturers' sealed packaging would be exempt.

Parents of slain pregnant woman forgive suspect

MCKEESPORT, Pa. (AP)—The parents of a slain pregnant woman said Friday they have forgiven the suspect charged with killing their daughter and cutting her baby out of the womb. The parents of Kia Johnson, 18, spoke after a funeral for their daughter, whose body was found bound and eviscerated last week in the Wilkinsburg home of Andrea Curry-Demus. "I forgive her for the simple fact that if she wouldn't have took the baby to the hospital, we would not have been able to find our daughter," said Johnson's mother, Darlene Lee, of Washington, D.C. Allegheny County police say Curry-Demus, 38, took the newborn boy with his umbilical cord still attached to a Pittsburgh hospital on July 16 and claimed she had just given birth.

Police say man shot lawn mower that wouldn't start

MILWAUKEE (AP)—A 56-year-old Milwaukee man is accused of shooting his lawn mower because it wouldn't start. Keith Walendowski has been charged with felony possession of a short-barreled shotgun or rifle and misdemeanor disorderly conduct while armed. According to the criminal complaint, Walendowski says he was angry because his Lawn Boy wouldn't start Wednesday morning. He told police: "I can do that, it's my lawn mower and my yard so I can shoot it if I want." A woman who lives at Walendowski's house reported the incident.

N.J. lawmakers push for porn filters on computers

TRENTON, N.J. (AP)—Legislative leaders sought to install filters to block inappropriate material from being viewed on state computers two days after a veteran assemblyman's computer was seized for containing child pornography. The leaders released a statement Friday saying they want "the most aggressive Internet filtering software available on all computers in the Legislature." The move comes after state investigators seized computers from Assemblyman Neil Cohen on Wednesday. Sen. Raymond Lesniak and Assemblyman Joseph Cryan, who share that office, had alerted authorities about the pornography.

OSHA fines Imperial Sugar \$8.7M in deadly blast

SAVANNAH, Ga. (AP)—Federal officials said Friday that Imperial Sugar Co. should face fines of more than \$8.7 million for violations at two plants, including a Georgia facility where an explosion killed 13 people. The fines would be the third-highest in the history of the Occupational Safety and Health Administration's nearly 40-year existence. They include \$5 million for the explosion near Savannah on Feb. 7 and \$3.7 million for the plant in Gramercy, La. OSHA investigators concluded the explosion was most likely caused when a large bucket used to haul sugar in a silo elevator broke loose and struck the metal siding, causing a spark that ignited sugar dust accumulated beneath the 100-foot silos.

EPSOM, N.H. (AP)—A baby's cries led rescuers to the 3-month-old in the wreckage of a home flattened by a tornado that killed his grandmother and blew his grandfather into the yard, officials said Friday.

Brenda Stevens, 57, was the only person killed in Thursday's twister, which left a 20-mile-long swath of fallen trees and damaged homes in central New Hampshire.

Officials estimate that at least a half-dozen homes were destroyed and hundreds were

damaged in the heavily wooded, sparsely populated terrain. The National Weather Service said nine towns suffered severe damage from the tornado, which at times reached wind speeds of 111-135 mph.

Countless people had close calls, including Mike Troy of Barnstead, who tried in vain to close his garage door as the wind began to howl.

"The wind - at first it felt like a push, then I got sucked out, then pushed back," he said. "I could hear things snapping. I

could see things flying," including his canoe, which landed about 100 feet away.

With trees toppling around him, Troy tried to get into his house but couldn't open the door more than 2 or 3 inches because of the air pressure.

"It was all gray and white and stuff going by," Troy said.

Stevens died when the tornado obliterated a home near Northfield Lake in Deerfield as she and her grandson were on the first floor. Her husband, Harley, had just headed down from the sec-

ond floor when he "was blown out the side of the building and found in the side yard," state Fire Marshal William Degnan said.

Degnan said the boy's crying soon led firefighters to him in the rubble. Officials said the infant was protected by being in a void.

The baby was admitted to Concord Hospital, but a spokesman said no information would be released at the family's request. The hospital said Harley Stevens was released after being examined in its emergency room.



SUBMARINE SALVAGED

This photo provided by the U.S. Navy shows former Soviet submarine Juliett 484 coming to the surface of the Providence River Friday, July 25, 2008. In Providence, R.I. Military salvage teams used hydraulic pumps and pontoons Friday to raise a Russian submarine that sank in the Providence River last year during a storm. The 282-foot-long submarine, known as Juliett 484, was once featured in a Hollywood film and had been used as the floating Russian Sub Museum until April 2007, when it was swamped after a powerful nor'easter. Military officials said it could take up to eight hours to raise the sub back to the surface.

FDA: Avoid jalapenos from Mexico, not US

WASHINGTON (AP)—Only jalapeno peppers grown in Mexico are implicated in the nationwide salmonella outbreak, the government announced Friday in clearing the U.S. crop.

The Food and Drug Administration urged consumers to avoid raw Mexican jalapenos and the serrano peppers often confused with them, or dishes made with them such as fresh salsa.

But the big question is how

those who love hot peppers would know where the chiles came from, especially in restaurant food.

"You're going to have to ask the person you're buying it from," said Dr. David Acheson, the FDA's food safety chief, who is advising restaurants and grocery stores to know their suppliers and pass that information to customers.

The big break in an outbreak that now has sickened nearly 1,300 people came on Mon-

day, when FDA announced it had found the same strain of salmonella responsible for the outbreak on a single Mexican-grown jalapeno in a south Texas produce warehouse.

Tomatoes had been the prime suspect for weeks. And while those now on the market are considered safe to eat, health officials still haven't exonerated them from causing illnesses when the outbreak began in April.

McCain rejects 'audacity of hopelessness' for Iraq

DENVER (AP)—Republican presidential candidate John McCain, ridiculing Barack Obama for "the audacity of hopelessness" in his policies on Iraq, said Friday that the entire Middle East could have plunged into war had U.S. troops been withdrawn as his rival advocated.

Speaking to an audience of Hispanic military veterans, McCain stepped up his criticism of Obama while the Illinois senator continued his headline-grabbing tour of the Middle East and Europe. The Arizona Republican contend-

ed that Obama's policies—he opposed sending more troops

right," McCain said, a play on the title of Obama's book "The Audacity of Hope."

McCain laid out a near-apocalyptic chain of events he said could have resulted had Obama managed to stop the troop buildup ordered by President Bush: U.S. forces retreating under fire, the Iraqi army collapsing, civilian casualties increasing dramatically, al-Qaida killing cooperative Sunni sheiks and finding safe havens to train fighters and launch attacks on Americans, and civil war, genocide and a wider conflict.



McCain



Obama

to Iraq in the "surge" that McCain supported—would have led to defeat there and in Afghanistan.

"We rejected the audacity of hopelessness, and we were

Phoenix police: College shooter was punched first

PHOENIX (AP)—The most seriously wounded of three people shot in a community-college computer lab had punched the gunman, an old enemy, in the face before he opened fire, police said Friday.

Isaac Deshay Smith was sentenced to jail for attacking Rodney Smith in December, and the two unrelated men had gotten into verbal confrontations every time they met since then, Phoenix Detective Reuben Gonzales said.

On Thursday, police said, Isaac Smith, 19, punched 22-year-old Rodney Smith during a confrontation at South Mountain Community College.

Rodney Smith, like Isaac Smith a former student of the school, then pulled a handgun from his waist and opened fire, according to a probable cause statement released Friday. School officials say 20 to 30 people were in the lab, which is open to the public.

Asia

Hole in jumbo jet probed

MANILA, Philippines (AP)—Australian investigators on Saturday began examining a Qantas jumbo jet which had to make an emergency landing after a large hole opened on its fuselage, a Philippine aviation official said.

The Boeing 747-400 was cruising at 29,000 feet with 346 passengers Friday when it was shaken by an explosive bang. The plane descended rapidly before landing safely minutes later at the Manila airport.

There were no injuries among the passengers and crew, but some of the passengers suffered nausea.

Ruben Ciron, chief of the Civil Aviation Authority of the Philippines, said four specialists from the Australian Transport Safety Bureau were still inspecting the aircraft to determine what caused the damage.

Qantas Chief Executive Officer Geoff Dixon told reporters Saturday he was "horrified" after seeing pictures of the aircraft's gaping hole. He said it was too early to speculate on what caused the damage.

"There are thousands of aircraft flying around the world today, things happen. Something has happened here and we cannot speculate any more about what did happen," Dixon said.

Passengers on Flight QF 30, enroute to Melbourne from London, had just been served a meal after a stopover in Hong Kong when they heard a loud bang, then their ears popped as air rushed out the hole.

After disembarking, they saw a gaping 9-foot wide hole at the joint where the front of the right wing attaches to the plane.

Luggage from the cargo hold strained against the webbing used to keep it from shifting during a flight.

The passengers boarded another Qantas plane to Melbourne before midnight Friday.

An official of the U.S. Transportation Security Administration said initial reports indicated

no link to terrorism.

Peter Gibson, spokesman for Australia's Civil Aviation Safety Authority, said speculation that rust contributed to the accident could be discounted.

"It's clearly an extremely rare and unusual event that a hole opens up in the fuselage," he told reporters in Australia.



In this photo released by the Media Affairs Division of the Ninoy Aquino International Airport in Manila, Philippines, luggage is seen from the damaged right wing fuselage of Qantas Airways' Boeing 747-400 passenger plane following an emergency landing at the Ninoy Aquino International Airport Friday July 25, 2008, in Manila, Philippines.

ASIAN BRIEFS

2 NATO soldiers killed in Afghanistan

KABUL, Afghanistan (AP)—A British army dog handler was fatally shot by insurgents in southern Afghanistan, where a Danish soldier died in a separate roadside bomb attack, officials said Friday. Britain's Ministry of Defense said the soldier from the Royal Army Veterinary Corps was hit by small arms fire during a patrol in the Sangin area of Helmand province on Thursday. An explosives sniffer dog also died. Six troops were wounded, all from the elite Parachute Regiment, the ministry said. None of their injuries was life-threatening. The latest death brings the number of British troops killed in Afghanistan since 2001 to 112.

Malaysia urges US not to interfere in Anwar case

PUTRAJAYA, Malaysia (AP)—Malaysia's leader urged the United States on Friday to

respect his country's sovereignty by not meddling in its investigation into a sodomy accusation against opposition leader Anwar Ibrahim. Prime Minister Abdullah Ahmad Badawi was responding to Secretary of State Condoleezza Rice's call for Malaysia to be transparent and to follow the rule of law in the case. "We are a sovereign country," Abdullah told reporters. "We have our own set of laws. Whatever we do, we will make every effort to ensure this is consistent with the laws." Anwar has rejected accusations of sodomy made last month by a male aide.

Military: Sri Lankan fighting kills 49

COLOMBO, Sri Lanka (AP)—Sri Lankan troops fought off an attack early Friday from ethnic Tamil rebels trying to recapture lost territory, as violence in the northern battle zone killed 46 rebels and three soldiers, the military said. The Tamil Tigers' pre-dawn attack came hours af-

ter government forces captured a section of rebel-held territory near a key supply route in the Mullaitivu district, about two miles south of the village of Mallavi, said military spokesman Brig. Udaya Nanayakkara. Battles in other parts of the war zone Thursday killed 13 rebels and three soldiers, he said.

Hot, impatient crowd vies for Olympics tickets

BEIJING (AP)—A crowd of 30,000 people, baking in the heat and waiting for up to two days, swarmed a ticketing center Friday as the final batch of Olympic tickets went on sale. Police shoved and kicked them and used metal barricades to prevent a stampede. The Aug. 8-24 Beijing Games are the first Olympics expected to be sold out, and some fans spent the night on thin bamboo mats and newspapers for a chance to buy the 250,000 tickets that went on sale in different parts of the city.

World

Appeal deadline passes for Karadzic

BELGRADE, Serbia (AP)—The deadline passed late Friday for Radovan Karadzic to lodge a formal appeal against his handover to the war crimes court in The Hague, Netherlands, with the ex-Bosnian Serb warlord's lawyer refusing to confirm that he had taken that step.

The lawyer, Sveta Vujacic, was clearly doing all he could to fight the extradition, but that included keeping everyone guessing.

Karadzic faces 11 charges against him at The Hague tribunal, including genocide and conspiracy to commit genocide for allegedly masterminding the 1995 slaughter of 8,000

Muslim men and boys in Srebrenica - Europe's worst massacre since World War II.

A prosecutor interviewed Karadzic for more than an hour on Friday about the details of the war crime suspect's arrest, Vujacic said.

Karadzic then had until midnight to lodge the formal appeal, Serbian court spokeswoman Ivana Ramic told The Associated Press. Once the Serb court receives the appeal, a panel of judges will meet to decide on it, Ramic explained. After that, the case will be handed over to the Serbian government, which issues the final extradition order.

But all Vujacic would say

was that he planned to mail Karadzic's appeal to the court five minutes before post offices closed at 8 p.m. (1800 GMT) - a move aimed at prolonging Karadzic's extradition period. He predicted that Karadzic would not be extradited before Wednesday.

Vujacic later told the AP that he would not confirm filing the appeal, which he said can be mailed from any post office in Serbia. "All those waiting for me to show up will be disappointed. Any of my assistants or couriers can mail it," Vujacic said. Serbia's state Tanjug news agency quoting him as saying this was part of his defense strategy.

Israeli newspaper publishes Obama's handwritten prayer

JERUSALEM (AP)—An Israeli newspaper's decision to publish a handwritten prayer left by Barack Obama in the cracks of Jerusalem's Western Wall drew criticism Friday as an invasion of his privacy and his relationship with God.

In the note, placed at Judaism's holiest site Thursday, Obama asks God to guide him and guard his family.

"Lord - Protect my family and me. Forgive me my sins, and help me guard against pride and despair. Give me the wisdom to do what is right and just. And make me an instrument of your will," reads the note published in Maariv.

Maariv ran a photograph of the note on its front page Friday. It said the note was removed from the wall by a Jewish seminary student immediately after Obama left.

Obama spokesman Robert Gibbs would neither confirm nor deny the note was Obama's, but the handwriting was similar to another message written by the presidential candidate during his time in Israel this week.

The paper's decision to make the note public brought quick criticism from religious



U.S. Democratic presidential contender Sen. Barack Obama, D-Ill., prays at the Western Wall, Judaism's holiest site, in Jerusalem's Old City, early Thursday, July 24, 2008.

authorities. The rabbi in charge of the Western Wall, Shmuel Rabinovitz, called it an intrusion on Obama's intimate relationship with God.

"The notes placed between the stones of the Western Wall are between a person and his maker. It is forbidden to read them or make any use of them," Rabinovitz told Army Radio.

The newspaper's action "damages the Western Wall and damages the personal, deep part of every one of us that we keep to ourselves," he added.

Many visitors to the 2,000-year-old Western Wall leave

notes in its crevices bearing requests and prayers. Obama placed a small note and then bowed his head during a pre-dawn visit Thursday, following a day spent in talks with Israeli and Palestinian leaders.

The Western Wall is the lone remaining outer retaining wall of the second biblical Jewish temple, which was destroyed by the Romans in A.D. 70. Revered as Judaism's holiest site, it stands where the Bible says King Solomon built the first Jewish Temple, which was destroyed by the Babylonians in 586 B.C.

Poland: No to DNA test on Chopin heart

WARSAW, Poland (AP)—Like a religious relic, the heart of composer Frederic Chopin rests in a Warsaw church, untouched since it was preserved in alcohol after his death in 1849 at age 39. And that's how the Polish government wants to keep it.

Scientists want to remove the heart for DNA tests to see if Chopin actually died from cystic fibrosis and not tuberculosis as his death certificate

stated. But the government says that's not a good reason to disturb the remains of a revered native son.

The heart lies in a jar sealed inside a pillar at Warsaw's Holy Cross Church - and the only time it has been removed was for safekeeping during World War II.

Before it was returned in 1951, a doctor examined the heart and found it perfectly preserved in an alcohol that

many think is cognac. Chopin died in France, where his body is buried, but he asked that his heart be sent to his homeland.

Cystic fibrosis, an incurable genetic disease, was not discovered until many decades after Chopin's death, and the scientists who want to examine the heart say many of his symptoms match that illness, including respiratory infections, recurrent fevers, delayed puberty and infertility.

Focus

A young soldier's evocative war diary, silenced

By ERNESTO LONDONO
(C) 2008, THE WASHINGTON POST

"There was a boy who went to war, like many other boys before him. Maybe it made him a man, maybe it didn't. Maybe he already was a man, maybe he wasn't. Maybe it doesn't matter, maybe none of it does, maybe it all does. Maybe."

— Lt. G, March 4

BAGHDAD, Iraq—He was an unlikely warrior, this scrawny boy from Reno, Nev., the son of two lawyers, raised in the suburbs.

He had a way with words, this boy. When his Stryker unit deployed to Iraq last winter, he was a rookie platoon leader who had never seen combat. And like many other soldiers before him, he decided he'd chronicle the war on a blog. Intending to keep family and friends abreast of the follies and pitfalls of soldiering in a five-year-old war that now relies less on gunfire and more on diplomacy, this boy, under the pen name Lt. G, launched "Kaboom: A Soldier's War Journal."

An indictment of the war it was not. Lt. G's dispatches—at turns hilarious, maddening and terrifying—provided raw and insightful snapshots of a conflict many Americans have lost interest in.

Word got around, and more and more readers closely followed the postings of 25-year-old Lt. Matthew Gallagher, with the site drawing tens of thousands of page views. By the time Kaboom went kaput last month—Lt. G was ordered to take down his blog—it had a following that would be the envy of many a small-town paper.

The blog's downfall was a May 28 posting that, in violation of military blogging rules, Gallagher failed to have vetted by a supervisor. (That the posting depicted an officer in the unit unflatteringly might have played a role. Gallagher declined a request to comment.)

The blogosphere, as it's wont to do, went berserk.

"This is a disgusting decision on the part of the Army command," one reader fumed, while another wrote: "A free society would not shut down your blog." Still another drafted a template letter and urged others to contact their lawmakers to demand that Lt. G's cyber gag order be lifted.

Dennis Gallagher, 55—Poppa G to Kaboom readers—was likewise steamed.

"I find it incredibly ironic that the day after the US Supreme Court issues a landmark decision

concerning the second amendment of the Constitution, some midmanagement bureaucrat decides he can (make a mockery of) the first amendment," he wrote in the blog's comments section. "Incredible!"

Matthew Gallagher began considering a military career as his high school years were coming to an end. "He made a decision when he was a senior in high school that he wanted to basically pay for his own education," Dennis Gallagher, a lawyer for a Las Vegas casino and hotel chain, said in an interview.

The United States was not at war then. Dennis and Deborah Gallagher were proud when their son, ROTC scholarship in hand, headed to Wake Forest University to major in history.

When it came time for him to take the oath to become an officer in the U.S. Army, Dennis Gallagher pulled him aside for a little chat: "Matt, the world is very different today than it was four years ago when you decided to pursue the ROTC road for your education. You haven't taken your oath and the Army could be reimbursed for the cost of your education."

Matthew looked into his father's eyes.

"No, Dad," he replied. "I have a duty to our country."

And so it was that Matthew, a bookish, at times goofy lad—"He was not a GI Joe type of kid," his father noted—became Lt. Matthew S. Gallagher in May 2005.

■ ■ ■

"There's a reason most soldiers grow up in rougher neighborhoods than this. There's a reason most soldiers grow up hunting deer in the woods instead of hunting for the right-sized designer tee shirt at Abercrombie & Fitch. And there's a reason most soldiers come from the breadbasket of rural America and not from west coast suburbs: we want to win the wars."

— Lt. G, Nov. 17, 2007

Lt. G and his platoon—code-named Gravediggers in Kaboom—arrived in Iraq with the 25th Infantry Division's 2nd Squadron, 14th Cavalry Regiment in December. They spent their first few days at a large base just outside Baghdad. The Gravediggers didn't care much for the forward operating base, militaryspeak for areas with American fast-food restaurants and high-ranking officers who boil down the victories and tribulations of war each day into PowerPoint presentations.

Bravo Troop, Lt. G's unit, was soon pushed out to a small combat outpost in a village

northwest of Baghdad. Kaboom readers came to know it as Anu al-Verona, the sister village, if you will, of Romeo and Juliet's Verona, where Sunnis and Shiites played the roles of Capulets and Montagues.

Iraqis know it as Sabaa Al-Bour, an impoverished rural community that has seen its share of sectarian violence; extremists of Sunni and Shiite stripes; a burgeoning partnership between disenfranchised Sunnis, including some former extremists turned U.S. allies thanks to a monthly paycheck; and an unsteady, trigger-happy and often initiative-lacking Iraqi security force. In short, it was a perfect microcosm to explain how this war is unfolding now.

"In the center of Anu al-Verona, lies the imposing Ameri-



Lt. Matthew Gallagher, known as Lt. G to readers of his popular blog Kaboom, wrote about life in Iraq until he was ordered to stop last month. Now a captain, Gallagher, of Reno, Nev., is an unlikely warrior, the son of two lawyers, raised in the suburbs.

can castle known as a combat outpost. The Gravediggers and their brothers-in-arms reside here; dirty, tired and hardened by the daily rigors of war, we all already imagine returning home to our families, but wish to do so with our honor intact by making progress with the grander mission emplaced upon us. Across the street from this compound is proof that, at least three years later, the Coalition of the Willing is more than just an uncomfortably-titled punch line. Estonians, Iraqi Army (IA), and Iraqi Police (IP) operate out of this rustic structure, who in very different ways, all display a dark cynicism and fearlessness that sprouted from growing up in the third world—the Stones from being trapped behind the Iron Curtain, and the Iraqis from being locked in Saddam Hussein's Ba'athist basement.

Coordinating all of these assets for the betterment of the Republic of Iraq can be a challenging task, and sometimes degenerates into a walking monster of mental anguish for me and my men. Nobody said this would be easy, and breaking up drunken fistfights between the IP and IA is only amusing the first time."

— Lt. G, Jan. 9

Along with tens of thousands of soldiers operating out of similar bases across Iraq, Lt. G's platoon was tasked with fighting extremists—"Ali Babas" to Kaboom readers—training Iraqi soldiers and policemen, brokering disputes between rival sheiks (or local leaders) and keeping the population safe.

Lt. G's war was full of surprises. A suspected roadside bomb turned out to be a discarded Bon

to terms with your own boogeyman status."

The sheik returned seconds later, bellowing with laughter.

"She has Sunni boyfriend she visits at night!" he said, as recounted by Lt. G. "She say her father would beat her if he knew she had a boyfriend, especially a Sunni boyfriend!"

Lt. G said he could relate.

"My grandma was horrified when my mom told her she was marrying a Catholic," he wrote. "Same concept, right?"

Sometimes overtly, sometimes not, Lt. G wrote about what he saw as a widening disconnect between America and its warriors. His dispatches often read like a desperate call from a largely forgotten war. The Gravediggers received odd letters and care packages from strangers. Some were from old-

■ "Can you send me back a bad guy's head? That would be cool."

■ "I'm going to study real hard, so I don't have to go to Iraq. Do you wish you had done better at school?"

Halfway into his deployment, Lt. G, who was up for a promotion, was asked to take a new job in Iraq. In a May 28 posting describing a conversation with a supervisor, he juxtaposed their dialogue with what was going through his mind.

"No, not me," he wrote. "Not interested. Keep me on the line. I want nothing to do with a lateral promotion ... that involves becoming a logistical whipping boy and terminal scapegoat for all things NOTGOODE-NOUGH. I've been out here in the wilds too long, dealing with matters of life and death, to go back to Little America for PowerPoint (contests). Not me."

The supervisor took it "like a spurned teenage blonde whose dreamboat crush tells her point-blank that he prefers brunettes," Lt. G wrote.

The lieutenant told the officer that he wanted to stay with his platoon. Besides, he had decided he wanted to leave the Army after his deployment. So the promotion should go to an officer who wanted to stick around.

Shortly afterward, Gallagher, who is now a captain, was ordered to delete his blog. He did. The content remains on an archive blog one of his friends created: kaboomwarjournal-archive.blogspot.com. The old blog site is now controlled by City Girl, Gallagher's fiancée, who occasionally pens updates on the Gravediggers.

Lt. Col. Steve Stover, a military spokesman, said in an e-mail that Kaboom was "deemed by the commander to be counter to good order and discipline of his unit." He added that the blog had not been registered with the military, an assertion Dennis Gallagher disputes.

Lt. G wrote in his last dispatch that all postings, except for the one about the promotion talk, had been vetted by a supervisor. On June 27, he wrote one last entry, titled "A Tactical Pause":

"I'm a soldier first, and orders are orders. So it is.

"If you think, please think of us. If you pray, please pray for us. The second half of our deployment will be just as challenging and dangerous as the first half.

"Thank you for caring. Agree or disagree with the war, if you're reading this, you are engaged and aware. As long as that is still occurring in a free society, there is something worth the fighting for."

er women probably looking for love. One was from someone in corporate America who somehow figured golf shirts would come in handy in a war zone.

Then there were the letters from children, which spoke volumes about how many Americans have come to feel about this war. Some excerpts from a Feb. 6 entry:

■ "I hope you don't die, soldier. That would be bad."

■ "I feel sorry for you."

■ "I think war is worse than math."

■ "My daddy doesn't want me to be in the soldiers, cause he says that the Irack will last forever. Maybe if he changes his mind I'll see you in the Irack."

■ "My cousin was in war but he got hurt. Now he has a big beard and drinks beer all day long. My mom says he should get a job."

Jovi tape. Protracted gunfights broke out between Iraqi soldiers and the Sunni guards on the U.S. payroll, Sons of Iraq, when each side thought it was warring with Ali Babas.

One night, when a sheik's men detained a suspicious individual seen scurrying from a Sunni part of town to a Shiite enclave, the Gravediggers were called to assist. The would-be Ali Baba turned out to be a Shiite girl, whose age Lt. G estimated to be 13. When the sheik demanded to know what a Shiite girl was doing in a Sunni area, well past curfew, she broke down in tears. She'd tell him the truth, she said.

"But not in front of Americans," a translator for the sheik explained. "They scare her."

Lt. G and his men left the room. "It's an interesting thing," he would later write, "coming

THE WASHINGTON POST

Life & Style

Va. retriever builds record as arson investigator

By BILL BRUBAKER
(C) 2008, THE WASHINGTON POST

LEESBURG, Va.—She's a rookie with Virginia's Loudoun County Fire Marshal's Office, having arrived in March. But already she has sniffed out 17 key pieces of evidence in 13 fires that accounted for \$2.3 million in damage, authorities say.

Her name is Jimmy.

Just Jimmy.

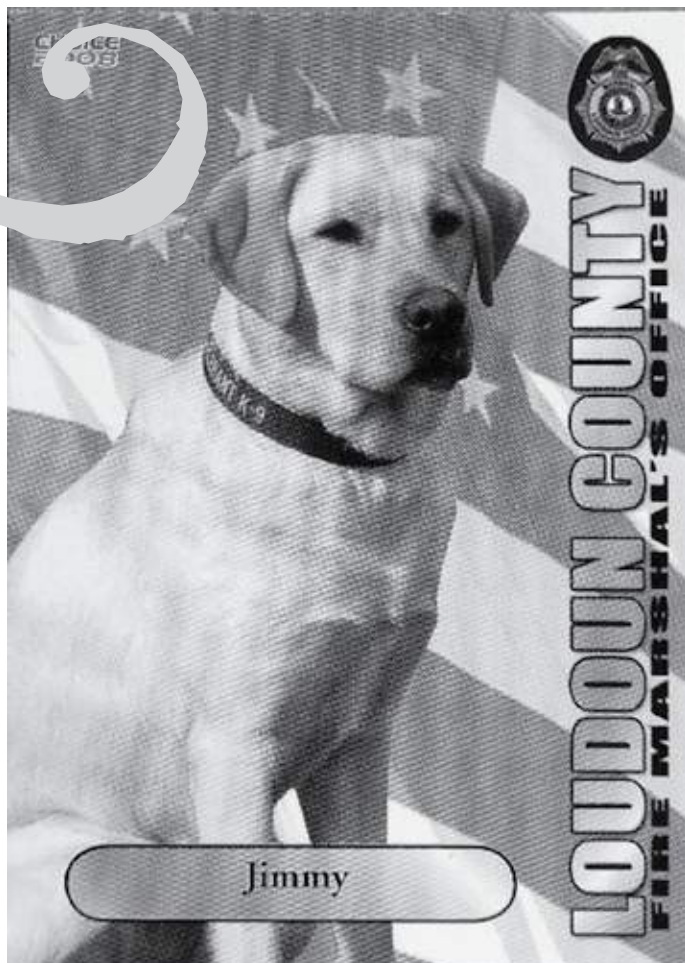
Because dogs don't usually have last names.

"Jimmy has just been a tremendous asset to our department," her partner, Assistant Fire Marshal William "Bud" Herndon, said.

The Fire Marshal's Office recently issued a news release about Jimmy, trumpeting her crime-fighting heroics and, in these budget-conscious times, praising an animal adoption center's pledge to provide free food and veterinary care to the 21-month-old for the rest of her life.

The free munchies suit the 58-pound Labrador retriever just fine, Herndon said last week with a chuckle, because when Jimmy's not nosing around smoky crime scenes, she's on the prowl for her next treat.

"Jimmy's very outgoing, yet she conserves her energy very well, if you can read between the lines," he said. "I mean, she's a little lazy! But when she sees the (food) pouch and knows



THE WASHINGTON POST

Jimmy is a female rookie with Virginia's Loudoun County Fire Marshal's Office, which made this baseball card of her.

in houses, cars, schools, cracks in sidewalks," said Herndon, 28. "I might put a single drop of an ignitable liquid on the ground, and she'll find it. I might put a drop of gasoline on a rock, and she'll find it."

Jimmy began her young ca-

ment agencies or as service dogs for people with disabilities.

Then she was acquired by the U.S. Bureau of Alcohol, Tobacco, Firearms and Explosives, which, in turn, offered her to Loudoun. In return for Jimmy, the Fire Marshal's Office has agreed to make her and Herndon available for ATF investigations outside the county.

The ATF put the pair through a six-week training program in Front Royal, Va.

"They taught Jimmy the odors and the behavior response she should have when she detects the odors," Herndon said. "The odors being anything from gasoline to lighter fluid to numerous flammable liquids."

Since March, Herndon and Jimmy have ventured outside Loudoun six times.

"Jimmy made exterior and interior searches locating gasoline cans and other evidence," Herndon said. "Some of the fires were intentionally set."

Food treats aside, it isn't an easy life being a canine officer—yes, Jimmy is an officer—in the Fire Marshal's Office.

"Because of the inhalation hazards they face, it's recommended that these dogs only work five or six years," Herndon said.

Jimmy will be examined at least twice a year by the non-profit Briggs Animal Adoption Center in Jefferson County, W.Va., which is providing the lifetime free food and veterinary care.



THE WASHINGTON POST

Jimmy, an arson specialist, has sniffed out 17 key pieces of evidence in 13 fires that accounted for \$2.3 million in damage in Loudoun County, Va. Here she is shown with partner Bud Herndon inside a fire training building in Leesburg.

she's going to be rewarded, it's a different ballgame."

She's a food-reward dog, which means she doesn't get treats until she locates what she has been asked to find. With two daily practice sessions, her human partner keeps her busy.

"I hide things for her to find

reer with Guiding Eyes for the Blind, a New York-based non-profit guide dog school. From there she went to Puppies Behind Bars, a program in which prison inmates in New York, New Jersey and Connecticut are assigned to raise puppies that will later work for law enforce-

Summer whiteout

By HOLLY E. THOMAS
(C) 2008, THE WASHINGTON POST

As summer's swelter kicks into high gear, turn to a sartorial staple to get through the dog days: the white dress. The seasonable cousin to the ubiquitous LBD (little black dress), a breezy white frock is a must-have for a heat-wave wardrobe.

But how to channel Grace Kelly without venturing into old-school-nurse territory? Whether you opt for a strappy sundress or a classic shift, choose one with interesting details, be it feminine ruffles or the touch of transparency. Mixing in spring's punchy brights by way of a scarf or candy-colored flat can spice up a monochromatic ensemble, but this look works best when it's pared down and effortless — after all, the key is NOT to sweat it.

Georgetown University stu-

dent Victoria Ferreira, 20, balanced her white cotton sundress by Diab'less with a scarf by Chan Luu from Intermix. She said she scooped up this airy summer frock at a boutique in her hometown of Miami. "It's very light and delicate, so I feel almost like a little girl in it," she says, "but the lace and the material is a little transparent, so it's kind of tasteful-sexy."

As for the scarf, "I try to add bright colors when I wear something that's more subtle. I think they transfer to your mood and your confidence."

The bracelets are Cousin Claudine beads, also from Intermix. "I love the combination of turquoise, gold and white," says Ferreira, an avid bracelet collector.

The look works because Ferreira accessorizes her lacy frock with bright splashes of color and an elegant summer sandal, striking a balance between flirty and feminine.

For Laura Masterson, 21, of Louisville, Ky., her white cotton Gap sundress was an impulse purchase a week before we spotted her. "It's just a really easy thing to wear, and on the weekends it's really comfortable," she says.

A student at George Washington University, Masterson says she hunts for comfortable, sophisticated pieces. She counts 3.1 Phillip Lim and Madison Marcus among her favorite brands and steers clear of anything that screams "trendy." "I'm very cognizant of things that fit my body, and I like things that can carry me through different seasons," she says.

Masterson completes the outfit with a seersucker headband from the Gap, a Kooba leather satchel and leather flats by BC Footwear. Her crisp sundress, simple flats and no-fuss hairstyle epitomize summery chic without being boring.



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How to wear a summer staple, the white dress. Left, Laura Masterson, of Louisville, Ky., in a cotton sundress and seersucker headband, both from Gap. Right, Victoria Ferreira, of Miami, in a Diab'less cotton sundress and Chan Luu scarf. "I wear this scarf year-round," she says. Both are photographed in Washington.

CMU prof whose 'last lecture' moved millions dies

PITTSBURGH (AP)—Randy Pausch said obstacles serve a purpose: They "give us a chance to show how badly we want something." Confronted with incurable cancer, he devised a last lecture that became an Internet sensation, a best-selling book and a celebration of a life spent achieving his dreams.

Ten months after giving the

lecture, Pausch died Friday at his home in Chesapeake, Va., said Jeffrey Zaslow, the Wall Street Journal writer who co-wrote Pausch's book "The Last Lecture." Pausch was 47.

Pausch was diagnosed with pancreatic cancer in September 2006. A year later, he gave the popular 76-minute speech titled "Really Achieving Your Child-

hood Dreams."

A professor of computer science, human-computer interaction and design, Pausch was recognized as a pioneer of virtual reality research and became known on campus for his flamboyance and showmanship as a teacher and mentor.

In April, the book "The Last Lecture" was published and



Randy Pausch, a former University of Virginia professor, gives his final lecture on Time Management to a packed house at Old Cabell Hall Auditorium on the Charlottesville, Va., campus on Tuesday, Nov. 27, 2007 in Charlottesville, Va.

THREE WISE GUYS

Bagpipes, how to propose, stupid dots, roadside stench

By JOE HEIM, JUSTIN RUDE and DAN ZAK

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Dear Wise Guys:

I am Scotch Irish, and after a couple of drinks I can listen to the sound of bagpipes. However, a number of my acquaintances don't like the sound at all. I know what the melody pipe does, but what exactly is the purpose of the drone pipes? At times, they all but drown out the melody. They must be uniquely Scottish, like haggis, which also goes down better with a couple of drinks.—A Beamin' Scotty



THE WASHINGTON POST

The Washington Post offers Three Wise Guys, advice on life and other stuff from the male perspective, perpetrated by Post staffers, from left, Justin Rude, Joe Heim and Dan Zak. It may not be professional advice, but their responses to reader questions serve up a deft handling of any conceivable topic.

Dan: You're not alone. Other people have a problem with the drone pipes. (There are three of them, all sounding an A.) Professional bagpiper Robert Mitchell has been asked by clients to cut out the droning sound. But the principled piper has done so only twice in his 40-year career (when recording tracks with other instruments). The drone pipes, you see, supply harmony, Mitchell says. They give the melody depth and breadth.

"When you put harmonies on overtones, it makes the music more interesting," says Mitchell, on the phone from his home in West Virginia. "We don't have many keys on the pipe. We have A and D. There's also a B minor. The whole effect of a tune is going to be enhanced by the sound of a drone. We don't have any volume control on the pipes. It can turn very monotonous."

Hence the drone pipes, whose self-contained monotony stops the entire bagpipe sound from being monotonous. Get it? No? Have a couple of drinks then.

Joe: Wow, even READING about bagpipes is annoying.

■■■

Dear Wise Guys:

Could you please give me some pointers on how to propose to a most eligible bachelor?—DM

Joe: How about this? Cut

out this column and hand it to the person you're proposing to. If you've been handed a clipping of this column, that means the person who gave it to you wants to marry you. That or the person's just messing with you. Assuming the former, what's your answer?

Dan: If your answer is yes, then say yes. If your answer is no, then continue reading. Pretend your cellphone is vibrating. Take out your phone, look at the screen and casually say, "Oh, it's my parole officer."

Justin: If you don't have a phone, then stage a fainting spell.

■■■

Dear Wise Guys:

What's up with those four stupid dots at the bottom of every page of The Post? I find them really annoying and think they are probably a waste of ink. Please get rid of them.—Jerry R.

Dan: Gosh, if only we could! They're a menace. Especially if you unfocus your eyes while looking at them. Then they turn into EIGHT stupid dots, and I hate them twice as much. Especially because yellow, magenta, cyan and black are my least favorite colors of ALL TIME.

Justin: It's their attitude that gets me. Just look at those tiny, arrogant things, so smug, so self-congratulatory.

Joe: And just think of all the

space they chew up. Almost a billionth of the entire page. I'd much rather that space be saved for an extra apostrophe or two in this column. Who cares that they are indicators for a computerized system that helps ensure that the color images on the page are reproduced correctly?

■■■

Dear Wise Guys:

What is that awful smell on Route 1 in Fairfax County, Va., just south of the Fort Belvoir Tulley Gate intersection? Every time we drive by, my husband thinks someone has passed gas in the car. I tell him that the smell is always there. It is in a very limited area, but I have no idea what it could be.—Just Curious

Justin: I believe what you are smelling is the Norman M. Cole Jr. Pollution Control Plant, the commonwealth's most state-of-the-art wastewater treatment facility. But your husband is on to something. Fast-food-consuming road-trippers often blame that stinky roadside facility to disguise their McGas.

Joe: I'm not sure how I would feel having a wastewater plant named after me.

Have a question only the Three Wise Guys can answer? Send it to wiseguys@washpost.com and await their words of wise-dom.

leaped to the top of the nonfiction best-seller lists, where it remained this week. The book deal was reported to be worth more than \$6 million.

Pausch said he dictated the book to Zaslow by cell phone, and Zaslow recalled Friday that he was "strong and funny" during their collaboration.

"It was the most fun 53 days of my life because it was like a performance," Zaslow told The Associated Press. "It was like getting 53 extra lectures."

He recalled that Pausch became emotional when they worked on the last chapter, though, because that to him was the "end of the lecture, the book, his life."

The speech last fall was part of a series Carnegie Mellon previously called "The Last Lecture," where professors were asked to think about what matters to them most and give a hypothetical final talk.

Only in Pausch's case, the popular professor really was facing death - and he talked about what his childhood dreams had taught him about life.

"It's not about how to achieve your dreams, it's about how to lead your life," Pausch told the audience. "If you lead your life the right way, the karma will take care of itself, the dreams will come to you."

Pausch's lecture began with him standing before a screen beaming down chilling CT im-

ages of the tumors in his liver under the title "The Elephant in the Room." He said he had recently been told he had no more than six months of good health left.

"I'm in really good shape. In fact, I am in better shape than most of you," Pausch said, dropping to the floor to do push-ups.

His childhood dreams included writing an article in the World Book encyclopedia ("I guess you can tell the nerds early"), winning big stuffed animals at the amusement park, being Captain Kirk of "Star Trek," and playing in the NFL.

He did write for World Book, on virtual reality; talked his way into a flight on the NASA "vomit comet" plane that simulates the effect of weightlessness; and amassed a herd of jumbo stuffed animals. He met William Shatner, who played Kirk on "Star Trek."

He recalled applying to be a Disney imagineer, and getting back "the damn nicest go-to-hell letters I've ever gotten." But the rejection didn't discourage him and he wound up, indeed, doing design work for Disney.

"The brick walls are not there to keep us out, the brick walls are there to give us a chance to show how badly we want something," he said. "Because the brick walls are there to stop the people who don't want it badly enough. They're there to stop the OTHER people."

As for the NFL, he didn't

meet that goal - but he noted how youth football taught him such valuable lessons as the need to learn the fundamentals. And after his lecture last fall, the Pittsburgh Steelers invited him to take part in a practice, which was "fantastic beyond my wildest dreams," he told The New York Times.

Pausch's message and story were so powerful they landed him on "Oprah" and other TV shows. He said he was embarrassed and flattered. But really, he said, the speech was for his three children.

Born in 1960, Pausch received his bachelor's degree in computer science from Brown University and his Ph.D. from Carnegie Mellon. He taught at the University of Virginia from 1988 to 1997, when he came to Carnegie Mellon.

He co-founded Carnegie Mellon's Entertainment Technology Center, a master's program for bringing artists and engineers together. He also created an animation-based teaching program called Alice designed to teach computer programming to high school and college students.

In February, the Academy of Interactive Arts & Sciences in California announced the creation of the Dr. Randy Pausch Scholarship Fund for university students who pursue careers in game design, development and production.

Reduce pet's fear of thunderstorms

By JURA KONCIUS
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Many dogs hate thunderstorms more than humans do. Some start whimpering or howling when the winds and rains come; others duck under the nearest bed and stay hunkered down.

If you notice your dog regularly whimpering, shaking or pacing at the first sound of thunder, and he continues to be very upset until the storm is over, you should discuss this with your

veterinarian. It could be a medical issue. Or, your vet might have behavior modification techniques to share with you and your pet. Some vets might suggest a medication, whether prescription or homeopathic. But don't give anything to your pet before seeking professional medical advice.

A storm-phobic animal is craving a sense of security and you should provide her with this as best you can. Show that you are calm so she will feel calmer. A

few other things you can do are:

■ Create a dark, safe place your dog can go to hide out if he wants to.

■ Brush your dog and talk to her in an upbeat tone.

■ Try to divert your dog's attention from the storm by playing with him or gently tossing a ball if you have a room big enough. Play some music or turn on a fan to distract him from the outside noise.

■ Do not punish, as this will just increase his fears.

Police: Paparazzi, guards, fight at Jolie chateau

PARIS (AP)—It sounds like a scene from “Fight Club.”

French police say camouflaged paparazzi who managed to get onto the grounds of Angelina Jolie and Brad Pitt's chateau in southern France on Thursday fought with the Hollywood couple's guards. Both the paparazzi and the Jolie-Pitt's head of security confirmed the confrontation but gave widely different versions of events.

Freelance photographer Luc Goursolas said he broke a guard's finger and bit another until he bled, and that they hit him with a walkie-talkie, punched and kicked him, leaving a head wound that required three stitches.

“I was pouring blood. I threw myself at them, put blood all over them, and told them that I had HIV so they would stop hitting me,” Goursolas told The Associated Press on Friday.

Tony Webb, head of security at the Miraval estate, said Goursolas went “berserk” without provocation and denied that his guards punched the photographer.

He said Jolie and Pitt may be forced to move if their privacy is not respected, and that the couple feels besieged. He said local police are not taking the problem seriously enough.

“If they get invasion of their privacy like this then they would have no option, and they would have to go somewhere where the laws are upheld a bit better,” Webb told the AP.

“It's just not fair, they are in their own property and you've got him (Goursolas) and there could be another dozen out there that we can't find” on the 1,235-acre property, he said. “They are just a couple trying to bring up their young family.”

Goursolas said he wasn't on the property but in woods nearby where the guards, on quad bikes, found him. “The forest belongs to everyone,” he said, adding that he walked five hours to get there. “I wasn't in their garden.”

He said he didn't take any photos. The colleague who was with him, camerawoman Marianne Saint-Arroman, said she didn't take any video. She confirmed they were wearing khaki and camouflage to avoid being seen in the woods. “We weren't going to wear a red sweater,” she said.

Webb, however, said the paparazzi were on the property, about 600 yards from the house, on a wooded hill from where Webb suspects that previous shots were taken of Jolie and Pitt in their garden with their children. He said Goursolas had also camouflaged his equipment and that he was “there for a good stay.”

Jolie returned last weekend to the estate after the July 12 birth of her twins, Knox Leon and Vivienne Marcheline, in the Mediterranean city of Nice, about 60 miles away.

Goursolas claimed that Pitt came out to speak to them after the fight. “He told me, ‘What



In this May 31, 2008 file photo, a view of Angelina Jolie and Brad Pitt's Miraval property in Correns, France, is seen.

AP

Halle Berry pushes back against ‘backyard’ paps

LOS ANGELES (AP)—Halle Berry said a paparazzi went too far to get a shot of her infant daughter, alleging that the shooter trespassed on her private property and snapped them hanging out in the backyard.

The Oscar-winning actress was upset when pictures of her holding four-month-old Nahla Ariela Aubry showed up on the Internet and in two celebrity magazines. In a statement, Berry disputes the notion that the photos were taken when she was “out and about in Los Angeles.”

Evan Spiegel, an attorney representing Berry, said a criminal complaint has been filed and an investigation is under way. He said there are witnesses who saw the photographers in the middle of a “very blatant and invasive trespass.”

A person who answered the phone Friday at Fame Pictures, the agency that distributed the photos, said he had no immediate comment.

“The paparazzi have gone too far,” Berry said in a statement to The Associated Press. She vowed to do everything possible to get the photographer prosecuted and protect her infant daughter.

Besides pursuing criminal charges against the photographer, Berry is seeking to get the photos removed from the Web. In her statement, Berry said she will never sell pictures of her children.

“I have long since come to terms with the fact that choosing a career as an actress has made me a public figure, but my baby has made no such choice, and unless and until she does, I will do everything I can ... to keep her out of the public eye,” the statement read.

you are doing is bad, I am fed up with my private property being violated’ ... and then he said, ‘If you want war you will get it.’”

Webb said he wasn't on hand at that point but added that he didn't think Pitt said that.

Police spokeswoman Capt. Olivia Poupot said both sides filed legal complaints accusing the other of battery and causing

injury. Goursolas said he also filed complaints for illegal detention and arrest.

The police spokeswoman said the injured personnel from the estate got doctors' notes giving them four days off from work, but that the photographers did not. Police took everyone downtown to the nearby village of Carces and took statements.

The photos, some of which have blurred leaves in the foreground, show Berry holding her daughter, standing near a table in what appears to be a private backyard. Berry's mother is also in some of the pictures.

Berry said she wants anyone who used the photos to know they were illegally obtained.

In Touch Weekly and Life & Style Weekly both published the photos in editions that landed on newsstands this week. A spokesperson for the magazine's publisher, Bauer Publications, said in an e-mail that the photos were purchased from an “established photo agency.”

“The magazines are not aware that there was anything improper in the taking of this image,” the statement said.

Berry gave birth to Nahla, her first child, in March. Nahla's father, model Gabriel Aubry, was not seen in the photos.

Berry's pushback against the paparazzi comes at a time when their tactics are coming under increased scrutiny.

A pair of photographers were arrested in Los Angeles this week near Britney Spears' home because they refused to leave a fire access road. Their hilltop vantage point offered them views of Spears' exclusive

gated community, which is also home to Ed McMahon.

A regional task forces is scheduled to convene in Los Angeles next week to discuss the paparazzi, and Berry's statement was issued the same day a pair of photographers scuffled in France with security personnel for Brad Pitt and Angelina Jolie.

A judge will rule on whether the legal complaints should be pursued further, she said.

“One can imagine that if you discover someone in your garden who is taking your photo then you're not necessarily going to politely show them the way out,” she said.

Poupot said it was the first time the chateau has called on

police to intervene since the Jolie-Pitts settled there earlier this year, ahead of the twins' birth.

But she said she had no other information.

“This kind of thing is really not the type of problem that interests us,” she said. “There are, in my opinion, far more important things than paparazzi taking photos of a glamour couple.”

Rolling Stones switch recording deal to Universal

LONDON (AP)—The Rolling Stones, the world's top-earning music act last year, have signed a long-term, exclusive worldwide contract with Vivendi SA's Universal Music, dealing a major blow to the group's former recording company, EMI Group PLC.

Universal said on Friday that the new deal covered both future albums by the Stones and their back catalog including such albums as “Sticky Fingers” and “Black and Blue” and songs “Brown Sugar” and “Start Me Up.”

Universal, the world's biggest recording company, did not disclose terms of the deal.

The Stones' departure from EMI, where they'd been for more than 20 years, is a low point in a bumpy ride for Terra Firma Capital Partners Ltd., the private equity firm that bought the London-based recording company last year.

New EMI boss Guy Hands failed to re-sign British band Radiohead. Other major artists, including Coldplay and Robbie Williams, have expressed unhappiness with some changes at the company since the buyout.

“Universal are forward-thinking, creative and hands-on music people,” the Stones said in a statement. “We really look forward to working with them.”

The British group has already had some experience of working with Universal after the company, a subsidiary of French media and telecommunication giant Vivendi SA, in March released the soundtrack album from “Shine A Light,” director Martin Scorsese's film of the Stones' 2006 performance at the Beacon Theater in New York.

Universal will now release all new recordings by the group through its Polydor label and take over full digital and physical rights. It added that it will “begin planning an unprecedented, long-term campaign to reposition the Rolling Stones' entire catalog for the digital age.”

The Stones topped Forbes magazine's list of wealthy music acts last year, reportedly earning some \$88 million between June 2006 and June 2007, mostly from their “Bigger Bang Tour.”

EMI, whose artists also include the Beastie Boys, Norah Jones and Kylie Minogue, announced plans this year to cut more than one-third of its work force to offset a drop in CD sales revenue and the departure of several major artists, including Paul McCartney.

EMI has struggled more than the other major labels—Universal, Sony BMG and Warner Music Group—as digital music downloading has gained in popularity.

The company blamed disappointing North American results for a series of damaging profit warnings, but industry experts also pointed to internal control problems and the company's lack of new music.

Spears, Federline finalize custody case settlement

LOS ANGELES (AP)—Britney Spears and Kevin Federline finalized their child-custody settlement Friday, including a \$5,000-per-month increase in child support for the pop singer's ex-husband.

An attorney for Federline delivered the terms of two separate agreements to Los Angeles Superior Court Commissioner Scott M. Gordon, who gave his approval late Friday afternoon.

The settlement ends a months-long saga between Spears and Federline over custody issues, attorneys fees and the singer's public meltdown earlier this year. It may not, however, be the final word on the pair's custody arrangements.

The couple's children are young: Sean Preston is 2 years old and Jayden James is 1. As the boys grow older, and Spears and Federline's lives evolve, so too might their custody arrangements.

"Everyone has a right to change it at some point," Federline's attorney, Mark Vincent Kaplan said Friday.

For now, Spears' payments to Federline will increase from \$15,000 to \$20,000 per month, retroactive to July 15. Spears will also pay Federline's attorneys, Kaplan and James Simon, a single payment of \$250,000.

Last week, the parties said they had also come to terms on custody arrangements, granting the 26-year-old pop singer more time with her children, including additional overnight visits. The exact terms of that agreement were sealed by the court.

Spears' father, James, currently controls his daughter's financial and personal affairs as a court-appointed conservator. He signed off on the agreement on Spears' behalf.

A hearing on the conservatorship is scheduled for Thursday.



AP
This Sept. 1, 2007 file photo shows Britney Spears arriving for the grand opening party of LAX nightclub at the Luxor hotel-casino in Las Vegas. Two photographers suspected of loitering on city-owned property near Britney Spears' home were arrested Monday July 21, 2008.

Just 34 hours left for TV's Lost

SAN DIEGO (AP)—"Lost" fans can start expecting some answers.

Writer-producers Carlton Cuse and Damon Lindelof said Friday that they know exactly how the ABC series will end.

"We have 34 hours left for you guys to see—seasons five and six," Lindelof told the Comic-Con crowd. "We owe answers. We know the answers that we owe. The questions have to be-

gin to diminish."

"We know where we're going and we know how long we have left to tell the story," Cuse added. "There's also an organic process that goes on."

They compared the process to a road trip, which can often include alternate routes and unexpected stops.

The showrunners said they will continue to supplement their storytelling with We-

bisodes, mobisodes (on mobile devices) and games.

"We're doing it primarily for the die-hard fans of the show," Lindelof said.

They offered no spoilers at Entertainment Weekly's panel dedicated to visionary TV producers. But they did reveal they'd like to see the return of Mr. Eko.

"Mr. Eko was a character we really loved," Cuse said of the

role played by Adewale Akin- nuoye-Agbaje. Turns out the British actor didn't like living and working on an island.

"Hawaii was not his bag," Cuse continued. "Real life intervened and forced us to end the arc of that character much sooner than we would have liked."

No word on whether Mr. Eko will come back when "Lost" returns this fall.

Dixie Chicks' Martie Maguire welcomes 3rd daughter

NEW YORK (AP)—Martie Maguire of the Dixie Chicks and her husband, Gareth, have

In this Oct. 18, 2007 file photo, Martie Maguire of the Dixie Chicks performs at the new Nokia Theatre in Los Angeles. Maguire and her husband, Gareth, have welcomed another addition to their all-girl brood: daughter Harper Rosie Maguire. AP

welcomed another addition to their all-girl brood: daughter Harper Rosie Maguire.

The baby was born Friday morning in Austin, Texas, weighing in at 7 pounds, 10 ounces, the Dixie Chicks announced on their Web site.

The couple have twin daughters, Eva and Katie, born in 2004. "Martie is doing very well

and Gareth and the family are over the moon," the band said in a statement.

Maguire, 38, plays fiddle and mandolin in the Dixie Chicks, which also includes Natalie Maines and Maguire's sister, Emily Robison. Hits by the Chicks include "Wide Open Spaces," "Without You," and "Travelin' Soldier."

5 nominated reality hosts to preside over Emmys

LOS ANGELES (AP)—The reality is, there won't be an Emmy host this year—there will be five.

The reality-TV hosts nominated in the new category that honors their work will preside

over the show, ABC and The Academy of Television Arts & Sciences told The Associated Press on Friday.

They are: Tom Bergeron, of "Dancing With the Stars"; Ryan Seacrest, of "American

Idol"; Howie Mandel of "Deal or No Deal"; Heidi Klum of "Project Runway"; and Jeff Probst of "Survivor."

The Emmy Awards will be held Sept. 21 and broadcast on ABC.



McMahon works as pitchman for Kimmel in-show spots

LOS ANGELES (AP)—Ed McMahon has a job. The former "Tonight Show" sidekick is reprising his role as pitchman with several comical commercial segments during "Jimmy Kimmel Live." The first of four spots, which were filmed Thursday evening and feature McMahon and Jimmy Kimmel together, will air Monday during the late-night ABC talk show.

"It felt very good to be out of the brace and working again," McMahon, who recently underwent a third neck surgery, said during a telephone interview Friday morning. "I spent my

whole life doing commercials, so here I was back doing a commercial again. It was very comforting. Believe me."

In the four segments for Pontiac, McMahon and Kimmel point out the various amenities of the Pontiac G8, G5, G6 and Vibe. One of the spots features McMahon—who once pitched Budweiser and the American Family Publishing sweepstakes—teaching Kimmel how to properly sell a product. Another has the duo preparing for a road trip to Mexico.

"I went in like a professional to do a commercial, like I've done a million times in my life

in my long career," McMahon said. "That's what I went in to do. Of course, we had fun with it. There's one where Kimmel's locked up in the trunk, and I'm pretending to be Jimmy Kimmel. It was fun, but we're still selling a product."

The 85-year-old former "Star Search" host is currently embroiled in a lawsuit against Cedars-Sinai Medical Center, two doctors and the owner of a home where he says he fell during a dinner party in March 2007 claiming negligence, battery, elder abuse and intentional infliction of emotional distress.



AP
In this July 24, 2007 file photo, Ed McMahon arrives at the premiere of The Simpsons Movie in Los Angeles.

Overseas houseguest fears dropping conversational ball

By ABIGAIL VAN BUREN
UNIVERSAL PRESS SYNDICATE

DEAR ABBY: I am a 43-year-old male with major dental issues to take care of. Because I have no insurance, and dental work is costly, I plan to have my treatment overseas. A close friend has arranged for me to stay with his parents for two weeks while I'm there.



Dear Abby

The parents were here on vacation recently, and I spent a lot of time with them and we got to bond a little. Everything was comfortable because my friend was there as a "buffer" to enhance the conversation. However, because of the difference in our background, culture and, particularly, our ages, I know I'll feel awkward being in their home during my stay. I'm afraid of running out of topics to talk about. I would rather stay in a hotel and spend some time with them, but that would probably be an insult to my friend who graciously offered his help.

Cancelling my trip is obviously not an option. I need some wise advice and suggestions on what I can do while staying with this elderly couple.

SHY GUY IN MIAMI

DEAR SHY GUY: First, ask your friend what you should bring his parents as a house gift. Second, take along an English/whatever-language-his-parents-speak dictionary to help you all translate what you need to say.

Third, just be yourself. And last but not least, remember that older people are just like you, with the same feelings you have, just grayer. Because you are having extensive dental work done, they will understand if you aren't a fountain of conversation. But do try, and I'm sure whatever efforts you make will be appreciated.

■ ■ ■ ■

DEAR ABBY: I am 25, and over the last two years a patch of gray hair has appeared on the front of my head. It's small, but noticeable. The problem is, people constantly mention it to me, especially co-workers I barely know.

At this point, I have chosen not to dye it because it doesn't really bother me. I just think it's rude for people to go out of their way to bring it up. I would never say something like that to someone else. What's the proper response to these people?

YOUNG MAN, OLD HAIR IN OHIO

DEAR YOUNG MAN: Smile and say, "Yes, I've noticed it. And sooner or later it will happen to you, too." Then change the subject.

■ ■ ■ ■

DEAR ABBY: My boyfriend, "Ernie," and I have been together almost a year. He has two wonderful children from a previous marriage. I love Ernie dearly, although we have only been dating for what seems like a short while.

The other night he brought up the subject of marriage and said he wanted to get me a promise ring. I was caught off guard. I know his feelings were hurt when I shied away from him when he mentioned it. What should I say to him? I don't know if I'm ready for the next step, but I don't want to hurt his feelings by rejecting him. Give me the words, Abby.

APPREHENSIVE IN LOVE

DEAR APPREHENSIVE: Tell Ernie that although you care for him, you are not ready to make a lifetime commitment. And unless you are sure that you want to be married to Ernie (which you are not) and are prepared to help him raise his children, you should not accept his promise ring.

It will then be up to Ernie to decide whether he wants to wait around, hoping you will change your mind, or move on and look for someone else.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

To order "How to Write Letters for All Occasions," send a business-sized, self-addressed envelope, plus check or money order for \$6 (U.S. funds) to: Dear Abby—Letter Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. (Postage is included in the price.)

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Wade sharp in return, helps Americans rout Canada



LAS VEGAS (AP)—Mike Krzyzewski wanted Dwyane Wade on the U.S. team, just in case something ever happened to Kobe Bryant or LeBron James.

With James out Friday night, Wade proved he is definitely back.

Wade stepped into the starting lineup and scored 20 points in his first action in more than four months, and the United States beat Canada 120-65 in the opener of its exhibition schedule.

"D-Wade is a warrior to anybody who knows him. He's been rehabbing and he's been working out probably more than anybody, just trying to get back in shape," point guard Chris Paul said. "That's D-Wade. We see it every day in practice and you saw it tonight, that he's back. When he's aggressive like that, we're a dangerous team."

James, the NBA's leading scorer, missed the game because of a mildly sprained right ankle, but the Americans have plenty of offense without him. Carmelo Anthony and Michael Redd also finished with 20 points, and Bryant added 15.

The Americans made 16 of their first 20 shots and ended at 65.7 percent (44-of-67), getting plenty of layups and dunks at a sold out Thomas & Mack Center in their lone game on home soil before completing their Olympic preparations in China.

Canadian coach Leo Rautins called the Americans "obviously the most talented team, without a question, in the world."

Wade was the sixth man on the Americans' bronze medal team in the 2006 world championships, but sat out last summer following knee surgery.



U.S. guard Dwyane Wade dunks during an exhibition basketball game against Canada in Las Vegas, Friday, July 25, 2008. The United States won 120-65.

His left knee continued to bother him, for the season early in March. so the Miami Heat shut down their star He resumed working out in Chicago

in time to prove to USA Basketball managing director Jerry Colangelo that he was healthy enough to be picked for the team headed to Beijing. Krzyzewski said Wade's strong play has been the most pleasant surprise of practice this week, and Wade said he feels healthier than he did two years ago, when he was bothered by wrist and knee pain after leading Miami to the NBA title.

Wade had no doubt he would play well in his first game since March 8.

"I put in the work," he said. "I've been in the gym since May."

Wade made a 3-pointer in the opening minutes and had no trouble driving to the basket, hitting his first five shots. He threw down a dunk to put the Americans over the century mark with 7:25 remaining in the game, and finished 7-of-10.

"He's healthy," said Bryant, adding that he sometimes shows up in the gym for a morning workout to find Wade already there. "That's the most important thing for Dwyane is that he's healthy."

Canada has played games already this summer, failing to reach the Olympics through a qualifying tournament in Greece earlier this month, and was sharp early. The Canadians were able to penetrate into the paint and set up their 3-point shooters, going 5-of-8 from behind the arc in the first quarter and trailing just 30-24.

The Americans tightened the defense in the second, forcing 10 turnovers and limiting the Canadians to 3-for-11 shooting and pulling away for a 61-38 lead by halftime.

"You could see it unravel very quickly," Rautins said. "One or two plays here or there, a couple of 3s, a dunk and all of a sudden the game has changed

dramatically. Just tells how quick and how talented they are. You can't make any mistakes at all."

Redd was 6-of-8, all on 3-pointers. Every U.S. player scored except Kidd, who didn't attempt a shot.

"After the first 10 minutes, we just seemed—that's the first game we've played—we just seemed like we were in sync," Krzyzewski said. "We were passing the ball more and we were playing much better defense the last three quarters."

Jermaine Anderson led Canada with 18 points. Rowan Barrett and Carl English each added 11.

Krzyzewski sent Paul and Deron Williams, expected to battle for the No. 2 point guard spot behind Jason Kidd, into the game together midway through the first quarter. Paul quickly found Anthony with an alley-oop pass for a dunk. The two point guards scored off turnovers seconds apart late in the second quarter, increasing the U.S. lead to 60-35.

Williams scored 14 points and Paul added 11 points and eight assists.

The lead ballooned into the 40s when Kidd threw a length of the court pass to Anthony, who passed it back to Chris Bosh streaking in for a dunk. Wade followed with his breakaway slam, making it 101-58.

James was hurt during a scrimmage on Tuesday. Though his ankle is feeling better, the U.S. staff preferred to rest him to avoid further swelling before the long plane flight to China this weekend.

The Americans continue their preparations in China, playing two games in Macau and two more in Shanghai before arriving in Beijing. They face the host Chinese in their opener on Aug. 10.

Favre must file letter to show for Packers camp



MILWAUKEE (AP)—If Brett Favre plans to show for the Green Bay Packers' training camp, he'll need permission from the NFL. And as of Friday evening, he had not petitioned the league for reinstatement.

NFL spokesman Randall Liu said the league did not receive a letter from Favre on Friday. The step is considered a formality, but an important one: Favre can't return until commissioner Roger Goodell receives and approves the request.

The NFL Network reported earlier Friday that Favre told Packers general manager Ted Thompson he plans to report to training camp and could file his reinstatement letter as early as Friday, a move perhaps designed to force the team to quickly trade the three-time MVP.

Speculation on a potential new home for Favre has centered on Tampa Bay, but the New York Jets also emerged as a potential trade partner for the Packers. Jets quarterback Chad Pennington said Friday that general manager Mike Tannenbaum told him the team has talked to the Packers about Favre.

It didn't sound like Tannenbaum assured Pennington that the Jets aren't interested.

"Bottom line, an organization has to take a look at every player available in this league. Period," Pennington said. "A general manager and a head coach is going to do everything they can do to make their team as good as they can make it. That's their job."

Tannenbaum would not confirm conversations with the Packers.

Cowboys plan to waive veteran receiver Glenn

OXNARD, Calif. (AP)—The Dallas Cowboys said Friday that they will waive veteran receiver Terry Glenn, who resisted signing an injury clause after missing most of last season with a right knee injury.

Cowboys owner Jerry Jones said the decision on the first day of training camp wasn't about an offseason dispute with Glenn over an injury waiver that kept him off the practice field. Jones said he wanted to clear the way for younger receivers to compete for the job opposite leading receiver Terrell Owens.

Jones didn't rule out Glenn's return if the 34-year-old clears waivers and the younger receivers struggle in camp.

Pennington, who already is competing with Kellen Clemens for the starting job in Jets camp, said he wasn't overreacting to the Jets' potential trade for Favre.

"My whole focus is on this camp," Pennington said. "Winning this starting quarterback battle, so I don't really have any thoughts. It's part of the business: speculation, calls, one organization calling another about players. There's nothing to be said. As a player, you never react until it's actually done."

Earlier Friday, Jets coach Eric Mangini dodged questions about the team's interest in Favre.

"I'm happy with the quarterbacks we have and we look at a lot of different scenarios every night," Mangini said.

"As we go down the road, we'll see where we are," Jones said. "When we really got to looking at it, we would want to limit what Terry does in the preseason. Then we're probably, with our situation, wanting to create the incentive for the receivers we've got."

Glenn missed all but the final game of the regular season last year after two surgeries on his right knee.

He didn't want to sign a waiver and receive just \$500,000 of his \$1.74 million base salary if he re-injured the knee and couldn't play. As a result, the Cowboys wouldn't let him go through offseason workouts.

Glenn had consecutive 1,000-yard

"And trust me when I tell you that we look into a lot of different scenarios every night. It's just normal operating procedure for us."

That's just about the only thing normal in the ongoing saga surrounding Favre's football future. And if he follows through with his intention to show up to camp, Favre would likely become an even bigger distraction to a team that's spent the past several offseasons dealing with his constant waffling on whether to retire.

The Packers committed to moving on with Aaron Rodgers after Favre retired in early March, led them to believe he was coming back in late March, then decided to stay retired—until he apparently changed his mind once again in

seasons for the Cowboys before his injury last year.

Messages left for Glenn's agent, James Gould, weren't immediately returned.

The leading candidate to start opposite Owens is Patrick Crayton. He was strong at times last year but had a critical drop in the Cowboys' playoff loss to the New York Giants.

Also missing from the first training camp practice were the Cowboys' two first-round draft picks, running back Felix Jones from Arkansas and cornerback Mike Jenkins from South Florida. Both players have the same agent, and the Cowboys were confident agreements would be in place soon.

recent weeks.

Packers players are scheduled to move into their dorm rooms on Saturday, and their first team meeting is scheduled for Sunday morning. Their first practice is Monday morning.

Team officials did not immediately return telephone calls from The Associated Press. Packers coach Mike McCarthy is scheduled to address the media on Saturday.

In an interview with Fox News last week, Favre said it was "tempting" to show up to Packers camp to call the Packers' "bluff."

But, Favre added: "I don't want to go back there just to stick it to them."

Packers president and CEO Mark

Murphy reiterated Thursday that if Favre were to return to the Packers, it would be in "a different role"—presumably not as the starter.

"But what's going to happen if that occurs, we'll have to look and see the situation at the time," Murphy said, speaking with reporters after Thursday's Packers shareholders meeting. "That's a little bit of a technicality. But I guess there's two questions. We have said we would welcome him back. But whether he will come back is another question. And a lot of it goes back to, we want to work with Brett, and be fair to him and help give him what he wants."

Once Favre's request to be reinstated is approved by the commissioner, the Packers must place him on their active roster or release him. Thompson has said the team has no plans to release Favre.

The Packers have filed tampering charges against the Minnesota Vikings, suspecting that interest from their division rival was the main reason Favre suddenly changed his mind on retirement.

Favre's rights belong to the Packers until his contract expires after the 2010 season.

Favre ripped Thompson during the interview for being untruthful with him on a series of personnel moves in recent years. But Murphy said Thursday he didn't think a potential return by Favre would cause tension within the team.

"I don't think so," Murphy said. "We have such respect for Brett and what he's meant to this organization, there will be no tension. But that's a call that Ted and Mike have to make."

Joba dominates from mound as Yankees edge Red Sox



BOSTON (AP)—The surging New York Yankees beat the Boston Red Sox 1-0 on Friday, closing to within two games of their eternal rivals in the American League East division.

New York pitcher Joba Chamberlain dominated Boston in his best major league start, allowing only three singles and striking out nine batters in a career-high seven innings as the Yankees won their seventh straight since the All-Star break.

Chamberlain was making his 10th start since joining the rotation last month.

Boston slugger David Ortiz returned after missing 45 games with an injured left wrist.

White Sox 6, Tigers 5

In Detroit, Jermaine Dye hit a two-out, two-run homer in the ninth inning to lift Chicago to a thrilling win over Detroit.

The White Sox rallied to win in the ninth for the first time this season after Detroit went ahead in the seventh.

Chicago has won three straight to open a 3 1/2 game lead atop the AL Central.

Angels 6, Orioles 5

In Baltimore, Juan Rivera and Casey Kotchman homered as Los Angeles held off fast-finishing Baltimore.

Starter Joe Saunders earn his 13th victory of the season for Los Angeles, which led 5-0 after two innings and only just clung on, with the final strike coming with runners on first and third.

It was the Angels' eight win in nine games, building a giant 10-1/2 game buffer atop the AL West.

The Orioles lost their fourth straight to fall a season-worst six games under .500.

Rays 5, Royals 3

In Kansas City, Missouri, Tampa Bay snapped a seven-game road losing streak by beating Kansas City.

The Rays, who moved one game in front of Boston atop the AL East, won on the road for the first time this month.

Tampa Bay starter Edwin Jackson, who was an ugly 5-15 last year, brought up his sixth win of the season, not yielding a hit until there were two outs in the fifth.

Indians 5, Twins 4

In Cleveland, pitcher Cliff Lee became the major leagues' first 14-game winner this season as Cleveland edged Minnesota to end an eight-game losing streak inside the AL Central.

Spotted a four-run lead in the first inning, Lee struck out 10 in eight innings.

A two-run homer in the ninth saw the Twins close within one run with no outs, but they could not find the tying run.

Minnesota lost its fifth straight and center fielder Carlos Gomez, who left the game with a back injury.

Gomez was carted from the field and transported to hospital after crashing into the outfield wall at full speed while making a spectacular catch in the first. The Twins said the 22-year-old sustained a lower back injury, but that has complete feeling and movement in his arms and legs.

Rangers 14, Athletics 6

In Oakland, California, Texas rallied from a five-run deficit to crush Oakland.

Josh Hamilton hit a two-run homer for the Rangers to reach 100 RBIs for the season. He capped Texas' five-run fourth inning with his 23rd homer.

Athletics reliever Brad Ziegler pitched 1 1-3 scoreless innings to match Philadelphia right-hander George McQuillean's 101-year-old major league record of 25 scoreless innings at the start of a career.

Oakland has lost eight of nine.

Blue Jays 5, Mariners 4, 10 innings

In Toronto, Seattle slumped to its sixth straight loss, going down in extra innings to Toronto.

Joe Inglett's two-out two-run single with the bases loaded in the bottom of the 10th secured the win.

Seattle had gone ahead 4-3 in the top of the 10th.



New York Yankees pitcher Joba Chamberlain reacts after center fielder Melky Cabrera made a diving catch of a ball hit by Boston Red Sox's J.D. Drew in the second inning of a baseball game at Fenway Park in Boston, Friday, July 25, 2008.

Toronto moved back above .500 for the first time since mid-June.

Marlins 3, Cubs 2

In Chicago, Jeremy Hermida's pinch-hit home run leading off the ninth inning gave the Florida Marlins a win over the faltering Chicago Cubs.

The result kept Florida within two games of the lead in the tight NL East division, while Chicago only maintained its outright lead in the NL Central thanks to Milwaukee's defeat.

Cubs starter Ryan Dempster walked a season-high six batters in six innings.

Mets 7, Cardinals 2

In New York, starting pitcher Mike Pelfrey won his seventh

consecutive decision to steer New York past St. Louis.

Pelfrey allowed only one run in seven innings, striking out five and walking none.

Carlos Delgado homered for New York, which won for the 10th time in 11 home games to retain a two-game buffer atop the NL East.

The Cardinals slid to their fifth straight loss, drifting four games behind Chicago in the Central.

Diamondbacks 10, Giants 2

In San Francisco, five runs in the second inning put Arizona on course for a rout of San Francisco, maintaining its lead in the NL West.

Mark Reynolds hit a three-run homer, while Conor Jack-

son and Chad Tracy also connected as Arizona gave pitcher Dan Haren plenty of early offense to defend.

Haren matched his season high with nine strikeouts and didn't walk a batter in eight innings.

Braves 8, Phillies 2

In Philadelphia, Jair Jurrjens pitched eight scoreless innings to steer Atlanta past Philadelphia.

Jurrjens allowed just three hits and one walk, striking out six. He leads all rookies in wins, and lowered his ERA to 3.02.

Brian McCann led off the fourth with a homer for a 1-0 Braves lead. He connected for a grand slam—his 20th homer of the season—during a seven-run ninth inning that broke open a tight pitchers' duel.

Astros 3, Brewers 1

In Milwaukee, Houston snapped Milwaukee's eight-game winning streak.

The defeat ended the Brewers' shot at winning nine straight for the first time since 2003, and prevented them claiming a share of the NL Central lead. Their run of 20 consecutive games with a homer also came to an end.

Houston pitcher Wandy Rodriguez allowed just one run over six innings, helping end the Astros' four-game losing streak.

Rockies 7, Reds 2

In Cincinnati, Colorado took its good home form on the road, notching its seventh win in eight games by downing Cincinnati.

Every Colorado starter had at least one hit as the Rockies snapped a four-game road losing streak.

Colorado starter Aaron Cook went eight innings, allowing only one run with four strikeouts.

Brad Hawpe hit a two-run homer for the Rockies.

Dodgers 3, Nationals 2

In Los Angeles, Dodgers pitcher Chad Billingsley took a three-hitter into the eighth inning as Los Angeles edged Washington.

Nomar Garciaparra had a two-run single in Los Angeles' three-run sixth.

Billingsley allowed two runs over 7 2-3 innings and struck out four. The only runs against him came on a sacrifice fly in the third and a single in the eighth.

Padres 6, Pirates 5

In Pittsburgh, San Diego beat Pittsburgh, which traded two of its top players shortly after the game started.

The Pirates pulled Xavier Nady after the first inning and announced they agreed to a trade involving the outfielder and reliever Damaso Marte, with the New York Yankees understood to be their destination.

Defeat ended Pittsburgh's four-game winning streak.

A single with one out in the fourth was followed by Adrian Gonzalez' 23rd homer, giving San Diego a 3-1 lead.

OAKVILLE, Ontario (AP)—Chez Reavie left Mike Weir and the rest of the Canadian Open contenders behind on a long, sunny day at soggy Glen Abbey.

Reavie was 13 under for 33 holes Friday after opening the tournament Thursday with three straight pars. He finished the rain-delayed first round with a 6-under 65 and had a 64 in the second to take a two-stroke lead over Eric Axley.

"I got to keep my momentum and just keep playing all day," said Reavie, playing for the sixth straight week. "This is by far my best start. I've been hitting the ball real well all year, but I haven't been scoring real well."

At 13-under 129 the 26-year-old PGA Tour rookie matched

Reavie's 64 gives him Canadian Open lead

the tournament record for the first 36 holes set by Scott Dunlap in 1996 when Glen Abbey played to a par of 72. The 129 total also matches the best on the PGA Tour this year.

Axley, one of 63 players unable to finish the round, was 11 under with a hole left when play was suspended because of darkness. "I'm playing well, so hopefully it will continue tomorrow," Axley said.

Nicholas Thompson was 9 under with a hole remaining. Billy Mayfair (68-66) and Steve Marino (67-67) were in the clubhouse at 8 under, and Briny Baird and Brian Davis

also were five strokes back. Baird had five holes to go, and Davis had one left.

Weir, part of a tournament-record, seven-man tie for the first-round lead after a bogey-free 65 Thursday morning, was even par in the second round with two holes to play, leaving the Canadian star seven strokes back at 6 under.

"There's tons of golf left," Weir said.

Reavie eagled the par-5 13th in the second round to reach 12 under, holing a 78-yard shot over the water guarding the front of the green.

"I wanted to fly it 83 yards and I think I flew it about 83 yards and spun it back into the hole," Reavie said. "The going into the hole part is a bit lucky."

The former Arizona State player made a 13-foot birdie putt on No. 16 and holed an 8-footer for par on 18. His 2-iron approach from 240 yards sailed long and left on the par-5 closing hole, leaving him an awkward shot on a steep downslope, but he hit into a bunker, blasted onto the green and holed the putt.

"I actually had a good lie, but I was on such a slope I had to

get under it," Reavie said. "I went right under it and it went into the bunker."

Because of the wet conditions, players were allowed to use preferred lies in the fairways, giving the accurate Reavie a big advantage. In the two rounds, he hit 24 of 28 fairways, 27 of 36 greens in regulation and needed only 50 putts.

"Every time you're in the fairway you get to clean it and then place it in a perfect lie," Reavie said. "You can even move it a full club-length."

Two-time defending champion Jim Furyk, grouped with Mayfair and Sean O'Hair, was

4 under after a 27-hole day on the course saturated by 8 inches of rain in a week. He finished off a first-round 70 and added a bogey-free 68 in the second.

"It's like walking in sand and out there. Twenty-seven today kind of felt like 36," said Furyk, the winner in 2006 at Hamilton and 2007 at Angus Glen. "I'm hanging in there. No bogeys, but only three birdies. I need to stay focused and be real patient."

O'Hair was 6 under after rounds of 65 and 71. He made consecutive double bogeys on Nos. 1 and 2—his 10th and 11th holes—in the second round, but rebounded with birdies on Nos. 4-6 and finished with three pars.

"All of a sudden I starting hitting it sideways," O'Hair said.



Chavanel wins 19th stage, Sastre still wears yellow jersey

TRIBUNE SPORTS SCORES

MLB STANDINGS

AMERICAN LEAGUE

East Division

	W	L	Pct	GB
Tampa Bay	60	42	.588	—
Boston	60	44	.577	1
New York	57	45	.559	3
Toronto	52	51	.505	8 1/2
Baltimore	48	54	.471	12

Central Division

Chicago	58	43	.574	—
Minnesota	55	47	.539	3 1/2
Detroit	52	50	.510	6 1/2
Cleveland	45	56	.446	13
Kansas City	46	58	.442	13 1/2

West Division

Los Angeles	63	39	.618	—
Texas	53	50	.515	10 1/2
Oakland	52	50	.510	11
Seattle	38	64	.373	25

NATIONAL LEAGUE

East Division

New York	56	47	.544	—
Florida	54	49	.524	2
Philadelphia	54	49	.524	2
Atlanta	49	53	.480	6 1/2
Washington	38	65	.369	18

Central Division

Chicago	60	43	.583	—
Milwaukee	59	44	.573	1
St. Louis	57	48	.543	4
Cincinnati	50	54	.481	10 1/2
Pittsburgh	48	55	.466	12
Houston	47	55	.461	12 1/2

West Division

Arizona	51	51	.500	—
Los Angeles	50	52	.490	1
Colorado	46	58	.442	6
San Francisco	43	59	.422	8
San Diego	39	65	.375	13

Yesterday's Games

N.Y. Yankees 1, Boston 0
Cleveland 5, Minnesota 4
Chicago White Sox 6, Detroit 5
L.A. Angels 6, Baltimore 5
Toronto 5, Seattle 4, 10 innings
Tampa Bay 5, Kansas City 3
Texas 14, Oakland 6
Florida 3, Chicago Cubs 2
San Diego 6, Pittsburgh 5
Atlanta 8, Philadelphia 2
N.Y. Mets 7, St. Louis 2
Colorado 7, Cincinnati 2
Houston 3, Milwaukee 1
Arizona 10, San Francisco 2
L.A. Dodgers 3, Washington 2

CANADIAN OPEN SCORES

OAKVILLE, Ontario (AP)—Scores Friday from the incomplete second round of the \$5 million (£3.19 million) Canadian Open on the 7,222-yard, par-71 Glen Abbey Golf Club course (play suspended due to darkness with 69 players still on the course. Round will be completed Saturday morning):

Cheez Reavie	65-64	129
Billy Mayfair	68-66	134
Steve Marino	67-67	134
Carlos Franco	67-68	135
Ken Duke	68-67	135
Kevin Na	69-66	135

SECOND ROUND

Cheez Reavie	65-64	129
Billy Mayfair	68-66	134
Steve Marino	67-67	134
Carlos Franco	67-68	135
Ken Duke	68-67	135
Kevin Na	69-66	135

Did Not Finish

Eric Axley	65
Nicholas Thompson	67

TOUR DE FRANCE RESULTS

MONTLUCON, France (AP)—Results Friday for the 19th stage of the Tour de France, a mostly flat 165.5-kilometer (102.8-mile) ride from Roanne to Montlucon:

1.	Sylvain Chavanel, France, Cofidis, 3 hours, 37 minutes, 9 seconds.
2.	Jeremy Roy, France, Francaise des Jeux, same time.
3.	Gerald Ciolek, Germany, Team Columbia, 1 minute, 13 seconds behind.
4.	Erik Zabel, Germany, Team Milram, same time.
5.	Heinrich Haussler, Gerolsteiner, same time.
6.	Leonardo Duque, Colombia, Cofidis, same time.
7.	Filippo Pozzato, Italy, Liquigas, same time.
8.	Thor Hushovd, Norway, Credit Agricole, same time.
9.	Robert Forster, Germany, Gerolsteiner, same time.
10.	Julian Dean, New Zealand, Garmin Chipotle, same time.
11.	Oscar Freire, Spain, same time.
12.	Geoffroy Lequatre, France, Agritubel, same time.
13.	Christophe Riblon, France, AG2R La Mondiale, same time.
14.	Martijn Maaskent, Netherlands, Garmin Chipotle, same time.
15.	Alessandro Ballan, Italy, Lampre, same time.
16.	Sebastian Lang, Germany, Gerolsteiner, same time.
17.	Matteo Tosatto, Italy, Quick Step, same time.
18.	Arnaud Coyot, France, Caisse d'Epargne, same time.
19.	Yaroslav Popovych, Ukraine, Silence-Lotto, same time.
20.	David Millar, Britain, Garmin Chipotle, same time.

Also

22.	Cadel Evans, Australia, Silence-Lotto, same time.
26.	Christian Vande Velde, United States, Garmin Chipotle, same time.
32.	Denis Menchov, Russia, Rabobank, same time.

Mark Calcavecchia	70-66	136	Cliff Kresge	69
Sean O'Hair	65-71	136	Brian Davis	69
Tom Pernice, Jr.	71-65	136	Briny Baird	69
Y.E. Yang	68-68	136	Steve Flesch	68
Mathias Gronberg	69-68	137	Kevin Streelman	68
John Huston	65-72	137	Bill Haas	68
John Senden	66-71	137	Mike Weir	65
Jerry Kelly	67-70	137	Jason Gore	71
Alex Cejka	69-69	138	Steve Allan	68
Patrick Sheehan	70-68	138	Dudley Hart	68
Ben Curtis	70-68	138	Todd Hamilton	69
Jim Furyk	70-68	138	Fred Couples	69
Cameron Beckman	68-70	138	Anthony Kim	65
Scott McCarron	66-72	138	Charlie Wi	69
Martin Laird	71-67	138	Ryan Armour	67
Charley Hoffman	69-70	139	Carl Pettersson	68
Todd Demsey	69-70	139	Ted Purdy	68
Paul Claxton	67-72	139	Camilo Villegas	71
Omar Uresti	72-68	140	Jason Alfred	67
Jeff Quinney	69-71	140	J.P. Hayes	67
Shane Bertsch	67-73	140	Jeff Maggert	68
Jon Mills	69-71	140	Retief Goosen	73
Jason Day	65-75	140	Parker McLachlin	69
Dustin Risdon	68-72	140	Nick Flanagan	73
Nick Taylor	70-70	140	Andrew Buckle	69
Ryan Palmer	71-70	141	Michael Letzig	68
Frank Lickliter II	69-72	141	Jimmy Walker	69
Kevin Sutherland	70-71	141	Bob Estes	68
Kent Jones	71-70	141	Bubba Watson	69
Larry Mize	70-71	141	Mark Wilson	71
Robert Garrigus	70-71	141	Joe Durant	71
Tim Petrovic	69-72	141	Len Mattiace	70
Ian Leggatt	70-71	141	Michael Allen	70
Bob Tway	74-67	141	Corey Pavin	71
David Hearn	69-72	141	Billy Andrade	73
Scott Sterling	72-69	141	Nathan Green	71
Cody Freeman	71-70	141	Kenneth Ferrie	69
Tim Wilkinson	73-69	142	Jason Dufner	72
Nick Watney	72-70	142	Bryan DeCorso	74
Tag Ridings	71-71	142	Jim McGovern	72
Matt Kuchar	73-69	142	Brad Elder	71
Alejandro Canizares	73-69	142	Dean Wilson	72
Richard Johnson	67-75	142	Chris Riley	71
Jeff Overton	71-72	143	John Mallingier	73
Stephen Ames	72-71	143	David Lutterus	72
Kevin Stadler	73-70	143	Glen Day	71
Adam Short	76-67	143	David Morland IV	71
Pat Perez	71-72	143	Marc Turnesa	74
Dan Forsman	74-70	144	David Morland IV	71
Jeff Gove	73-71	144	Chad Collins	75
J.J. Henry	72-72	144	Chris DiMarco	75
Charles Warren	71-73	144	Michael Bradley	72
Brett Rumford	72-72	144	Olin Browne	69
Michael Knight	71-73	144	Webb Simpson	73
Jin Park	71-73	144	Brenden Pappas	72
Doug LaBelle II	69-75	144	Dustin Johnson	74
Lee Janzen	71-74	145	Andrew Parr	72
Daniel Im	68-77	145	Adam Bland	70
Bo Van Pelt	74-72	146	Craig Kanada	74
Matt Jones	73-73	146	Bob Sowards	74
WC Liang	74-72	146	Brandt Jobe	74
Jim Rutledge	75-71	146	Tommy Gainey	71
Wes Heffernan	74-73	147	Richard S. Johnson	71
Brad Fritsch	71-76	147	George Bradford	72
Brad Adamonis	74-74	148	Brian Gay	73
Harrison Frazer	74-75	149	Chang Wan Woo	73
Bob Heintz	77-72	149	John Ellis	73
Marco Dawson	75-75	150	Jacob Scriven	79
Troy Matteson	76-74	150		
Craig Barlow	79-72	151		
Eric Landreville	81-71	152		
Travis Perkins	74-78	152		
Todd Halpen	75-78	153		
Kyle Thompson	74-81	155		
Justin Bolli	82-77	159		
Steve Elkington	72	DQ		
Will MacKenzie	70	WD		
Brian Gay	73	WD		
Gavin Coles	75	WD		
Ron Whittaker	76	WD		

LEADERBOARD SCORE THRU

1.	Cheez Reavie	-13	F
2.	Eric Axley	-11	16
3.	Briny Baird	-8	13
3.	Brian Davis	-8	16
3.	Cliff Kresge	-8	17
3.	Billy Mayfair	-8	F
3.	Nicholas Thompson	-8	16
3.	Steve Marino	-8	F
9.	Kevin Na	-7	F
9.	Steve Flesch	-7	15
9.	Ken Duke	-7	F
9.	Kevin Streelman	-7	11
9.	Carlos Franco	-7	F

OVERALL STANDINGS (After 19 stages)

1.	Carlos Sastre, Spain, Team CSC Saxo Bank, 82 hours, 54 minutes, 36 seconds.
2.	Frank Schleck, Luxembourg, Team CSC Saxo Bank, 1:24 behind.
3.	Bernhard Kohl, Austria, Gerolsteiner, 1:33.
4.	Cadel Evans, Australia, Silence-Lotto, 1:34.
5.	Denis Menchov, Russia, Rabobank, 2:39.
6.	Christian Vande Velde, United States, Garmin Chipotle, 4:41.
7.	Alejandro Valverde, Spain, Spain, Caisse d'Epargne, 5:35.
8.	Samuel Sanchez, Spain, Euskaltel-Euskadi, 5:52.
9.	Tadej Valjavec, Slovenia, AG2R-La Mondiale, 8:10.
10.	Vladimir Efimkin, Russia, AG2R-La Mondiale, 8:24.
11.	Kim Kirchen, Luxembourg, Team Columbia, 8:35.
12.	Andy Schleck, Luxembourg, Team CSC Saxo Bank, 10:04.
13.	Roman Kreuziger, Czech Republic, Liquigas, 12:02.
14.	Sandy Casar, France, Francaise des Jeux, 17:08.
15.	Mikel Astarloza, Spain, Euskaltel-Euskadi, 20:07.
16.	Alexandre Botcharov, Russia, Credit Agricole, 22:59.
17.	Amale Moinard, France, Cofidis, 23:01.
18.	Konstantin Slutsou, Belarus, 24:29.
19.	Vincenzo Nibali, Italy, Liquigas, 25:39.
20.	Dmitriy Fofonov, Kazakhstan, Credit Agricole, 25:49.

By The Associated Press



MONTLUCON, France (AP)—Sylvain Chavanel of France won the 19th stage of the Tour de France on Friday after leading a two-man breakaway, and Carlos Sastre of Spain retained the yellow jersey a day before a crucial time trial.

Chavanel, a 29-year-old rider with the Cofidis team, won his first Tour stage by edging out Jeremy Roy of France at the end of the mostly flat 165.5-kilometer (102.8-mile) ride from Roanne to Montlucon.

The main race contenders finished in the main pack 1 minute, 13 seconds behind _ and the top standings remained unchanged before Saturday's time trial that is likely to determine the winner

FINANCE

From Page 28

time as none of his shots were falling through the net.

With their inside man a non-factor, Casino Titans continued to grope for form in the final 10 minutes of the ballgame and that allowed Finance/Shipping to force a do-or-die third game following the 12-point defeat.

Torregosa went on to lead Finance/Shipping with 36 points, while Dave "Pekto" Ramirez paced Casino Titans in the loss

SURVIVING

From Page 28

been part of. The heat was amazing. About four or five degrees (celsius) hotter than Saipan. The swim was pretty violent with over 800 people starting at once. Mai (fellow CNMI entrant Maimi Shimizu) and I both had solid swims of 54 and 56 minutes respectively. Mai was 54th out of the water and I was 78th. I was hit and kicked many times in the first two kilometers.

The bike course was brutal. Only 20-30 kilometers of the 145 kilometers was flat. Mai and I rode together for the first 60 kilometers but then I had a mechanical problem with one of my pedals almost falling off. I lost about 10 minutes waiting

MY KAIKE

From Page 28

participants, but over 150 participants couldn't finish this race due to the heat.

The ocean's condition was wavy due to a typhoon, but the temperature was cooler than Saipan's ocean. I could enjoy the cold water with good feeling.

The bike course was pretty hilly. More than half the course was all up/down. But I loved the course! It was very fun to ride even though it was a race. And the view from the bike course was quite gorgeous. Tottori is a beautiful place. When I saw the

of the three-week race.

"Today was a day to recover. Tomorrow will be the opportunity of my life," said Sastre, adding that he's in top physical form. "I'm calm, but I especially want to fight to defend my yellow jersey—I'm going to go all out."

The 33-year-old Team CSC leader has a 1:24 lead over Frank Schleck of Luxembourg, and Bernhard Kohl of Austria is third, 1:33 back. Cadel Evans of Australia is fourth, 1:34 behind, and considered the best time-trial rider among the top four.

The time trial is a mostly flat 53-kilometer (32.9) ride from Cerilly to Saint-Amand-Montrond. Riders will set off one-by-one down a starter's ramp in a race against the clock.

Under Tour rules, they will ride in reverse order of the

with 22 markers.

In the opener, 2006 MVP Noel Sabordo scored 24 points to lead F&B Service to a 95-89 victory in the battle for third over dethroned champion F&B Chefs.

First Game

F&B Service 95 – Sabordo 24, Gammad 21, Fernandez 15, Pavino 12, Flores 10, Gilber 8, Garcia 3, Catalan 2.

F&B Chefs 89 – J.P. Garcia 31, Manalo 19, Mabansag 17, Joey Garcia 11, Apostol 5, Capungan 4, Mallari 2.

for the bike mechanic to fix it but still had a decent ride of five hours and 31 minutes.

When I started the marathon I started to get severe stomach cramps due to a lack of salt in my body. When you sweat out salt and don't replace it, your body has difficulty absorbing fluids. What I was drinking and eating was sloshing around in my stomach and not going to where it was needed. This cost me a lot of time in the first half of the marathon as running was extremely painful. A passing triathlete gave me some salt tablets which began to work after 30-40 minutes. After a three-hour 10-minute first half I ran the second half in one hour 53 minutes passing over 100 people on the way back to the finish line. The race was very well organized and the

standings—meaning that Sastre goes last. That will give him an advantage of being able to see how riders before him fare, and how he might be able to adjust.

Sastre, who has finished in the top 10 five times at the Tour, said Saturday's course layout isn't all that different from past time trials—and he's expecting the usual "pain in my legs" during the discipline.

"The big difference (tomorrow) is that I'll have the yellow jersey on my shoulders, and that will give me greater strength and more confidence," Sastre said.

The one big variable that could cause trouble for the cyclists is the weather: the forecast is for cloudy skies throughout the day and possibly for stormy, windy conditions when the top riders set off, race organizers said.

Scoring by quarters: 18-16, 41-39, 67-63, 95-89.

Referees: Romy Libut, Mario Morilla, Don Sarmiento.

Second Game

Finance/Shipping 75 – Torregosa 36, Bustillos 13, Espiritu 12, Piol 7, Rosales 7.

Casino Titans 63 – Ramirez 22, Ringo 13, Awa 7, Advincula 6, Camero 5, Que 4, Alegro 4, Bernal 2.

Scoring by quarters: 18-8, 41-32, 55-41, 75-63.

Referees: Romy Libut, Mario Morilla, Don Sarmiento.

volunteers were wonderful. They really helped get me to the finish line. There were over 3,000 volunteers for 850 racers! All in all it was still a great race despite my problems (which were mostly my own fault) and I'm very proud to have represented the CNMI at this wonderful event.

Mai had a fantastic race and I'm very proud of her effort also.

I would like to thank all the sponsors of this event—Marianas Visitors Authority, Pacific Development, Inc., Pacific Islands Club, and Northwest Airlines. It really was one of the greatest experiences of my life.

Editor's note: The column above is the email sent by Ken Halliday to the Saipan Tribune after completing the 28th Kaike Triathlon last Sunday.

people had taken care of us very nicely, and Ed from MVA and Hiroko from PDI too. I cannot thank them enough. Now Tottori is kind of another home for me in Japan.

We are very happy that we could travel to Japan as Team CNMI.

Lastly, thank you very much for all of sponsors and organizers. It was greatest experience to compete in this race, and I appreciate it very much.

Editor's note: The column above is the email sent by Maimi Shimizu to friends and media after completing the 28th Kaike Triathlon last Sunday.



Wade sharp in return, helps Americans rout Canada

Mike Krzyzewski wanted Dwyane Wade on the U.S. team, just in case something ever happened to Kobe Bryant or LeBron James. **25**

Saipan Tribune Sports

Joba dominates from mound as Yankees edge Red Sox

The surging New York Yankees beat the Boston Red Sox 1-0 on Friday, closing to within two games of their eternal rivals in the American League East division. **26**



28 SUNDAY, JULY 27, 2008

SAIPAN TRIBUNE

CNMI faces Dominican Republic today

By MARK RABAGO
mark_rabago@saipantribune.com
ASSISTANT EDITOR

The CNMI Big League All-Stars will kick off their campaign in the 2008 Big League World Series when they take on Latin America champions Pontezuela, Dominican Republic today in Easley, South Carolina.

The Asia-Pacific champions left Saipan last Thursday and are expected to still have the effects of jetlag when they battle the Dominican Republic beginning 10:30am, East Coast time.



The Dominican Republic advanced to the World Series following a rugged 7-1 win against Maracaibo, Venezuela.

The CNMI, meanwhile, booked a ticket to Easley after beating the Philippines, 8-7, last July 3 at the Francisco M. Palacios Baseball Field in Oleai.

After its opening game against the Dominican Republic, the local Big Leaguers will take on Puerto Rico tomorrow, July 28.



CNMI Big League All-Stars are seen here in a file photo during a break in one of their practice sessions at the Oleai Sports Complex.

MARK RABAGO

Puerto Rico received an automatic berth to the World Series by virtue of its alternating agreement with Mexico.

The CNMI's third game will

be on July 29 when they face off against Canadian champions District 3 from British Columbia, which advanced after whipping its rivals in the champion-

ship round to the tune of 37-2.

The CNMI will conclude its elimination round assignment with a game against EMEA (Europe, Middle East, and

Africa) champion, Germany, on July 30. Germany beat the Netherlands to earn the World Series berth.

If the CNMI is fortunate

enough to reach the International Championship it will be played on Aug. 1 with the championship of the 2008 Big League World Series set for Aug. 2 and will be televised live on ESPN.

The CNMI Big League All-Stars is managed by Robert Magofna, who is being assisted by Juan K. Tenorio.

Making up the Asia-Pacific champions are Ryan Ada, Giovannie Ayuyu, Jesus Borja, Vicente Cabrera, Vicente Camacho, Timothy Cruz, Lawrence Dikito, Jesus Iguel, Nunu Kapileo, Vicente Deleon Guerrero, Smith Regis, Vincent Sablan, Mario Salas, Elton Santos, Juan Tenorio Jr., Shane Yamada, and Nick San Nicolas.

Of the 17, only Yamada, Kapileo, Sablan, and San Nicolas are returning Big League All-Stars.

For the eighth consecutive year, Easley will host the Big League Baseball World Series. The Big League Baseball tournament is set from July 26 to Aug. 2 and features players from ages 16 to 18 coming from around the world.

Finance/Shipping draws even with Casino Titans

By MARK RABAGO
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ASSISTANT EDITOR



Center Michael "Cool Guy" Torregosa frolicked inside and helped contain Casino Titans slotman Ringo Reyes as Finance/Shipping leveled its best-of-three championship series in the 7th Annual Tinian Dynasty Hotel & Casino Inter-Departmental Basketball League at a game apiece.

With a good Sunday crowd on hand at the TDHC staff housing basketball court last July 20, Finance/Shipping kissed the horrors of their 71-91 Game 1 loss goodbye by pounding Casino Titans, 75-63.

Even before the start of the game, Casino Titans appeared primed to take home the championship as league organizers were present and the 2008 season's trophies were all ready for the possible awards ceremony if the team completes a sweep.

But Finance/Shipping playing coach Robert Mayshle would not allow the celebrations to begin just yet as he motivated his players to be the aggressors right from the get-go.

His players responded well and led by Torregosa, Finance/Shipping seized the lead after



CONTRIBUTED PHOTO

F&B Service beat dethroned champion F&B Chefs in the battle for third last July 20 in the 7th Annual Tinian Dynasty Hotel & Casino Inter-Departmental Basketball League.

the opening quarter, 18-8.

The team seemed to have the number of their Game 1 tormentors as they continued to occupy the driver's seat and headed into halftime with a 41-32 spread.

Despite constant double and triple teams, Torregosa was unstoppable inside and led Finance/Shipping's assault in the third that increased their lead to 15 whopping points, 55-41, heading

into the fourth and final quarter.

While Torregosa was having his way in the shaded lane, his counterpart from the Casino Titans, Reyes, was struggling big

See FINANCE on Page 27

Surviving Kaike

This trip was unbelievable. The way we were treated by the Kaike Triathlon committee staff was nothing short of first class. They personally drove us around the bike and run courses and took us out for some

great meals. We felt like VIPs for the whole time we were there. Much thanks must go out to Ed Diaz from MVA and Hiroko-san from PDI. They really made the

whole trip run smoothly and bent over backwards to help us out.

As for the race, it was the most difficult undertaking I've ever

See SURVIVING on Page 27

By KEN HALLIDAY
Special to the
Saipan Tribune



My Kaike experience

Last July 20, I and Ken completed a great big race in Tottori, the Kaike Triathlon. It was an Ironman distance and this was my first Ironman race. So I had some worries even though I did a lot of training before the race, and

my goal was just to reach the finish line with no injury. But thanks to the wonderful view in Tottori and warmhearted support and boost from everyone,

we finished the race with big smiles on our faces.

Race day was very hot, like Saipan. There was over 800

See MY KAIKE on Page 27

By MAIMI SHIMIZU
Special to the
Saipan Tribune

